


# branching out life coaching

JOURNEY



There will be **OBSTACLES**.  
There will be **DOUBTERS**.  
There will be **MISTAKES**.  
But with **HARD WORK**,  
There are **NO LIMITS!**

Your Coach

Camille Ainsley

Time for a PIT STOP

## CHECK UP TIME

01.

### MINDSET

I'll help you uncover limiting beliefs, reframe negative patterns, and build a mindset grounded in clarity, purpose, and strength. So you can move forward with confidence and intention.

02.

### BREAK THROUGH

I will guide you through the blocks holding you back, help reveal what's beneath the surface, and empower you to experience real breakthrough.

03.

### CLARITY

I will help you cut through the mental clutter, uncover what truly matters, and bring clear direction to your next steps; so you can move forward with confidence and purpose.

04.

### FREEDOM

I'll support you in breaking free from limiting beliefs, emotional weight, and past patterns: so you can live with lightness, ownership, and the freedom to be fully, unapologetically yourself.

05.

### EMPOWERMENT

I will help you awaken your inner strength, reclaim your voice, and take bold steps with confidence. You will feel empowered to lead your life with purpose, direction, and self-belief.

# Empowering Lives through mindset coaching

Camille Ainsley is the CEO of Branching out life coaching and your personal Coach for making the step into MIND SET SHIFT. Camille has resilience hardwired into her DNA, she's walked through more than most and turned every challenge into a stepping stone. As a successful businesswoman, devoted mother, and community leader, Camille brings real-life experience to every coaching conversation.



Camille Ainsley

Camille's passion is getting you over the bridge that place where life feels stuck, heavy, or uncertain. She sees life's obstacles like a crossing: sometimes, you just need someone to walk beside you and call out what's already within. With fierce belief and fearless energy, Camille draws out the gold inside you your strengths, your truth, your power.

If it's in you, she will find it. She's bold, driven, and fully committed. No fluff. No quit. Just breakthrough.

# ABOUT ME