

AN OATH TO SELF

CHANGE STARTS FROM INSIDE

REVIVING LIFE FROM WITHIN THE CELLUREVA PLEDGE

I hereby pledge to take care of my Body & Mind

I CHOOSE HEALTH, NOT FEAR.

I CHOOSE HARMONY, NOT DISEASE.

I CHOOSE TO AWAKEN THE WISDOM OF MY CELLS

I CHOOSE TO BE A GUARDIAN OF MY OWN HEALTH,

AND TO INSPIRE OTHERS TO DO THE SAME.

TOGETHER, LET US BUILD A NEW CULTURE OF HEALTH

TOGETHER, LET US LIVE THE ART OF SELF-HEALTHCARE.

Signed by
