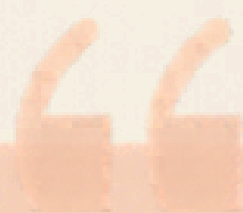


Emotional Preparation

Name what feels real before leaving

What am I honestly feeling about this trip?



"You don't need to feel perfect to travel.
You just need to be honest with yourself."