

# Hanaru



Hanaru Women's Health Fundraising Inc  
Annual Report 2019 - 2020



## Acknowledgement of Land

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We acknowledge the traditional custodians of the lands on which we work, and we pay our respects to the Elders past, present and future for they hold the memories, the culture and dreams of the Aboriginal and Torres Strait Islander people.

We recognise and respect their cultural heritage, beliefs and continual relationship with the land and we recognise the importance of the young people, who are the future leaders.

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# Welcome

When Kayoko started this project in India her vision was simple - that no girl should be excluded from education because she has periods. A shocking 23% of girls drop out of school when they start menstruating.

She has traveled to Himachal Pradesh many times while establishing this Charity and has developed a strong connection to many people there.

Kayoko offered ladies, who have never had the opportunity of employment, work making the napkins. We are pleased that local ladies are delivering this service, rather than Hanaru buying ready made ones.

In 2019, her hard work and determination led to 'Hanaru Women's Health Fundraising Inc' being established. The Charity took shape with six board members, and ACNC Charity Status.

The Advent of Covid 19 has provided us with different challenges. Kayoko has had to cancel her trips to India this year. However napkins are still being distributed to individual girls while the schools are shut.

We will continue employing local women to make the napkins, which will help children to stay at school.

All of the travel mentioned in this report was self funded by the individuals.

The challenge is huge and ongoing, and we are so grateful for the wonderful support we are receiving.

This is Hanaru's first Annual Report and it covers all of 2019 up to the end of the Tax Year 2020.

We hope you enjoy our Annual Report.

## Milestones

### Charity Status

11.11.2019 Charity status was granted by The Australian Charities and Not for Profit Commission.

### Deductible Gift Recipient Status

09.12.2019 DGR status was granted by The Australian Tax Office.





## HIGHLIGHTS

### Recruiting and Training Women



### Return to Himachal Pradesh

After many previous trips to India where Kayoko established the Pilot Project, this trip in January was her first one for the year.

### Recruiting and Training

Women in 9 different areas in Himachal Pradesh were recruited to sew the napkin kits. These women were trained and given the material and tools to be able to make the napkins at home.



### School Visits

Kayoko toured the local area finding the locations of schools and, in some cases, was able to offer Hanaru's educational program.



### Meeting with Education Officer

Kayoko met with the Education Officer for the district. He thought that the Hanaru Project was very worthwhile and offered a 'Permission Letter' for Hanaru to freely approach schools. Unfortunately some paperwork in India moves at a very slow pace, and even today, after many trips to the office to collect the letter, it still eludes us.

### Self Help Groups in Bihar



### Meeting with 'Self Help Groups'

Kayoko flew from Chandigarh, joint capital of the States of Haryana and Punjab, to Gaya in the State of Bihar. She visited Self Help Groups of women in Guraru, to see and understand the local situations.

In Guraru, she met a small group of school girls to talk about menstruation and napkin project.

The Guraru girls were very happy to receive Hanaru sample napkins.



## GOALS & OUTCOMES

Upgrading the Kit

Re-evaluate Design

Minimize fabric wastage

Easy cut lines

Improved accountability

## Pilot Project and Initial Designs

The initial round of fabric purchase has proved very successful and the girls who are using them are very happy with them.

The Pilot Project, with prototype designs in two sizes, has worked well. It is now time to add more to the Kit, while streamlining the production process for the ladies in the villages in India who are making the napkins.



## Additional Items

Going into the future the kits will contain:

- 6 sanitary napkins (3M, 2L and 1XL)
- A small carry pouch which they can use to take clean napkins to school and bring soiled ones home
- A drying hook
- Education materials
- A reusable carry bag

## Grid Printing system

The ladies have been marking around wooden formers to get the shapes to cut out. We have developed a grid pattern which is printed onto the material. This means that one 50cm width of fabric has all the cut outs required for one kit.

Fabric distribution to the ladies becomes easier, more streamlined, with greater accountability.

A one colour print run minimises costs, while still producing an attractive result.





## HIGHLIGHTS

### Reuniting with the women Training Finance



### Rubbish

Even after so many trips to India, whenever Kayoko is there she is disheartened to see the huge amount of rubbish. There is rubbish piled up by the side of the road, and no adequate management system. We are happy though, that the reusable napkins alleviate rubbish in homes of girls who are using the napkin kits.



### Training and Napkin Making

Kayoko met up with the women who have been making napkins in the rural villages in Himachal Pradesh. She met some new women who expressed an interests in working, and trained them to make pouches.

### Accounts

We had meetings with our financial advisors in Chandigarh to talk about employment, importing goods and production under Indian Tax law.



### Sewing Machines

We traveled to Ludhiana in the Indian State of Punjab, searching for tools for the sewing machines. The sewing machines were bought in Kullu, in 2016.

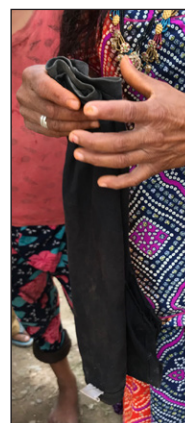


### Visiting one of the Local Slums

Kayoko went to talk to the ladies in this slum to find out about their situation and



what they use when they are menstruating. As shown in the photo to the right, they use whatever rags they can get, and these are buried after use. These women are seasonal workers in the road construction industry. They were delighted to receive some Hanaru napkins.



### Part of the Community

Whenever Kayoko is in India she likes to help out. Here she is out early, shopping for milk and food for breakfast.







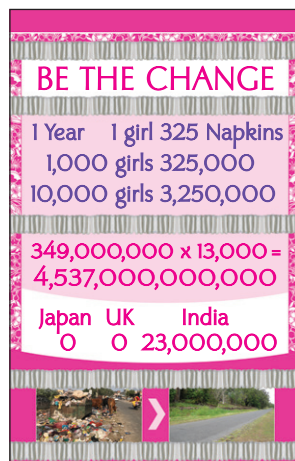
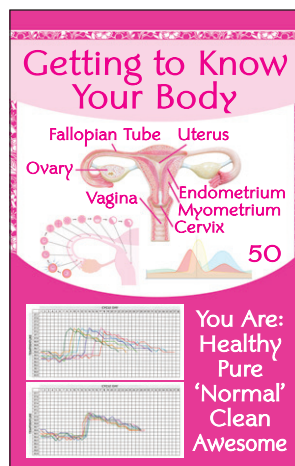
## Website

The Website has been designed, and information is added and updated as required.



## Education in Classrooms in India

### TEACHING AIDS



### School Visit

The education that Hanaru provides in schools in India explains about menstruation and the care of the napkins. When visiting a school there is no guarantee of access to a plug, so things like PowerPoint presentations have to be ruled out.

### Vinyl Posters

These vinyls were created to illustrate discussion points. They measure 76 x 123 cm.

### Social Taboos

There are still social taboos around menstruation and consequently girls feel impure. In many areas, menstrual bleeding is seen as a sickness or a 'contamination of the body'.



# Taiwan Research Trip in October

## GOALS

Research Fabric

Interview Companies

Build relationships



### Evaluating Fabric

Kayoko has been evaluating different fabric during the Pilot Project stage. She has spent countless hours doing suitability assessments of various fabrics from different countries, trialling different designs and testing fabric durability.

The napkins have to wash well and dry fast without the use of dryers. This is essential particularly during monsoon season, and winter. The material has to be breathable so they are comfortable to wear.

### Companies in Taiwan

Kayoko and another Board member Lizzie flew to Taiwan to continue researching fabrics. Companies in Taiwan are some of the best in the world at producing high quality recycled polyester.

They visited two companies and found one of them to be extremely willing to help with specific fabric requirements.

This company has provided the most exceptional advice on suitable fabric. They have given us useful information on fabric durability tests and guided us through the printing process. They are experts in handling shipping too.

### Recycled Polyester

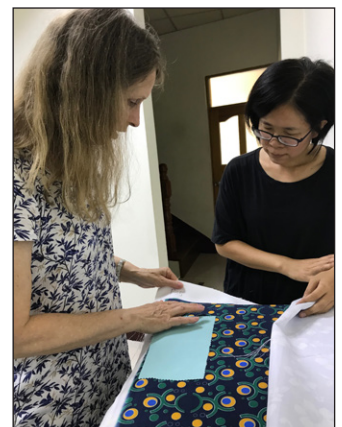
We have received our first 'trial' order from Taiwan. The bulk of the fabric is going to India and we have a few meters of each fabric to trial in Australia.

Two different kinds of fabric are used in making the napkins. They are 100% and 86% recycled polyester.

The material is recycled from PET bottles.

### Outcome

Overall, we feel that we have secured fabric that has high quality, suitability and durability for making the napkins, at the most reasonable cost possible.





## HIGHLIGHTS

### School Visits in Mandi



### Three Schools Visits

The three schools visits in the Mandi district were very successful. The school girls were keen to participate in the Hanaru project. They went to the classes that Hanaru offers where facts about the menstrual cycle and the use and care of napkins is taught.

### Lots of Kits

The ladies in Himachal Pradesh had been busy while Kayoko was home in Australia! The ladies had made lots of napkins, while improving their sewing skills and use of the snap machine.



### School Visits in Uttarakhand Meetings with Dehradun Leaders



### Road Trip to Uttarakhand

Kayoko went to Dehradun in the State of Uttarakhand. It is an 18 hour road journey each way. Although Kayoko is used to traveling in India, the return trip was one of the hardest she'd experienced.

### School Visits in Dehradun

Kayoko visited 5 schools in Dehradun and made a presentation at 2 of them.

### Female Community Leader

Kayoko met with a female leader of the community in Dehradun. They are keen to find employment for women. We witnessed big demands for reusable sanitary napkins there too.





## ACHIEVEMENTS

### DGR Status

### Fundraising Projects

### Creating opportunities during Covid



### Hanaru Woman's Health Fundraising Inc

Hanaru received 'Deductible Gift Recipient' status on 9<sup>th</sup> December 2019. This is a wonderful achievement for Kayoko. It allows Hanaru Woman's Health Fundraising Inc to freely raise funds while offering donation tax benefits.

With the Corona Virus Pandemic hitting the world in 2020, Hanaru's fundraising plans have certainly been disrupted. Limited gatherings have put a stop to any major functions so a bit of creative thinking has been needed to raise much needed funds.

### Sanitiser Fundraiser

In April 2020 Hanaru contacted HUSK Distillers, who have been distilling sanitiser through the Covid period, and Beauty World with the hope of help to set up "Hanaru Sanitiser". As a result Hanaru Sanitiser was born. With a fully funded medical grade sanitiser on hand we bottled 200 x 125ml bottles. By 30th June 2020 we had sold approximately 180 bottles raising \$1050.

*We take this opportunity in thanking HUSK Distillers and Beauty World for their generosity and belief in our cause.*

### One On One Project

Although this project is in its infancy signs shown are very positive. As of 30th June 2020 Hanaru has raised \$810.00. This opens the opportunity to connect with 40 Indian school girls which is just amazing in these times. Kayoko has set up worksheets on Google. Indian girls can access these worksheets through WhatsApp. On completion of their study, their thank-you card and survey are submitted to Hanaru. In return Sanitary Napkin Kit is posted to the Student. This student on completion writes a letter in appreciation to the donor of the kit. At this stage a connection is made which who knows could be the beginning of a life long link.

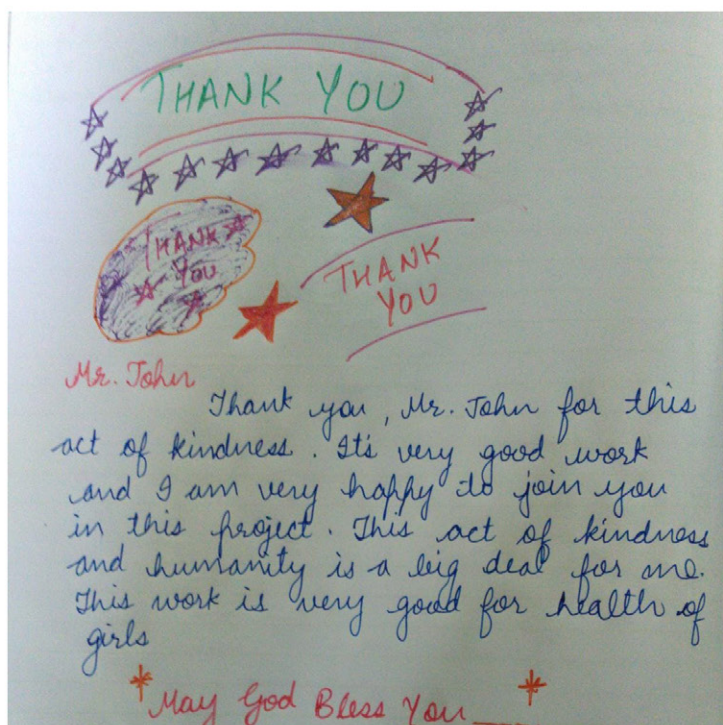
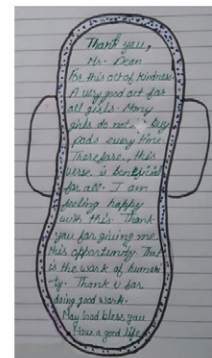
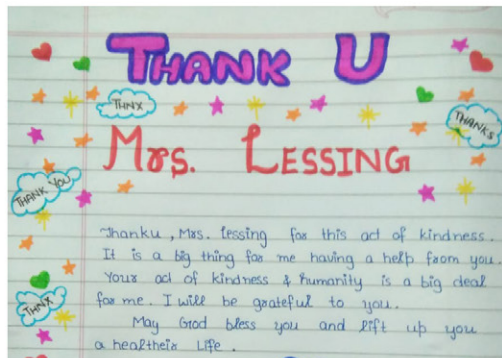
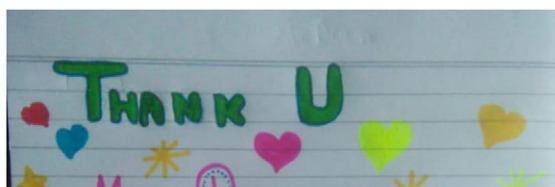
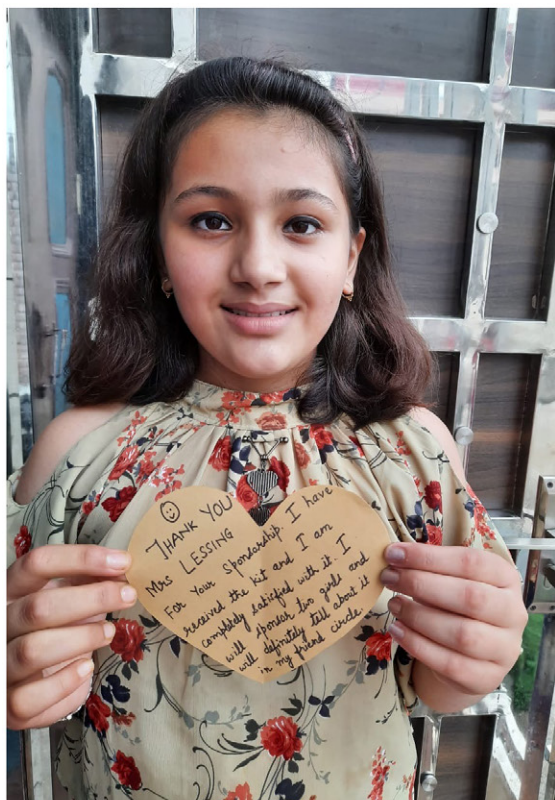
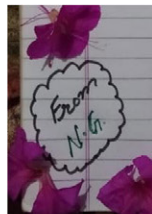
### General Donations

Since January, 2020 donations have exceeded all expectations. Hanaru has received just over \$5,000 from very generous people in our community. Donations are received through the Website's 'PayPal Donate' button and direct deposit into the bank account.

*Hanaru would like to take this opportunity in thanking all donors.  
Your generosity will provide many napkin kits for Indian schoolgirls with the hope they will be able to complete an education which will ground them for the rest of their lives.*

## Thank You Hanaru

Here is a 'Thank You' from a few of the girls:



## Looking to the Future

Hanaru is keen to start using the recycled polyester fabric in India.

At some stage in the future would like to expand this Project into other areas, like the State of Bihar and West Bengal.

Even through these challenging times we remain very positive that we can make a difference to the lives of girls in India.



## Board Members

### **ROS JULIEN** - President

Born in Sydney 1948, raised in Northern NSW where she studied Arts / Education before pursuing an English teaching career. She has travelled often with the other board members to India in support of welfare initiatives, such as a medical centre and proposed orphanage. Looking forward to this project in support of women and girls.

### **MIC JULIEN** - Vice President

Born in NSW in 1946, studied agriculture and then worked in agriculture in Papua New Guinea briefly and then studied biological sciences and worked as a researcher in CSIRO in Brisbane from 1974 until retirement in 2009. He has worked in and travelled for pleasure in many countries. He has visited India on 6 occasions helping to lead small group tours for 21 day visits. Currently living in northern NSW.

### **MARIE MORRIN** - Secretary

Born in Northern NSW in 1959. Completed Diploma of Teaching and Bachelor of Education, majoring in Geography and Economics. While teaching part time held the position of financial manager of the family business of contract harvesting within the sugar industry. Has held numerous treasury positions within the community on a voluntary basis.

### **KAYOKO GOVINDASAMY** - Treasurer and Public Officer

Kayoko was born and raised in Japan. In 1985, after majoring in Textile Art, she received her Bachelor of Art from the Women's College of Art in Tokyo. In 1987 she completed her 1 year Scholarship, majoring in Textile Art, from the India Government and received her 'Certificate of Foreign Casual Course' from the Visva Bharathi University, Santiniketan, West Bengal. She is a qualified teacher in Australia and has been to India many times.

### **MOHAN GOVINDASAMY** - Financial Advisor

Mohan (Michael) Govindasamy is of Indian heritage and born in Singapore. He came to Australia in 1973 and married a Japanese girl, Kayoko. They have two grown up kids. He has always run his own business and is now retired. He enjoys his countless visits to India and also travelled extensively as an assistant to his Spiritual Master to many parts of the world. He believes passionately in the empowerment of women as a means to changing society for the better. He appreciates the saying "Do good things and don't get caught" ... so far he appears free and eager to assist in ensuring this project reaches it's potential.

### **ELIZABETH BOWEN** - Graphic and Web Design

'Lizzie' was born and raised in the UK and studied architecture at University College London. She is an 'Industry trained' graphic artist. She spent 10 years living on small sailing boats without 'mod cons', and spent many months at sea. She lived on board while visiting and working in different countries. In 1991 she migrated to Australia. She happily donates her time in all areas of graphic design and helping with administration.

## Charity Details

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