#### BRANCHING OUT LIFE COACHING

pre-Wedding coaching

Building a life together on a strong foundation



## **Pre-Marriage Coaching**

Build your future on Purpose, Not Assumption

Marriage is one of life most sacred commitments, but love alone is'nt always enough. Pre-Marriage coaching offers you and your partner the space to have the important conversations now, so you can build a relationship thats strong, honest, and aligned from the start.

This Coaching is not about TESTING your relationship; its about strengthening it.

Together, we'll explore:

- Your shared values, faith, and life vision
- Communication styles and how to resolve conflict with respect
- Views on finances, family, intimacy, and personal space
- Expectations and how to honour each other's individuality
- How to build a spiritual and emotional foundation that endures

YOUR JOURNEY MATTERS

# branching out life coaching

#### WHY PEOPLE SEEK PRE-MARRIAGE Coaching

- They want to be proactive, not reactive
- They've seen relationships break down and want tools to avoid it
- They're navigating blended families, cultural differences, or spiritual growth
- They desire a safe space to express fears, hopes, and commitments
- They want to start with clarity, unity, and confidence

This is your chance to prepare not just for a wedding but for a marriage that reflects the best of who you are and what you're becoming together.

**Your Coach** 

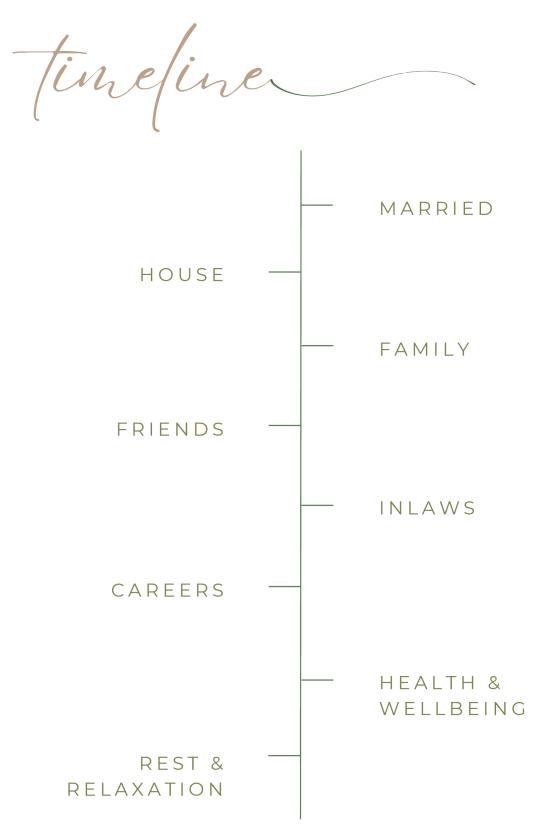
**Camille Ainsley** 

# Wedding Checklist

visions & goals for the future
core values & beleifs
love languages & affection
family & children
finances & lifestyle
independence & togetherness
communication styles
food-exercise-wellbeing
employment-retirement

#### BRANCHING OUT LIFE COACHING

# MARRIED LIFE



# Empowering Lives through mindset coaching

Camille Ainsley is the CEO of Branching out life coaching and your personal Coach for making the step into MIND SET SHIFT.

Camille has resilence hardwired into her DNA, she's walked through more than most and turned every challenge into a stepping stone.

As a successful businesswoman, devoted mother, and community leader, Camille brings reallife experience to every coaching conversation.



Camille Ainsley



# Why Camille?

Because when it comes to preparing for the covenant of marriage, you need more than advice you need someone who's been through the fire, stood in truth, and carries real-life wisdom.

Camille is that coach.

#### She's not just trained she's tried.

With a life story full of grit, grace, and deep transformation, Camille brings insight that can't be taught in textbooks. She carries a passion for seeing couples rise with clarity, alignment, and strength, not just for the wedding day but for the decades to follow.

### What makes Camille the right coach for your journey?

Grounded in real, lived experience a truth-teller who creates a safe space without sugar-coating. She'll help you see the unseen, from values and vision to red flags and blind spots.

Compassionate yet bold, you'll be challenged and championed Deep understanding of faith, family dynamics, and personal purpose

Camille believes that marriage isn't just about finding the right person it's about becoming the right team.

If you're ready to build a future on purpose, you couldn't choose a better guide to stand with you at the threshold of something so powerful.



Branching Out Life Coaching – Te Rākau Ora is growing a vision to reach individuals, relationships, and whānau through powerful, purpose-led coaching.

With a heart to heal and empower, a unique insight and lived experience, this coaching whānau is set to impact lives across generations. Rooted in purpose. Growing with intention. Leading others to breakthrough.





Email: kiaora@branchingoutlifecoaching.com website: www.branchingoutlifeocoaching.com