



HOLY FAMILY LIFELONG LEGACY

HFH AUXILIARY BINGO

Our recent HFH Auxiliary Bingo event was a resounding success! Thanks to the hard work and dedication of the Auxiliary, our residents enjoyed an evening filled with laughter and the thrill of bingo. We're grateful for the continued support of the Auxiliary who make evenings possible.



ISSUE TEN | DECEMBER 2024

WARMEST WISHES FOR THE HOLIDAY SEASON

December has arrived and it's a joyous time for all! Our staff, residents and their loved ones have come together to celebrate. Visits from Svyatyi Mykolai bring smiles and wonder to our residents. The HFH Auxiliary held their annual bake sale, raising funds to support our Home and the halls are adorned with beautiful decorations! As we gather to celebrate the season, we wish all our readers a peaceful, joyful, and blessed holiday season.

Merry Christmas! Щасливого Різдва!



STORY OF A RESIDENT: "THE JOYFUL SPIRIT OF FRIENDSHIP"

At Holy Family Home, there is one person who stands out for her deep love of friendship. She spends her days surrounded by her closest friends, rarely seen without one by her side. Whether sharing stories or laughing over a delicious cappuccino, her happiness is contagious, filling every corner of the home with warmth and joy.



Her life is a testament to the beauty of collecting joyful moments. She loves organizing fun activities, from lively games, Bongo to impromptu sing-alongs, always finding ways to turn ordinary days into extraordinary ones. "Good times and crazy friends make the best memories," she often says—and she lives by those words every single day.

DISCOVER SERENITY ON 2CS

We're excited to announce the opening of our new sensory room on 2C St. Francis (formerly the family room). This calming space is designed to offer relaxation, focus, and overall well-being to our residents. Oriented staff simply contact reception to schedule a visit.

For residents who are unable to visit the sensory room, we have a sensory cart (the Rover) that staff can sign out and bring directly to their unit.



What is a sensory room?

A sensory room uses a variety of equipment like projectors, diffusers, etc. to create a controlled environment focused on sensory experiences.

Benefits of sensory rooms:

- Calming sensory experiences can help reduce anxiety and stress.
- Engaging with sensory stimuli can uplift moods and enhance cognitive function.
- Shared sensory experiences can facilitate social connections.

GIFTS FROM THE HEART

Thanks to the hard work of our dedicated housekeeping staff and volunteers, the Home has been transformed into a magical winter wonderland.

The stunning decorations and twinkling lights capture everyone's hearts, filling us with wonder and awe. Thank you for bringing holiday spirit to all who live at and visit HFH. We're grateful for your efforts in making this holiday season so special.



JINGLE BELLS: ARE YOU LISTENING?

The Good Neighbours Handbell Choir once again graced Holy Family with their beautiful music, delighting residents!



MOMENTS OF REFLECTION

Last month, we paused to honor those who have served and continue to serve. A special Remembrance Day service was held to reflect on their sacrifices.

During our November Paint Night, our residents created beautiful poppy paintings, a symbol of remembrance and hope.



GAME ON

Looking for a fun way to spend your afternoon? Head over to our Resident Gaming Corner! We've added new games to our collection, from classic board games to stimulating puzzles. Don't forget to check the bottom cabinets for even more games and puzzles!



GIVE THE GIFT OF CHOICE



"Life can change in an instant. Together we can make sure that when they need it, people like our parents – like yours, like maybe you someday – can live in a special place like Holy Family Home."
-Leanne, grateful daughter

You can give the gift of choice.

Your gifts to Festival of Lights 2024 will be used to purchase meal carts with steam trays for every unit so loved ones who live at Holy Family Home can choose what they'd like to eat, just like at home.



Because Holy Family is Home.

Scan the QR code, visit lubovfoundation.ca/festivaloflights, call 204-942-0443, drop off a cheque at Holy Family Home Reception, or stop by Lubov SSMI Foundation (1085 Main Street) to make your gift in person. Thank you!



SPREAD THE JOY

Our Wellness board asks, "What brings you joy?" Take a moment to reflect on what makes you happy. Whether it's spending time with loved ones, enjoying a favorite hobby, or indulging in the Link's delicious potato pancakes, we want you to share your thoughts and post your reflections on the board.

You can also... **Donate** **JOY**   

The hamper asks, "Donate Joy." Let's come together to support a local North End family in need. Your generous contributions will help provide essential items for a brighter holiday season. Please refer to the posters near the donation box for more information on specific needs.

ANGELA PEELER
Holy Family Home Chief Executive Officer

It is always a season for gratitude, always the right moment to tell people that we appreciate the things they do and all that they are. But Christmas is a time where our gratitude is even more present and more profound. As we look back on the year that has been, we are filled with appreciation- not just for the gifts that have come our way, but for the blessings we receive every day from each other. This is a time to cherish both the giver and the gift.

On behalf of the Sisters, the Board and myself, we pray that you and your families are blessed with a peaceful, Joyful Christmas and a Healthy Prosperous New Year.

Message from our CEO



DECK THE HALLS



Get ready to spread some holiday cheer with our annual Christmas Door Decorating Contest!

Residents, families and staff are invited to participate!

Please have your doors decorated by **December 20th**.

A panel of judges will select the winner.

HOLIDAY SHOPPING, MADE EASY



Our Gift Shop offers carefully curated items for every gift-giver! Support our residents while finding the perfect present this Christmas!



SCAN ME



CONTACT US

Have an idea for our Newsletter?
E-mail us at: Newsletter@holyfamilyhome.mb.ca