



HOLY FAMILY

LIFELONG LEGACY

Congratulations

to **Wilson Akinwale**, on being awarded The King Charles III Coronation Medal!



This prestigious honour, bestowed by command of the King, recognizes Wilson's valuable contributions to Canada in commemoration of His Majesty's Coronation.



We are incredibly proud of Wilson and the dedication he brings to his work within our Spiritual Care team.

Please join us in congratulating him on this well-deserved recognition!

ISSUE FOURTEEN | APRIL 2025

SPRING HAS ARRIVED AT HFH



Is there still a chill in the Winnipeg air? Perhaps, but it certainly hasn't dampened the creative warmth blooming within HFH! Our talented residents are chasing away winter at paint nights! Take a look at their own guaranteed versions of 'spring showers' that promise hopeful 'May flowers,'! Paint Night happens every second Wednesday, all residents are welcome!



STORY OF A RESIDENT



Mary discovered her artistic passion at 50, thanks to a gift from her daughter. She's now a dedicated artist, whose bold and mesmerizing creations add vibrancy to Holy Family. Mary's artistic journey proves that inspiration can come at any age, and her work encourages us all to explore the artistic potential within ourselves!



A TOUCH OF MAGIC

James Grant, a master of illusion and charm brought wonder and amazement to the home on Saturday!



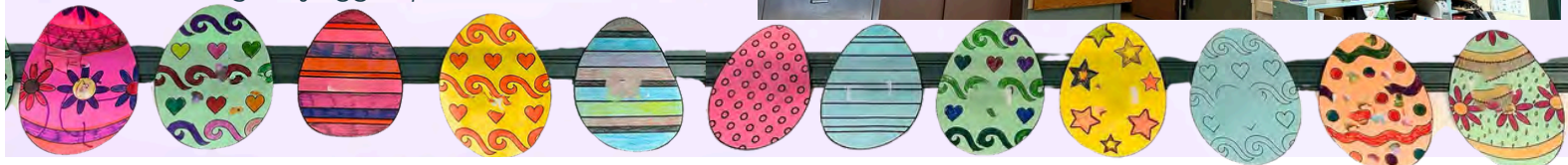
Seemingly impossible tricks had everyone captivated. We extend our thanks to James for sharing his gift with us and reminding us of the magic that can be found in the unexpected!



Each paper "egg" is a unique masterpiece, splashed with dazzling colors and imaginative designs. From groovy swirls to heartfelt doodles, these creations bring a playful and artistic touch to the unit. It's a testament to the fact that you don't need a shell to create something truly egg-ceptional!

4A'S EGG-CELLENT DISPLAY

Forget hunting for hidden treasures – the real gems this spring are hanging right here in 4A! Our residents have turned simple egg-shaped canvases into a vibrant art exhibit!



EARTH DAY

April 22 is Earth Day, a time to cherish our planet and think about how we can be kinder to it. We have some great ways to participate!



Our water stations are a fantastic way to reduce plastic waste – just bring your own reusable bottle and fill up! Similarly, at our coffee corner, make a small change with a big impact: bring your own reusable mug. It's a simple step that helps us minimize single-use cups.

We're also excited about the installation of our projector in the boardroom! This means we can now say goodbye to paper copies at meetings, saving valuable resources. April is a reminder to appreciate nature and embrace small, sustainable habits. Every refill and every reusable mug makes a difference in caring for our shared home. Let's all do our part!



CELEBRATIONS ON 5A

5A recently buzzed with celebration as we honored our wonderful Toni on her 100th birthday! Surrounded by family, friends, delicious food, and lively entertainment, it was a truly joyous occasion. Reaching this incredible milestone is a testament to Toni's remarkable life. We were so happy to share in this special day filled with love and laughter.

Happy Birthday, Toni!



APRIL 23: ADMINISTRATIVE PROFESSIONALS' DAY

Mark your calendars as we celebrate our administrative professionals: the Receptionist Office Administrator, Health Unit Clerks, Scheduling Clerks, Payroll Coordinator, Accounts Coordinator, and Administrative Coordinator. They are the organized backbone of the home, ensuring everything runs smoothly and efficiently. Their dedication and hard work are deeply appreciated by residents and staff alike. Take time on April 23rd to thank them for all they do!



NATIONAL VOLUNTEER MONTH



They say laughter is the best medicine, but we know a close second: the incredible warmth and dedication of our volunteers! Your friendly visits and helping hands bring the sunshine on a cloudy day, and we are so grateful for the comfort and connection you bring. Thank you for being such a vital and cherished part of the home!

Happy Volunteer Month!

Be a Park Partner



Dear friends of Holy Family Home,

Staff and residents know the importance of getting outside to enjoy fresh air and the beauty of the flowers and trees in our park and courtyard.

A local greenhouse blessed Holy Family by donating annual flowers for the planters, but the owners retired last year and Holy Family needs your help.

We are asking family and friends of our residents to become partners of our parks through three options:

- donate one or more plants or 'adopt' one of the planters by donating five annuals for one planter
- make a monetary donation so we can buy plants and supplies
- volunteer your time for spring cleanup, planting or weeding days

Plants for the sunnier park

Annuals that do well in the park are plants for full to part sun, only growing up to 24" tall. The choice is yours, but some low-maintenance plants include marigolds, lantana, zinnia, geranium, daisies and snapdragons. We estimate we'll need 65 plants to fill our park planters.

Plants for the shadier courtyard

The courtyard planters get more shade so we'll grow varieties for part sun to part shade. Some suggested annuals include coleus, fuchsia, begonia and impatiens. We estimate we'll need 15 plants to fill the planters.



How to donate plants

A sign-up sheet for plant donations will be kept at Holy Family's front reception desk starting April 14. Two days will be set aside to drop plants off at the park's east gate off Aberdeen Avenue just past the Holy Family main entrance (follow the signs and balloons on drop-off days).

The days are **Tuesday, May 27** from 9:00 a.m. to 1 p.m. and **Wednesday, May 28** from 3:00-7:00 p.m.

Two ways to make a monetary donation

- Drop cash into our Park Partner box at the front reception desk
- Leave a cheque at the front reception payable to Lubov SSMI Foundation, with a notation on it for Park Partner

Volunteer your time

If you're interested in bringing your gardening gloves, hand tools and enthusiasm for an hour or two of spring cleanup, planting or weeding during the growing season – followed by refreshments and companionship – there will be a sign-up sheet at the front reception desk starting April 14. You'll be contacted when dates are confirmed.

For more information, leave a phone message for Sister Ruth at the main Holy Family number (204-589-7381).

Thank you very much for being a partner of our parks!

• **April 18 - Exposition of the Holy Shroud - Good Friday Service, 10:00 AM** in the Auditorium

• **April 19 - Holy Saturday, Blessing of the Easter Baskets, 1:30 PM** in the Atrium

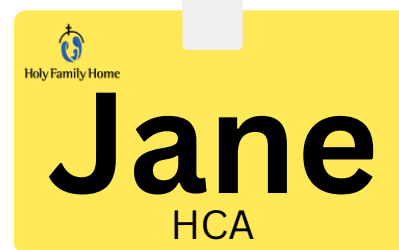
• **April 20 - Easter Lunch - Tickets \$15 at Reception, 11:00 AM - 2:00 PM** in the Link Dining Room

• **April 24 - Resident Council Meeting, 3:00 PM** in the Link Dining Room

• **April 30 - Resident & Family Forums, 6:00 PM** in the Link Dining Room

• **May 5 - Residents' Pub Night, 5:30 PM** in the Atrium

CLEARER COMMUNICATION



Holy Family Home is committed to continuous improvement in resident care. As part of this, we will soon be implementing new staff name badges.

These badges will feature yellow backgrounds and black text, a combination chosen to maximize readability and assist residents, especially those with cognitive impairments, in identifying staff members!

REMINDER

To prevent damage to the front entrance doors, **please do not push them.** When exiting, please punch in the exit code. The second exit doors open once the first set of doors have closed.



THANK YOU!



SCAN ME



FESTIVAL OF LIGHTS BRINGS CHOICE

Thanks to the incredible generosity of our FoL 2024 donors, some of the new Suzy Q meal carts have arrived and will soon be in use on the units!

These special meal carts, equipped with steam trays, will allow residents to select what they would like to eat, offering a dining experience that feels more like home!



Message from our CEO



ANGELA PEELER

Holy Family Home Chief Executive Officer

April is a time to celebrate resilience, renewal and new life. May this Easter month bring you a fresh perspective, a renewed sense of purpose, and a heart full of hope.

Wishing you a blessed Easter!

CONTACT US

Have an idea for our Newsletter?

E-mail us at: Newsletter@hollyfamilyhome.mb.ca

TO SERVE IS TO LOVE