

# Hanaru

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## Acknowledgement of Land

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We acknowledge the traditional custodians of the lands on which we work, and we pay our respects to the Elders past, present and future for they hold the memories, the culture and dreams of the Aboriginal and Torres Strait Islander people.

We recognise and respect their cultural heritage, beliefs and continual relationship with the land and we recognise the importance of the young people, who are the future leaders.

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# Welcome

From July to December 2021, Hanaru continued distributing menstrual education and Hanaru Sanitary Napkin Kits to school girls within the Delhi area, Rewalsar in Himachal Pradesh, and Northern West Bengal.

At the end of November 2021, our first sample fabrics arrived in Sundernagar, Himachal Pradesh.

Without being able to travel to India, it was more challenging for us to organise the production of the napkin kits. We found ways to work around the time difference between Australia and India, translating, and quality control. We were able to share the enthusiasm we felt, even though we were far apart.

We managed communication very well, thanks to Mohit, Sumna's son, who was able to interpret our instructions for the women. We engaged the two leading women, first Meena, and then Sumna, and trained them by using video calls.

Thanks to their ability and dedication, we established all the steps needed. Firstly cutting the rolls of fabric, and then distributing the fabric to the women. Each woman was able to complete Kits, and we kept a record of production and quality.

We had 20 local women express their interests in making the Kits, and they started learning to cut and sew. Our motto is: 'High Quality Napkins' that would go beyond a 'Made in Japan' quality.

When Meena gave birth to their baby boy in January 2022, Sumna stepped in to manage and continue production.

As it was important for us to differentiate the new production from the last one, we decided to make the new fabric in purple. Both fabrics are made with 100% recycled polyester yarn from PET bottles. In the process of coating the fabric, one of the two fabrics becomes 79% recycled. We are very confident the new napkin kits will, again, be extremely popular among Indian girls. They find them comfortable to wear, practical to use with great absorption, and quick to wash and dry.

We placed the material order in February and received the sample fabric in Australia in early June.

It was exciting to see that the excellent quality of printing, the colour fastness of the dye, and the soft touch of the fabric, were all as we'd hoped.

Kayoko made sample kits so that we had examples to use when communicating with the women in Himachal Pradesh, when they are ready to make the new kits.

At the end of June the purple fabrics were completed, packed and ready to be shipped out to India.

It has been inspirational to know many women and college girls, who have heard about our quality, have approached Hanaru wishing to obtain Napkins. It was unfortunate that we could not cater for their needs while we focus on the younger school girls.





# The Ambassador Program

## GOALS

Expanding distribution  
Connecting with the  
Community  
Supporting Girls



### Expanding the Ambassador Program

This Program, with the university graduates joining the project as ambassadors, has continued.

They still provide excellent help in fulfilling our objectives.

The following Ambassadors have been distributing napkin kits and education material this year:

There are two sisters, Pratibha and Gulshan who have been distributing in Rewalsar, Mandi district Himachal Pradesh.

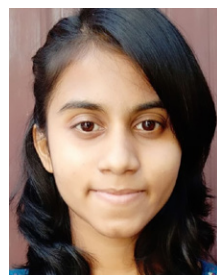


Kritem has been distributing in Kalimpong, West Bengal and Vivek in Rimbik and Darjeeling, West Bengal.



These four ambassadors have been distributing in Delhi:

Pooja and Priyanka have been concentrating their efforts more in the slum areas.



Isha and Anchal have been in other areas in Delhi.



Also Pooja Ghugtyal is in Delhi - see overleaf.

# The Ambassadors Program

## New Ambassador

**Hanaru would like to introduce you to our new Ambassador:**

**Pooja Ghugtyal**

Age: 22

Town: Delhi

Academic background: Currently preparing for a Masters Degree.

Pooja joined Hanaru on 22 September 2021.



### Objectives and thoughts on joining Hanaru

*"The role of girls and women in the nation's development is extremely crucial for all countries. It will be only possible when we empower and support them.*

*Every girl wants to fly high and wants to fulfill their dreams. But not every girl has the opportunity to fulfill her dream. Hanaru is helping those girls by providing free napkin kits. And I am very grateful that Hanaru gave me this opportunity as an ambassador in India to help needy girls.*

*This ambassador role is a position and chance for me to bring some change in the life of girls and many others. During the time of teaching and distributing the kits I feel proud that I am an ambassador from Hanaru and give a huge contribution to making a good change in the life of girls.*

*And it does not only empower the girls but also empowers the women who made these kits and as well as gives a great contribution to protecting the environment because of the reusable napkins. Hanaru helped to achieve the SDG (Sustainable Development Goals) of the UN like No poverty, Good health and well-being, Quality Education, and many more.*

*I just want to give myself to a good cause of change and development. And always want to spread happiness in people by God's mercy."*

Pooja received the Napkin Kits on 12th February 2021 and Anchal and Isha went to the slums to support her in the distribution of menstrual education and the Kits.





# The Ambassador Program

## GOALS

Expanding distribution  
Connecting with the  
Community



### Here is an Update from Priyanka

Town: Delhi

Academic background: B.A hons  
(Social Work )and is pursuing a Masters  
in Social Work

#### Objectives/thoughts:

*"To create awareness among the  
adolescent girls and people of the society.*

*To be aware about environment safety.*

*To be aware about the safe and secure  
environment and how we can contribute  
to make our environment safe (Our small  
initiatives will bring big impacts on our  
surroundings).*

*I proud to be an Ambassador of Hanaru.*

*As I am always very much excited to work for women empowerment.  
This initiative of yours, helps me to work for my passion. I'm really  
thankful to Hanaru to give me this opportunity to learn more about our  
community and the real situations of our surroundings.  
It is a great opportunity for us to empower women."*



### Kishan Vihar Slum

In April 2021, during the COVID-19 lock down in Delhi, Priyanka and Hanaru started a conversation about the distribution of menstrual education and Hanaru Napkin Kits to girls living in slums near Delhi.

At the end of June 2021 when the Delhi lock down was eased, Priyanka started organising the distribution. Her first goal was realised at the end of August 2021, and she will continue to distribute in this, and other slum areas.

We will have more news of all the Ambassador's efforts in our next Annual Report.



# Making the Napkins in India

## WORK

New Production

Training

Posting Kits

Material storage

Coordinating

Managing

### New Sample Production

Hanaru started the new sample production in January 2022.

In order to increase the quantity of production, we needed to recruit more women who wished to acquire both skills and financial independence.

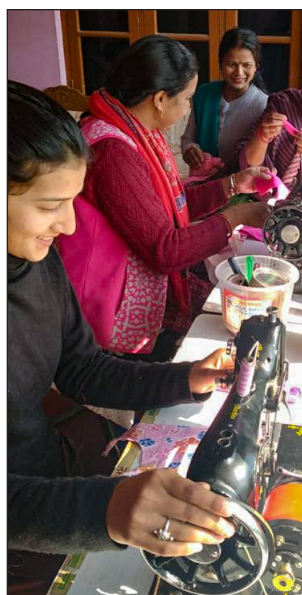
New women were interviewed and provided with training sessions.

We provided the women with new, better quality, sets of scissors, pins, thread pickers and sewing machines, to make their work easier and more efficient.

### Meena Devi

Meena has continued to head up Administration in India and has also been training women to make the napkins.

Meena took time off when her new baby, Udai, was born.



# Making the Napkins in India

## Meet the Team



While Meena was busy with her new born baby, Sumna was leading the training with her 17 years old son Mohit helping us with translations.

As traveling to India was not possible, due to Covid, both the training of the new women, and the ensuring of quality control, were done by whatsapp videos and photo communications.

### Sumna Devi

Village: Bhour Tehsil Sundernagar  
district Mandi (H.P.)

Family members: 6

*"Its a great opportunity to be a part of this NGO!"*



***Hanaru would like to introduce you to some of the women making the napkins:***

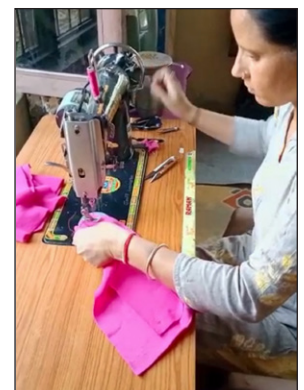
### Sonia Kumari

Age: 40

Village: Bhour

Family members: 4

*"This is a good opportunity to do something for those girls who can not buy expensive sanitary pads from the market. I am glad to do this work for society and proud to be a member of this group".*





# Making the Napkins in India

## Meet the Team



### Pooja Devi

Age: 20

Village: Pangna

Pooja is studying for a Bachelor of Arts.

*"This a great job and an easy job.*

*It takes little time to learn.*

*Working at hanaru has helped me a lot.*

*A good job for women in my opinion.*

*She can work in her spare time.*

*This is a good deed  
for the needy".*



### Mamta Sharma

Age: 36

Village: Bhour

Family members: 4



### Sapna Thakur

Age: 27

Village: Bhour

Family Members: 4

*"This work is homemade and very nice.*

*I am so happy with this work.*

*God bless you for this work Hanaru."*

# Making the Napkins in India

## Meet the Team

One of these cards goes out in each kit so the girls know who has made their kit.

यह नैपकिन कटि आपके लिए  
हाथ से बनाई गई थी:

**मीना**



इस कटि को बनाने करने के  
लिए पैसा ऑस्ट्रेलिया में रहने  
वाले एक प्रायोजक द्वारा  
दान किया गया था।



हनारू का व्हाट्सएप नंबर है:  
+916230348864

कृपया आप हनारू या मीना को  
धन्यवाद संदेश भेज सकते हैं  
आपके नाम या आदयाक्षर  
के साथ, और छाती की ऊंचाई  
पर नैपकिन पकड़े हुए आपकी  
एक तस्वीर।  
धन्यवाद

hanaru-india.org

hanaru.fundraising/



### Kanchan Devi

Age: 41

Village: Bhour

Family members: 4

Kanchan is a housewife. She has never had a job before and is very happy being employed by Hanaru. She enjoys being occupied and likes the work and her new income.

Kanchan has been married for 25 years. They have a 22 year old daughter and a son of 20.



Vishesha, Meena's daughter.





## ACHIEVEMENTS

Overview

Challenges

Thank You



### Hanaru Woman's Health Fundraising Inc

Hanaru experienced another challenging year with its fundraising during the financial year ending June 2022. With Covid still ever present, plus a history defining flood within the Tweed Valley in February our major fundraiser, The Fabulous Feast, was canceled.

Disappointment led to generosity with numerous donations given in support of the Hanaru's cause. This in itself has given Hanaru the nudge it needed to continue its work, with the aim of raising funds for the continued supply of sanitary napkins to Indian schoolgirls.

We are so grateful that despite these difficult times, many supporters from Australia and overseas continue to recognise the needs of our project, and have supported us handsomely to create positive changes in the Indian girls lives.

This year's fundraising was raised through:

- Donations \$17,991.61
- "Hanaru" Sanitiser and One On One Project \$336.70

### Conclusion

Although fundraising was minimal during the financial year 2021-2022, Hanaru Women's Health Fundraising Inc still managed to achieve its goal of supplying sanitary napkin kits to Indian schoolgirls. These kits amounted to 580 for the year. Major constraints due to Covid and floods had certainly put a dampener on the fundraising scene.

It has only been due to the generous donors who have supported Hanaru during 2022 that has enabled us to continue our vital work in India.

### Future Fundraising

Fundraising events for the rest of 2022 and 2023 include:

- A tour of parts of India highlighting Hanaru's work in action
- A tour of parts of Japan
- The return of the annual "Fabulous Feast"
- Collections through 'Containers For Change'

These all make way for a very bright horizon!

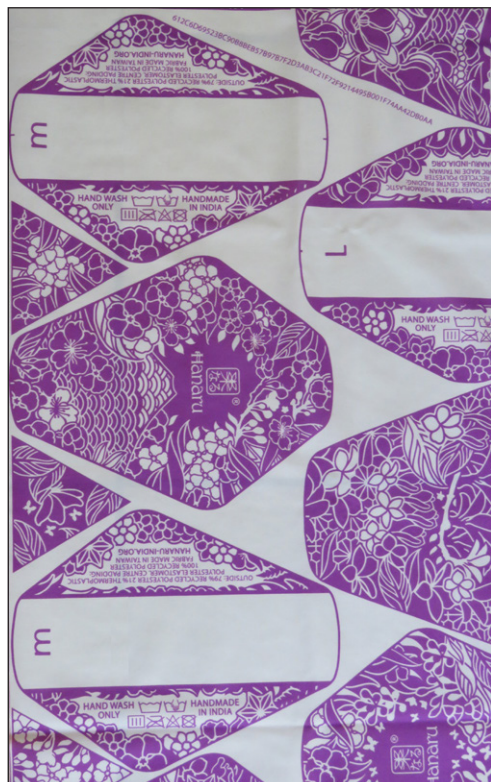
We look forward to sharing the results in our next Annual Report.

*Hanaru would like to take this opportunity to thank all our wonderful donors for their generosity.*

## GOALS & OUTCOMES

### Second Print Run

### Evaluating the updated Grid

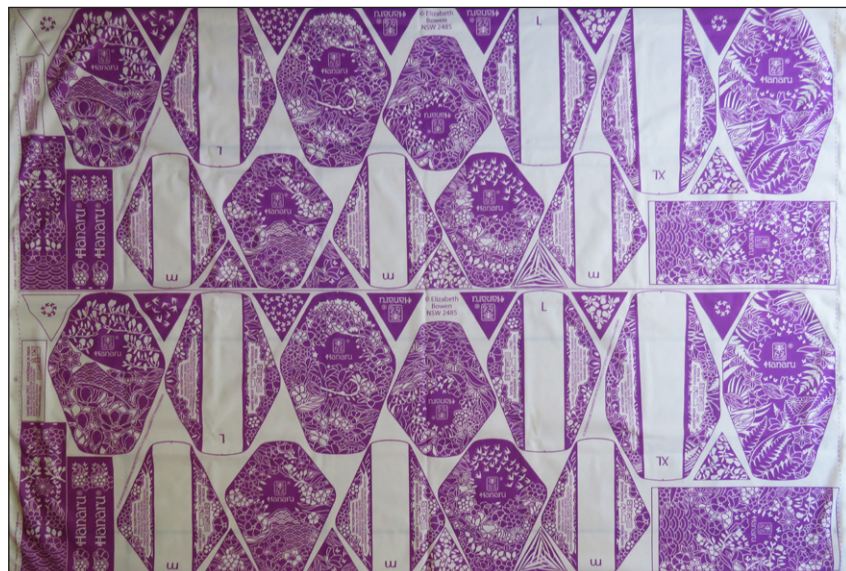


### Second Grid Printing

Hanaru was thrilled to receive the new batch of material.

We were sent samples of the wing material and fleece, while the bulk of the order will be shipped directly to India.

The quality of the material is exceptional again, and will provide long lasting products for the girls to use.



### Colour Change

The colour has been changed for this print run. This allows Hanaru to monitor the distribution more easily. The next print run will go back to pink, and we will continue to alternate.

### Cost effectiveness

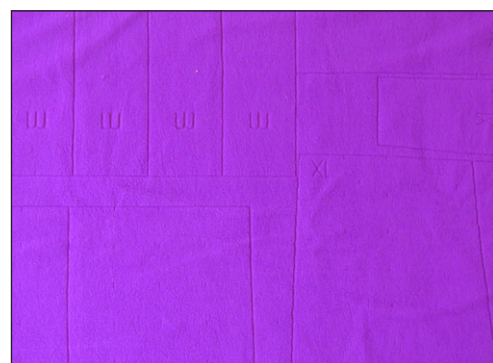
The printing drum from this order can be re-used many times, thus making it very cost effective, especially just printing one colour. By having the outlines printed onto the fabric there is minimal wastage when cutting the fabric out.

### Recycled Component

Hanaru is committed to buying recycled material. We were extremely happy with our last overseas purchase of material. We are buying material that is made from PET bottles and is the closest we can get to 100% recycled. Two different kinds of fabric are used in making the napkins. They are 100% and 79% recycled polyester. This material has gone through extensive tests and has been found to be very durable.

### Jacquard

As the fleece is woven, the cut lines are woven into the fabric, using the jacquard method.



昭安國際股份有限公司  
SHO AN INTERNATIONAL CO., LTD.  
台北市內湖區新湖二路 8 號 8 樓

購紗證明

Certificate of Yarn Purchase  
Certificate No. : N20220708-1

茲證明 亞德亞細亞股份有限公司 向 昭安國際股份有限公司 採購 產品如下:  
Proving 亞德亞細亞 TEXTILE CO., LTD. has purchased polyester yarns from  
昭安國際股份有限公司 SHO AN INTERNATIONAL CO., LTD. distributed  
details are as follows:

| Date       | Description / Type No.   | Q'TY(Kg)  | Note    |
|------------|--|-----------|---------|
| 2021/12/17 | 75D/72 SD DTY Yarns<br>100% Postconsumer<br>Recycled Polyester | 2,130/Kgs | H33C9FR |
| 2021/12/20 | 75D/72 SD DTY Yarns<br>100% Postconsumer<br>Recycled Polyester | 2,130/Kgs | H33C9FR |

其中 1,050kg 供現誠訂單 T1569-15 使用

以上特此證明

昭安國際股份有限公司  
紡織化纖  
事業處  
SHO AN INTERNATIONAL CO., LTD.



## Board Members

### **MIC JULIEN** - President

Born in NSW in 1946, studied agriculture and then worked in agriculture in Papua New Guinea briefly and then studied biological sciences and worked as a researcher in CSIRO in Brisbane from 1974 until retirement in 2009. He has worked in and travelled for pleasure in many countries. He has visited India on 6 occasions helping to lead small group tours for 21 day visits. Currently living in northern NSW.

### **MARIE MORRIN** - Vice President

Born in Northern NSW in 1959. Completed Diploma of Teaching and Bachelor of Education, majoring in Geography and Economics. While teaching part time held the position of financial manager of the family business of contract harvesting within the sugar industry. Has held numerous treasury positions within the community on a voluntary basis.

### **ROS JULIEN** - Secretary

Born in Sydney 1948, raised in Northern NSW where she studied Arts / Education before pursuing an English teaching career. She has travelled often with the other board members to India in support of welfare initiatives, such as a medical centre and proposed orphanage. Looking forward to this project in support of women and girls.

### **KAYOKO GOVINDASAMY** - Treasurer and Public Officer

Kayoko was born and raised in Japan. In 1986, after majoring in Textile Art, she received her Bachelor of Art from the Women's College of Art in Tokyo. In 1987 she completed her 1 year Scholarship, majoring in Textile Art, from the India Government and received her 'Certificate of Foreign Casual Course' from the Visva Bharathi University, Santiniketan, West Bengal. She is a qualified teacher in Australia and has been to India many times.

### **MOHAN GOVINDASAMY** - Financial Advisor

Mohan (Michael) Govindasamy is of Indian heritage and born in Singapore. He came to Australia in 1973 and married a Japanese girl, Kayoko. They have two grown up kids. He has always run his own business and is now retired. He enjoys his countless visits to India and also travelled extensively as an assistant to his Spiritual Master to many parts of the world. He believes passionately in the empowerment of women as a means to changing society for the better. He appreciates the saying "Do good things and don't get caught" ... so far he appears free and eager to assist in ensuring this project reaches it's potential.

### **ELIZABETH BOWEN** - Graphic and Web Design

'Lizzie' was born and raised in the UK and studied architecture at University College London. She is an 'Industry trained' graphic artist. She spent 10 years living on small sailing boats without 'mod cons', and spent many months at sea. She lived on board while visiting and working in different countries. In 1991 she migrated to Australia. She happily donates her time in all areas of graphic design and helping with administration.

## Charity Details

Hanaru Women's Health Fundraising Inc  
ABN: 14 598 797 167  
Email: [hanaru.fundraising@gmail.com](mailto:hanaru.fundraising@gmail.com)  
Website: [hanaru-india.org](http://hanaru-india.org)

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