

branching out life coaching



*Te Rākau Ora,
“The tree of Life”*

I encourage my clients, don't focus
on what's been, find the goals to
move forward.

Camille Ainsley

WHANAU LIFE COACHING

Introduction

01

"Ma te kotahitanga ka tū te whānau -Stronger Together". When obstacles are too hard for each other, coaching brings a bridge to get you over the line.

who is this for?

02

Families facing tension-miscommunication. And Blended families adjusting to change. Family that needs help to move forward from a hard place.

what you will gain

03

clear family values & vision & tools for healthy emotional safety. Restored connection between siblings-parents and a plan to move forward.

whanau discovery session

04

Parents can come for a FREE 30 min session or a zoom call to discuss your goals and see if this will meet what your whanau need.

Discuss packages

05

It is suggested a 4-session Whanau package establishing goals, understanding the dynamics and learning tools for healthy safe communication. unravel any blocks, open the pathway.

Contact us

call 027-204-1941 E: kiora@branchingoutlifecoaching.com

MEET YOUR COACH

CEO of branching out life coaching

Camille's story

"We were a blended family pulling in different directions.

A journey of addiction, violence and abuse my whanau carried trauma and deep pain.

I remember saying to myself, "how can i fix this"?
how can i possibly mend the damage to my children"?

One step at a time, one day at a time it can be done, you just need to want this more than anything else in your world. "heal the whanau". What ever is your challenge lets work out a goal, start somewhere.



CAMILLE AINSLEY
Whanau Life Coach

www.branchingoutlifecoaching.com

Why Camille?

Because when it comes to communication challenges you need more than advice you need someone who's been through the fire, stood in truth, and carries real-life wisdom. Camille is that coach. Knowing you are getting the STRAIGHT TALK CONVERSATIONS is crucial to moving forward.

She's not just trained she's tried.

With a life story full of grit, grace, and deep transformation, Camille brings insight that can't be taught in textbooks. She carries a passion for seeing whanau healed, restored and renewed. your whanau will rise with clarity, alignment, and strength, changing for the generation ahead.

What makes Camille the right coach for your journey?

Grounded in real, lived experience a truth-teller who creates a safe space without sugar-coating. She'll help you see the unseen, from values and vision to red flags and blind spots.

Compassionate yet bold, you'll be challenged and championed
Deep understanding of faith, family dynamics, and personal purpose

Camille believes for whanau as parents we lead the way, practice what we preach and be what we teach.



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A minimalist still life composition. On the left, a white ceramic vase holds several thin, dried, golden-brown grass stalks. In the center-right, a thick, cylindrical, brown candle with a textured, marbled surface sits on a white rectangular base. A white, crumpled cloth is draped in the foreground. The background is a solid, light beige color.

Building Whanau from
the inside out, the
wellspring of identity,
belonging, and love.

Camille Ainsley