



NEWSLETTER

Charity No.1043185

Autumn 2025

FROM THE CHAIR

The Aberhafesp Community Association passes on its sympathy to the friends and family of Humphrey Davies who died recently. Mr Davies was a long time resident of Aberhafesp and former member of the Aberhafesp Community Council.

Several weeks before this sad event, the theme of this piece dropped into my lap. Or, more accurately, wormed its way into my consciousness having listened to a Radio 4 programme.

Specifically, Wills. Recent surveys estimate that nearly 60% of UK adults have not made a will. 53% of those aged between 50-64 have not made one, nor nearly a quarter of us aged 65 or over.

One of life's certainties, despite our best efforts to delay the inevitable, is that we will pass. The outcome in dying without having made a will is as quoted by '**My Will and Probate**', as follows. *"In the UK, dying without a will means that a person's estate will be distributed according to the rules of intestacy.*

These rules dictate how assets are divided among family members, with spouses, civil partners, and children typically being the primary beneficiaries. However, the distribution may not align with the deceased individual's wishes or the needs of their loved ones. Dying without a will can also lead to delays, disputes, and additional costs in the probate process. By not having a will, individuals lose the opportunity to have control over their estate and ensure that their assets are passed on in the desired manner."

Matters become much more complicated when no family or 'loved ones' are involved. The worst case – as highlighted by the Radio 4 programme, was the exploitation by fraudsters stealing assets of the deceased by illegally claiming the existence of a will to which they, the fraudsters, were beneficiaries. So what is the upshot of all this? Make sure you have a will. If not, someone is going to benefit and it probably won't be the people you might want to.

[Writing your Will](#) / [Death & Wills](#) / [Dying without a will](#)

This piece might seem insensitive given the loss of Mr Davies. However the text has been seen by his family who have agreed to its publication.

Most of my allotted space has now been gobbled up, so I will keep the rest brief. Firstly, a huge thanks to Steph Ibbotson, our Hon. Sec., for organising and running and paying for most of the prizes for the ACA's first ever **Dog Show**. Wet and windy (the weather that is!).... but neither the dogs nor their handlers/owners were remotely put off. And our Cake Ladies (mostly ladies) did a grand job feeding us during and after. Thanks!

Kinder weather allowed us to complete the **Spud in a Bucket** weigh-in outside. This competition seems to be growing nicely (unlike some of this year's efforts). Congratulations and thanks for taking part. By my reckoning, we made about £150 or so, which just about covers the extra money I spent on the new television. Yes, we have a spanking new tele, thanks to the Community Council grant of £1000 received earlier in the year. When this is out for use, you will not be able to miss it. It's HUGE. And it works well so far.

That's it for this issue except:

Bingo and **Wander-Inn** continue as always (thanks all); tickets are on sale for the **Harvest Lunch** (Sunday 5th October) and **Anna Massie** (folk; she's brilliant. Friday 24th October). No **Saturday Coffee Morning** until November 15th.

NEW BUS SERVICE - B83

This is operated by Celtic Travel. Monday to Saturday every 2 hours **Newtown to Llanidloes** via Aberhafesp / Caersws / Trefeglwys / and return. [Click here for the bus times](#)

Village residents need to call a 01686 412231 at least 2 hours beforehand for collection. Saturday and Monday pickups must be booked before the end of day on Friday.

Aberhafesp pickups spots can be agreed at the time of booking. Bwlch y Fridd pickup are at the Chapel in the middle of the village.

Y Drenewydd - Aberhafesp - Caersws - Trefeglwys - Llanidloes								Bwcabus B83	
Newtown - Aberhafesp - Caersws - Trefeglwys - Llanidloes									
Mae teithiau B83 Bwcabus yn gweithredu os cânt eu harchebu o flaen llaw yn unig									
Ar gyfer archebu, ffoniwch 01686 412231 ar ddydd Llun i ddydd Sadwrn (0900 - 1700) o leiaf dwy awr cyn eich bod yn dymuno teithio									
Bwcabus B83 journeys only operate if pre-booked									
For reservations please call 01686 412231 on Mondays to Saturdays (0900 - 1700) at least two hours before you wish to travel									
Dydd Llun i Sadwrn (ac eithrio gwyliau cyhoeddus)		Mondays to Saturdays (except public holidays)							
Rhif y Gwasanaeth Codau		Service No Codes		B83	B83	B83	B83		
Y Drenewydd, Ysbyty, Lon Bryn		Newtown, Hospital, Bryn Lane		0953	1153	1353	1653		
Y Drenewydd, Tescos		Newtown, Tescos		0957	1157	1357	1657		
Y Drenewydd, Gorsaf Fysiau [C]		gad/dep	Newtown, Bus Station [C]	1002	1202	1402	1702		
Y Drenewydd, Crescent St/Bryn Gdns		Newtown, Crescent St/Bryn Gdns		1004	1204	1404	1704		
Y Drenewydd, Milford Rd/Plas Hafren		Newtown, Milford Rd/Plas Hafren		1006	1206	1406	1706		
Aberhafesp		Aberhafesp		1011	1211	1411	1711		
Bwlch y Ffridd, Capel		Bwlch y Ffridd, Chapel		1016	1216	1416	1716		
Caersws, Tafarn y Buck		Caersws, Buck Inn		1024	1224	1424	1724		
Caersws, Gorsaf Dren			Caersws, Train Station	1026	1226	1426	1726		
Trefeglwys, Garej		Trefeglwys, Garage		1034	1234	1434	1734		
Y Fan, Hen Swyddfa Bost		Van, Old Post Office		1041	1241	1441	1741		
Llanidloes, Ysbyty		Llanidloes, Hospital		1046	1246	1446	1746		
Llanidloes, Y Gro		cyf/arr	Llanidloes, The Gro	1050	1250	1450	1750		
Dydd Llun i Sadwrn (ac eithrio gwyliau cyhoeddus)		Mondays to Saturdays (except public holidays)							
Rhif y Gwasanaeth Codau		Service No Codes		B83	X85	B83	B83	B83	B83
				M-F	M-F			Sch	S+H
Llanidloes, Y Gro		gad/dep	Llanidloes, The Gro	0655		0855	1055	1255	 1555
Llanidloes, Ysbyty		Llanidloes, Hospital		0658		0858	1058	1258	 1558
Y Fan, Hen Swyddfa Bost		Van, Old Post Office		0704		0904	1104	1304	 1604
Trefeglwys, Garej		Trefeglwys, Garage		0711		0911	1111	1311	 1611
Caersws, Gorsaf Dren			Caersws, Train Station	0719		0919	1119	1319	 1619
Caersws, Tafarn y Buck		Caersws, Buck Inn		0721	0731	0921	1121	1321	1621 1621
Bwlch y Ffridd, Capel		Bwlch y Ffridd, Chapel			I	0929	1129	1329	1629 1629
Aberhafesp		Aberhafesp			I	0934	1134	1334	1634 1634
Y Drenewydd, Milford Rd/Plas Hafren		Newtown, Milford Rd/Plas Hafren			I	0938	1138	1338	1638 1638
Y Drenewydd, Crescent St/Bryn Gdns		Newtown, Crescent St/Bryn Gdns			I	0940	1140	1340	1640 1640
Y Drenewydd, Gorsaf Fysiau [E]		cyf/arr	Newtown, Bus Station [E]		0746	0943	1143	1343	1643 1643
Y Drenewydd, Tescos		Newtown, Tescos				0946	1146	1346	1646 1646
Y Drenewydd, Ysbyty, Lon Bryn		Newtown, Hospital, Bryn Lane				0950	1150	1350	1650 1650
Dim gwasanaeth ar ddydd Sul na gwyliau cyhoeddus Yn ddilys o 31/08/2025								No service on Sundays or public holidays Valid from 31/08/2025	
Nodiadau:								Notes:	
Gweithio ar ddydd Llun i ddydd Gwener yn unig				M-F		Journey runs only on Mondays to Fridays			
Mae'r daith yn rhedeg bob dydd Sadwrn ac o ddydd Llun i ddydd Gwener yn ystod gwyliau ysgol				S+H		Journey runs every Saturday and Mondays to Fridays during school holidays			
Mae'r daith yn rhedeg ar ddyddiau ysgol yn unig				Sch		Journey runs only on school days			
Mae'r arosfan bws ger yr orsaf drenau				⇄		Bus stop is near train station			



FRED E 1.	WEIGHT	
FRED E 2.	1.25	
PERRY	2.85	0.340
DAVID HONEY	0.65	
STEPH	0.55	"I come to soon"
JOAN M	0.90	
HOWELL	2.00	
RACHEL	1.20	0.295
NIGEL	1.95	0.395
GLENYS	1.60	"Not enough Pete"
MAC 1	0.70	3 in row
MAC 2	0.70	
MARGARET P	1.05	
JOYCE 1	1.75	0.415
JOYCE 2	1.95	
SIMON N	0.80	"attitude/lack of"
Marilyn	0.70	
DY	0.35	"I worked so hard"
SARALET	1.20	©
OSCAR	1.25	©
NIGEL'S MUM	1.30	
JEAN	2.75	
SIMON	0.80	
JANET	1.50	every time I went to work I didn't have glasses
GRANT	0.85	mint
Phil	0.75	real mint
SPUDNICK	0.90	

The 2025 Spud in A Bucket Weigh-in results

Congratulations to:

Ugliest spud: Steph Ibbotson. Not that ugly. Just rude.

Best Young Grower: Oscar (Nigel's grandson) (total 1.25Kg).

Heaviest single potato: Joyce Owen (415g).

Best worst excuse (as voted by the Bingo contestants):

Glenys Pryce "Not enough Pete". I assume Glenys meant this type of 'Pete'.

Overall largest crop winner, repeating his triumph from last year: Perry Bingo Lovell (2.85Kg)

**CHECK OUR CALENDAR
OF EVENTS ON THE [ACA WEBSITE](#)**

JOIN US REGULARLY AT



THE 'WANDER INN'

POP-UP PUB

EVERY FRIDAY EVENING

TABLE TENNIS/DARTS/DOMINOES/POOL

ALSO, PIES FOR SALE

from 6.00 pm till late

FRIDAY MORNING POP-UP

10am - 12 noon



2nd and 4th Friday of each month

A warm space to meet and chat

USE IT or LOSE IT!

**2nd and 4th Friday of
each month**

12.15 to 1.15 pm

Straight after the pop-up coffee mornings

What is involved? Mild stretching and exercises are designed for **ALL**, (not just the ladies) but especially for those who are having (or starting to have) reduced mobility.

What do I need to bring?: Nothing. Comfortable clothing and footwear are advised.

How much does it cost? £3 per session.

DYSGU SIARAD CYMRAEG



Are there any **Welsh Language Learners** out there who would like to meet up with a few Welsh speakers to practise conversational Welsh?

If interested, we meet at the Aberhafesp Community Centre at the Friday Pop Up Coffee Mornings at

11.00 am on the 2nd and 4th Friday of each month.

We would love to see you.

FORTNIGHTLY CASH



Friday 3rd October (17th 31st)

The BAR opens 6.00 pm

EYES DOWN 7.30 pm

£7.00 A BOOK of 6 games CASH OR CARD PAYMENTS

5 GAMES guaranteed to win: £5 Line / £20 House / 1 game - SNOWBALL

£25 ACCUMULATOR

Irish Bingo £1 ticket winner takes all



LUNCH

SUNDAY 5th OCTOBER

1PM – 4PM (DOORS OPEN 12.30)

£15.00 (£7.50 SCHOOL CHILDREN)

Tickets available from committee members

COLD SALAD LUNCH WITH DESSERTS TEA&COFFEE

[RAFFLE](#)

ANNA MASSIE
FRIDAY 24TH OCTOBER 7.30 PM
SOLO GUITAR PERFORMANCE

Anna is one of the trad world's foremost guitarists. As well as being a skilled multi-instrumentalist, especially things with strings! - Anna is an excellent writer and performer with a warm stage presence all of her own.

[see Website](#)

TICKETS £10 ADULT £5 CHILDREN
CAN BE PURCHASED FROM COMMITTEE MEMBERS
[ONLINE TICKETS AVAILABLE HERE](#)



SATURDAY 15th NOVEMBER

10AM – 12 NOON

POPULAR BACON BUTTIES £2 EACH



RAFFLE/ CAKE STALL /

XMAS CRAFTS

£2 ENTRY INCLUDES TEA/COFFEE/HOT CHOCOLATE
AND A PIECE OF TOAST

The combined **CHOIRS**



of Cor Llanwnnog & The Wesley Singers
(Llanidloes)

SUNDAY 23RD NOVEMBER

3.00pm – 5.00pm (Doors open 2.30pm)

**Singing a variety of light and seasonal songs with some
audience participation.**

Free entry - donations for refreshments and choir funds

RAWCUS WHALES

**SATURDAY 6TH
DECEMBER**

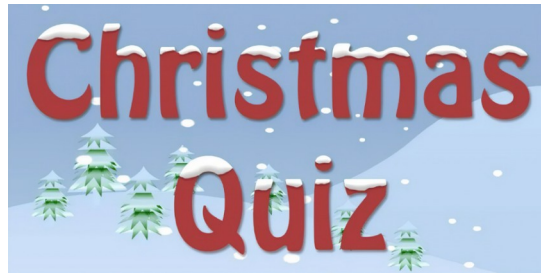
Entry 7.30pm

[Click here to see their
Facebook page](#)



**When boys grow up they become men. When men
grow up they become Rawcus Whales. You have
been warned.**

No tickets - Just £5 to get in. £5 to get out. Just joking



FRIDAY 19th DECEMBER

Door opens 7pm

QUIZ STARTS 7.30PM

TEAMS OF 6 OR MORE

(come along as a team or join up with others)

£2 PER PERSON

PRIZE FOR WINNING TEAM/TABLE

WANDER INN BAR OPEN

BRING YOUR OWN NIBBLES

**KEEP YOUR DIARIES FREE FOR THE FIRST EVENT
IN THE NEW YEAR**

SATURDAY 17th JANUARY

FOR MORE STORIES FROM RORY

AND MUSIC FROM STUART



DLM EAR CARE Is running Earwax removal clinics in

Aberhafesp Community Centre

Did you know that symptoms of excessive earwax may include the following:

Hearing loss?

Sense of ear fullness?

Itching in the ear?

Earache / blocked ears?



Ringing / buzzing (tinnitus)?

Vertigo (feeling dizzy and sick)?

DLM Ear Care can remove any excess earwax which may help to alleviate the symptoms listed above

Call or email us now for an appointment:

07359541341 reception@dlmearcare.co.uk [Facebook](#)



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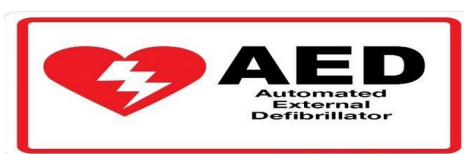
- New builds
- Renovations
- Barn conversions
- Garage conversions
- Extensions

LOCATIONS OF OUR THREE LOCAL REGISTERED DEFIBRILLATORS AND PROCEDURES

**ENTRANCE TO HILLCREST,
ABERHAFESP SY16 3JR**

**ON THE WALL OUTSIDE
THE COMMUNITY CENTRE
SY16 3HT**

**INSIDE THE OLD PHONE BOX IN BWLCH-Y-FFRIDD
SY16 3HX**



To access the AED box, you have to **phone 999 or 112**

Request an ambulance and tell them your location (see above for post code of the nearest defibrillator). Ambulance control will give you a **CODE to open the defibrillator box**

(Note: the code for the Community Centre defibrillator is displayed inside the building)

Follow the instructions. Paramedics will be on the way to administer the next stage of the resuscitation process.

Due to insurance purposes, the Code is not displayed on the boxes



WEDNESDAY EVENINGS AT THE COMMUNITY CENTRE IN SCHOOL TERM TIME

6.30 pm - 7.30 pm

£7 PER PERSON

ALL WELCOME

(ANY AGE, ANY LEVEL OF FITNESS)

(Just turn Up fee payable on the night)

BRING A YOGA-STYLE MAT AND A STRETCH BAND

IF YOU HAVE ONE FOR MORE DETAILS

PHONE SIAN: 0776660676

LOCAL TRANSPORT SCHEMES

If you are elderly, disabled (young or old) or just have mobility problems

Then you need the

DIAL-A-RIDE

(see Facebook)

Membership scheme

**Old Brew House, Ladywell Centre,
Newtown, Powys, SY16 1AF**

Charity No. 1005861

£10 per year plus a small fee per journey on our fully accessible minibus, and we can do any journey within a 10-mile radius of Newtown

**Call in or ring Steve Evans for up-to-date information on
01686 622566**

COMMUNITY TRANSPORT SCHEME

This is not a membership scheme. It is a scheme you can use at any time. You call **01938 554484** to request a quote for the journey you need. Try to give them as much notice as you can. They charge 50p per mile. The volunteers use their vehicles and will take you on local journeys but can also take you further afield. Best to call them in the mornings.

NON-EMERGENCY PATIENT TRANSPORT

Patient Transport to Hospital services in Wales and parts of England (Royal Shrewsbury Hospital/Princess Royal Hospital Telford) Please call **0300 123 2303**

Patient Transport to the Robert Jones & Agnes Hunt Orthopaedic Hospital (Gobowen)

Please call E-zec on **0300 777 0077**

Patient Transport to Hospitals & Clinics in Herefordshire.
Please call the Powys Teaching Health Board Therapies Hub on
01686 613200

ST. GWYNOG'S CHURCH

Services: We have had a slight change to service times which continue on the 1st Sunday and 3rd Sundays but **both are now at 9:30am**. The 1st Sunday is always Holy Communion with Nia and the 3rd Sunday will also be Holy Communion if Reverend Chris Turner is leading us, otherwise it will be Morning Prayer. When there is a 5th Sunday in the month, we alternate with Rhydfelin. We also hold an 11am short service on the 2nd and 4th Wednesdays of the month - Morning Prayer on the 2nd Wednesday and Holy Communion on the 4th. All are welcome and there are always refreshments and time for a chat afterwards,

Wedding at St Gwynog's: Congratulations to Jemma Wyn and Richard Gary Owen on their wedding on August 1st. Thank you to everyone who worked so hard to prepare the Church and Churchyard so beautifully. 140 people filled the body of the Church for what was a wonderful occasion. We wish the happy couple a long and happy life together.

Harvest: We shall be holding a harvest themed service on Sunday 19th October at 9:30am followed by refreshments and bacon rolls. There will be a special collection for the Salvation Army food bank at this service although donations can also be given directly to the treasurer, Peter, or wardens Steph and Richard. Throughout the month we shall also be collecting food at the back of the Church. We welcome any donations of non-perishable food such as tinned fruit, vegetables or meat/fish, pasta and rice, jars or packets of cooking sauces, long-life UHT milk, cereals, tea, coffee and sugar

Remembrance Sunday: This year Remembrance Sunday falls on **November 9th** and as usual we shall mark the day with a short outdoor service and laying of the wreath with a 2 minute silence at 11am. All are welcome and are invited to start gathering at the Church porch from around 10:30-10:40am when refreshments will be available.

Handrail: The next time you come to Church, please take advantage of our lovely new handrail to help people using the step into the porch as shown by Joan. This may seem like a strange thing to celebrate but having first raised this in March 2023 we eventually gained permission from the powers that be. Our thanks to Gerard in particular for his patience and perseverance and we hope it is of assistance to those that need it.



Fair Trade Coffee Morning: We continue to enjoy our first Saturday of the month at our coffee mornings with the next one on October 4th, then November 1st from 10am until midday. It's great to see both our regular supporters as well as new attendees as this long-running social event continues to go from strength to strength.

Operation Christmas Child Shoebox Appeal: Aberhafesp Church is again preparing boxes for this year's appeal and would appreciate your help to fill a box or donate a gift towards a box. This is a project of Samaritan's Purse and is a hands-on way to help and bring joy to children in need across the world. Further details at our coffee morning.

Food for Wildlife in Aberhafesp Churchyard: The berries on the Hawthorns in the boundary hedge have been glowing red for a little while, far earlier it seems than in previous years. In the hedges I found Sloes, Wild Plum and Blackberry. The Yews seem to have fewer berries this year, not good news for Redwings, Mistle Thrushes and Fieldfares when winter comes. Within the churchyard were Elderberries, Crab Apple and Wild Rose Hips. Not forgetting the mature Ivy with flower buds beginning to show, Sweet Chestnuts hanging over the hedge and eating apples too. Pollinating insects ensure food crops for us and seed eating wildlife need shelter to over-winter. At the Mothers' Union meeting on 16th October 3–5pm we are making small bug hotels to tuck into our own gardens or the churchyard hedges. (Christine Cooper)

Richard Bresnen: Vicar's Warden

richard.bresnen@gmail.com 01686 420208 / 07595 349940

SHORT MAT BOWLS



Fancy trying a new sport this winter?

We meet every Tuesday at 7.30pm in the Community Centre from September to March. We can provide bowls and tuition. All ages are very welcome to come along and have a go.

Contact Elaine Benbow 01686 625586

HAMERBUILD

Nigel Hamer General Builder

Home Maintenance Bwlch-y-Ffridd

Supporting the Aberhafesp Community newsletter



YOUNG FARMERS

On Sunday 24th August we celebrated Aberhafesp Young Farmers turning 70 years. Photo of the current chair Kyle Connolly and the first secretary Joy Richards. It was a great turn out and our biggest thanks go to the ladies from the community who helped with food and to Nigel and Rachel for running the bar! We have since had our new members evening which consisted of a slip and slide and lots of fun. We have many fun club nights up and coming for this year along with some fundraisers. Dates for the diaries, Sunday 2nd November Annual Car Treasure Hunt, Saturday 13th December Annual Tractor Run, Monday 15th December Christmas Bingo. We hope to see many of you there!



ACA PHOTOGRAPHY COMPETITION
WINNER of the £10 Wander Inn Voucher
Cheryl Bridle
SUBJECT BBQ



Comment from the judge Philip Curnow

A queue of Barbie Dolls. Really love the interpretation of the brief, bending away from the actual BBQ, while taking an image that sounds just like it when vocalised. Actual images would not have won any prizes on quality, but the artistic interpretation was an immediate winner. Made me laugh.

Note: Entries for all the competitions with judge's comments are available to view on our website.

2ND



**ENTRIES FOR THE
WINTER EDITION TO
BE SENT TO
newsletter@aca.wales
no later than the 1st
December 2025.**

SUBJECT: WOW "that's amazing"



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200 CLUB WINNERS – drawn on Friday 26th September

£75	Brian Davies	Bwlchyfridd
£50	Linda Davies	Forden
£25	Sarah Davies	Aberhafesp
£25	Margaret Nuttall	Hillcrest
£25	Marjorie Williams	Llanwnog
£25	Mr & Mrs Breese	Hillcrest
£15	Bob Davies	Tregynon
£15	Mike & Berne Jones	Aberhafesp
£15	Gareth Wilson	Aberhafesp
£15	Richard Jones	Aberhafesp

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Surprise, Surprise!

A big thank you to all who came to support our surprise tea for Christine Cooper following her retirement as a Lay Reader in the Church and also stepping back as organiser of our successful Fair-Trade coffee mornings. Christine talked for a long time about holding regular coffee mornings with all the profits going to charities, mainly local ones, but also JJ Nshumi in Uganda - a school and college started by Horace and Bethan (Nutting). It was Rev. Nia who gave Christine the gentle nudge to get the project going. A big thank you to Christine's chauffeuse, Kate, and also to all those who provided floral arrangements, cakes and helped with serving refreshment, washing-up and in many other ways. Thank you too for everyone keeping it a secret from Christine! On the wettest Saturday for many months nearly 40 people turned out to show their appreciation and thanks to Christine. In her words "I am gobsmacked" she didn't realise how much she is loved and cherished by so many people inside and outside her Church circle.



MOTHERS' UNION

Aberhafesp Mothers' Union's Summer programme takes on a different form from the rest of the year. Firstly, the July meeting is our Summer Outing and this year was a visit to the Minerva Arts Centre, High Street, Llanidloes. The Exhibition occupying the Centre on July 17th when Aberhafesp Mothers' Union members visited was a popular fair full of interesting stalls. Textiles, jewellery, china, art work and much more were displayed all around the showroom making a most colourful display.

After much browsing and decision making many items were purchased before we left for tea. Fortunately the tea and delicious cakes were waiting for us just across the road in the quaint and cosy Cobblers Tea Room. Everyone enjoyed a rest and chat!

Aberhafesp Mothers' Union also held their fundraising event during the Summer on the 10th August from 3:00pm to 5:00pm at St.Gwynog's Church. This was a fundraising event for Mothers' Union charities including AFIA (Away From It All) which provides holidays for families who would not be able to have a break without some help. We managed to raise £245:00 and were most grateful for all donations. Fortunately it was a warm, dry afternoon and almost 40 people came to share the afternoon tea. Lots of sandwiches and other savoury bites were served followed by strawberries and cream and lots of cake! Tea, coffee, conversation and an opportunity to meet rounded off an enjoyable afternoon.

A warm welcome will be extended to anyone who would like to join Aberhafesp Mothers' Union. Please get in touch if you are interested in finding out more.

Barbara Moelwyn-Williams Tel: 01686627329

COMMUNITY COUNCIL

Aberhafesp Community Council covers the area of Aberhafesp, Bwlch-y-Fridd, Bethel and Rhyd-y-Felin.

Meetings are held on a **Wednesday evening in the Community centre**, and members of the public can attend any meeting, unless otherwise specified. If you have an item that you wish to add to the agenda, please contact the clerk

Rachel Hamer on

aberhafespcommunitycouncil@hotmail.com

WOMEN'S INSTITUTE

Reporting on our meetings in July and September. In July we had a very enjoyable visit to Long Mountain Flowers near Welshpool, Kathy and Hazel showed us round their 'garden' and shared about how they were established. There was a short video showing the amount of work they have done over the last 9 months to get the garden to where it is now, and finished with cake and a drink, sitting in the evening sun.

As we mentioned last time, one of our members, Joyce Owen was the joint winner of the Amanda Willday Trophy which is the chairman's annual award for members' special contribution to the Federation during the past year, so well done Joyce for your commitment to keeping us ladies on track in the sports. Here is Joyce with said trophy.



In September Joy Cartwright from Apple Blossom Cakes came to tell us how she formed her company and demonstrated how to make a teddy bear out of icing, she is a talented lady who decorates some amazing cakes.

We continue to provide a varied programme for all and are happy to welcome new members to join our friendly group who meet on the first Thursday of the month in Aberhafesp Community Centre at 7pm, please do come along and meet us. Stephanie Benbow, President, 01686629572

2 nd October	Sports Evening	
6 th November	AGM – Origami	Catherine Clements
4 th December	Wreath Making	



DRIVING VOLUNTEERS NEEDED



LOOKING FOR DRIVING VOLUNTEERS TO HELP COLLECT
SURPLUS FOOD FROM LOCAL SUPERMARKETS

Volunteer drivers play a fundamental role in the running of Newtown Food Surplus. They collect surplus food from local organisations supporting our community, which is then distributed during our foodshares.

A driving licence is all you need to collect food, we've also got a van, we just need you!

What you will be doing

Collecting surplus food from collection points and delivering it to our Hub for distribution at our Foodshares in Newtown every Monday and Friday. Collections are daily during the day and in evenings from supermarkets in Newtown and Welshpool.

You will be a friendly face of Newtown Food Surplus, interacting with the supermarkets, making sure that the collections are completed and working with our Hub Team volunteers to unload collections at our unit on St Giles Ind. Est.

The skills you need

Driving volunteers must be at least 18 years old and hold a full driving licence. You must be insured if using your own vehicle to help us. We have our own policy in place to sign if using our company van and not your own vehicle. Details & policy to be discussed should you express interest in driving our vehicle.

Positive, friendly, flexible, adaptable and committed to helping a worthy cause. Able to perform physical tasks, lifting, loading and organising. Volunteers can choose how many hours they are happy to commit to a week, a regular commitment would be preferred, so we can plan our rota and food collections accordingly.

The benefits for you

A chance to meet new people, building relationships with local supermarkets, volunteers and the public. Actively ensuring that good food is not wasted and gets into the hands of the people who need it. Contribute to your local community, build your confidence and feel a sense of purpose. Travel expenses are refunded back to you for using your own vehicle.

Volunteers will be supported by our friendly team & will be signed up to our volunteer reward system. Which can amount to free cinema and bowling tickets!

We urgently need evening volunteers. If you would like to help, please contact us at: info@nfs.wales



**THANK YOU
VOLUNTEERS**
We couldn't do it without you



Do you have a few spare hours to help us with our collections and driving?

We need more **volunteers** to help us collect surplus from the local Supermarkets and deliver the goods back to our hub team at St. Giles Business Park, Newtown.

Email: info@nfs.wales if you would like to talk more about our volunteering opportunities!

See our [Facebook page](#) and [website](#)

COMMUNITY CENTRE / EQUIPMENT HALL HIRE

If you are arranging a family event, children's party, funeral tea, or a meeting, our community centre building, marquee and gazebo are all available for hire. There is a fully functioning kitchen and a sound system which includes a hearing loop and recently installed Wi-Fi. Residents are also able to hire tables and chairs for private off-site functions. See below for contact details.

Booking forms are available on the [ACA website](#)

GENERAL DATA PROTECTION REGULATION (GDPR)

Residents and friends of Aberhafesp, Bwlch-y-ffridd, Bethel, Rhydy-Felin have submitted their email addresses to the editor of this newsletter giving permission for the distribution of quarterly issues of the newsletter plus occasional emails giving additional local news and/or information. Consent for the use of personal details to be held for this purpose can be withdrawn at any time.

ADVERTISEMENTS

In order to keep the cost of printing newsletters at a minimum, we are very grateful to local businesses supporting us by advertising. We are also very pleased to have the use of the printer owned by the [Cedewain Mission Area](#).

Annual cost of 4 quarterly issues



Quarter page black & white	=£25
Quarter page colour	=£35
Half page black & white	=£35
Half page colour	=£45
Full page black & white	=£65
Full page colour	=£85

NEXT EDITION

You can read this and all previous editions of this newsletter online at the ACA.WALES [website](#).

The next quarterly issue of this newsletter will be published in

January 2026.

Please send any articles of interest to the editor
(newsletter@aca.wales) no later than the

15th December

Also: If you usually receive this newsletter as a printed copy through your letterbox and you have an email address, please let the editor know so that we can save on the cost of printing.

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