



# Abundant Housing (Support Services) CIC

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Providing Safe, Stable & Supportive Housing for Vulnerable Individuals

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### Who We Support

Abundant Housing (Support Services) CIC provides safe, supportive, and person-centred housing for individuals facing barriers to independence. We specialise in supporting:

- Young People Leaving Care
- Adults at Risk of Homelessness
- Ex-Offenders or Those on Probation
- Individuals with Low to Moderate Support Needs
- Vulnerable Women Seeking Safety or a Fresh Start (Female-Only Provision Available)
- Refugees and Asylum Seekers with Leave to Remain

### What We Offer: Individual Tailored Support

#### 1 Housing and Tenancy Support

- Helping residents understand tenancy agreements and responsibilities
- Setting up and managing utilities, bills, and rent
- Supporting housing benefit applications and managing arrears
- Encouraging the maintenance of a safe, secure, and welcoming living space

#### 2 Independent Living Skills

- Guidance on cooking, cleaning, budgeting, and everyday admin
- Developing healthy routines, time management, and personal organisation
- Signposting to local workshops, courses, and resources for skill-building

#### 3 Emotional Wellbeing & Resilience

- Regular keywork check-ins and personalised support planning
- Assistance managing anxiety, low mood, stress, or isolation
- Referral and signposting to GPs, talking therapies, and local wellbeing hubs

#### **4 Social and Community Engagement**

- Encouragement to build positive, supportive social networks
- Helping residents access local groups, gyms, sports, or social events
- Reducing isolation and fostering a sense of belonging and connection

#### **5 Employment, Education, and Training (EET) Pathways**

- Supporting access to college, training programmes, or apprenticeships
- Help preparing CVs, job applications, and interview skills
- Building confidence, motivation, and workplace readiness

#### **6 Advocacy and Signposting**

- Liaising with social workers, probation officers, or keyworkers
- Advocating on residents' behalf with benefits agencies, housing services, or legal systems
- Connecting residents to specialist services like health care, addiction services, or legal aid

### **How to Access Our Service**

#### **Step 1: Initial Enquiry**

Referrals can be made by local authorities, youth offending teams, personal advisers, charities, or self-referrals.

#### **Step 2: Referral Form Completion**

Referral forms collect personal details, risk history, current housing, support needs, and agency involvement.

#### **Step 3: Assessment and Interview**

We review referrals within 2–5 working days and assess eligibility, support compatibility, and willingness to engage.

#### **Step 4: Offer and Move-In**

If accepted, we offer a supported exempt accommodation, agree on a move-in date, provide a Welcome Pack, and set up utilities and benefits.

#### **Step 5: Ongoing Support**

Weekly or fortnightly keywork sessions, progress reviews, and step-down planning to help residents move on when ready.

## **Our Property**

- Fully furnished, well-maintained shared housing
- Access to communal kitchen, living space, and bathroom
- 24/7 emergency contact line and regular on-site staff presence
- Located close to local amenities, public transport, shops, and community hubs

## **Contact Us**

For more information or to make a referral, please contact us:

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Website: [www.abundanthousing.co.uk](http://www.abundanthousing.co.uk)