



Let's
save our
memories!

WE MADE OUR FAMILY TIME CAPSULE!

A little promise to open again someday!

We'll
open it
again
later!



1.

Today we made our Family Time Capsule on:

2.

Do not open until:

3.

We will keep our time capsule in:

4.

When we open it again, we hope to remember:

5.

One thing we are excited to see in the future is:



★ Family Signatures ★



Signature



Signature



Signature



Signature



★ Official Family Time Capsule ★



Someday we'll open this and smile!



ALL ABOUT ME RIGHT NOW

A little snapshot of me today!



Tell us
about you!



These are
the things that
make you YOU!

1. My name is:



2. I am _____ years old.



3. My favorite food is:



4. My favorite song is:



5. My favorite thing to do with my family is:



6. One thing I'm really good at is:



7. One thing I'm learning right now is:



8. When I grow up, I want to be:



Something that makes me happy right now:



This is a little snapshot of who I am today!





A KID INTERVIEW

A little snapshot of someone I love!

Ask a kid
these
questions!

Write down
their
answers!



1. I interviewed: _____



2. This kid is my: _____



3. What makes you happy right now?



4. What do you want our family to do together?



5. What is something you hope we always remember?



6. What do you think our family is really good at?



7. One special thing I learned:



Kids have important things to say!



A GROWN-UP INTERVIEW



Let's capture what the grown-ups are thinking and feeling right now.

Kids: Ask a grown-up these questions and write their answers.

Grown-up: Take a few minutes to answer with your heart!



1. What do you love most about our family right now?



2. What are we doing together that you never want to forget?



3. What makes you feel most proud right now?



4. What are some of the challenges we're facing?
What are you hoping for?



5. What do you hope for our family in the future?



6. Is there anything else you want our future selves to know?

Any final words for our time capsule?



Thank you for sharing! Your words are a gift to our future.



LETTER TO FUTURE US



A special message for our family to read one day!



Dear Future Family,

When you open this time capsule, we hope it brings a smile to your face!
Right now, our life looks like this:



Some things we are doing right now:

- ---
- ---
- ---



Things we hope you will always remember:

- ---
- ---
- ---



Our hopes and dreams for the future:

- ---
- ---
- ---



With love, 

Written by: _____ Date: _____



We can't wait to see where life takes you!





OUR FAMILY PHOTO

Add your favorite family photo!

A little snapshot of our family today!

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Save this memory forever!



Tape or glue a photo of your family here!



1.

Who is in this photo? _____



2.

Where was this photo taken? _____



3.

Why is this memory special? _____



Our family memories matter!

