

CBZIC Announcements

WEEKLY NEWSLETTER | CORDOVA BAY | AUGUST 2025

Upcoming Events

Sunday, August 31

- Worship, 10am, In-Person and Livestream
Followed by Fellowship Time in the Hall

Tuesday, September 2

- Worship Meeting, 10:30am, Friendship Room

Keep in Touch

Minister

Pastor Beth Parsons
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Music Director

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Office Administrator

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Carrot Seed

Carrot Seed preschool is getting ready for the new year. We are so excited to have so many returning families from last year and families whose siblings attended in recent years. This year we are very excited that we have 4 families with parents that attended Carrot Seed when they were children.

We have had visits from Tanya's first group of children 15 years ago and a young 14 year old came to visit with the key that was given to her on her graduation from Carrot Seed to Kindergarten. We look forward to our continued relationship with the Church and it's members .



Here are all the programs and activities happening at CBUC this week. Church activities are listed in yellow.

Sunday, August 31

- **Worship, 10am, Sanctuary, followed by Fellowship Time in the Hall**

Monday, September 1 Labor Day

- Jazzercise, 6pm ,Hall

Tuesday, September 2

- Jazzercise, 8:30am, Hall
- IH Adult Day Program, 9:30am—3pm, Hall
- **Worship Meeting, 10:30am, Friendship Room**
- Zumba, 5:30pm, Hall
- KSI Karate, 7pm, Hall

Wednesday, September 3

- Yoga, 10:45am, Hall
- Jazzercise, 6pm ,Hall

Thursday, September 4

- Jazzercise, 8:30am, Hall
- Zumba, 5pm, Hall

Friday, September 5

- Jazzercise, 8:30am, Hall
- Chair Yoga, 10:30am, Hall
- KSI Karate 4:30pm, Hall

Saturday, September 6

- Jazzercise, 8:30am, Hall
- Zumba, 10:30am, Hall

To reserve a room for a meeting or activity, please contact the office by phone or email. And just a reminder that setting up a room, particularly the hall, in advance may not be possible due to other renters.

Mission & Service Birthday & Anniversary Recognition September 7th



We will be recognizing birthdays and anniversaries on Sunday September 7th. In honour of a birthday or anniversary in this month we invite you to make a donation towards the United Church of Canada Mission & Service Fund.

For those worshipping in person, donations will be accepted during the singing of the birthday/ anniversary song. Donations can also be made through e-transfer. Send your e-transfer to treasurer@cbunited.ca. If you have an envelope number, please include it in your message.

For those watching online who would like an anniversary or special birthday mentioned, please email the church office.

What is a prayer chain?



Members of our prayer chain ministry take up the responsibility to pray, in their own time and place, for persons or concerns made know to them by the prayer chain leaders who receive the prayer requests; lifting up those who have asked for prayers, literally surrounding them with thoughts and prayers.

Anyone can be a member of the prayer chain. Anyone can ask for a prayer request. For more information contact Roselyn Jones.

Cash, Cheques or E-transfers accepted.
Cheques should be made payable to 'Cordova Bay United Church'.
Please note in the memo line "Mission & Service"
E-transfers should be sent to treasurer@cbunited.ca.
Please note in the message that the e-transfer is for "Mission & Service"

Arion Male Choir

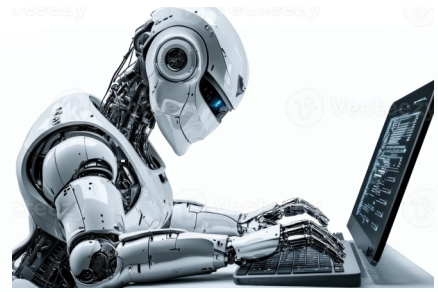
Attention all Male Singers:

The Victoria Arion Male Choir is one of the newest choirs in Victoria, BC. In the summer of 2018, the Arion Male Voice Choir (founded 1892) and the Victoria Male Voice Choir (1907) chose to unite into a new choir. The two choirs came to the realization that they could better fulfill their dreams of being "a community of men singing for health and joy" as one group rather than two. It is an exciting new venture which is already proving to be a great success both musically and organizationally.

Our mission is to maintain the great tradition of male-voice choral music, and to share that music through two or more public concerts each year. We also perform at seniors' residences, at the Victoria Remembrance Day ceremony, and at other public events. We support music education through our choral scholarship program, which allows up to four student musicians to sing with us each year. We welcome new members: come and share with us the joy of choral music!

Our musical director, Sean Lampard-Quicke, joined us in 2020 and our collaborative pianist, Jennifer Mitchell joined the choir in 2019.

We are actively seeking new singers for our non-audition choir starting in September 2025, with open houses on Monday September 8th 15th and 22nd. The choir sings four-part-harmony and our repertoire covers classical, spiritual, folk, and contemporary music. We meet Mondays at 7:00 pm at Cordova Bay United Church, 813 Claremont Ave. We also are looking for choral scholars. For more information on becoming a new member or if you want to know more about the choral scholar program please contact Jim at jimmysj@shaw.ca or check out our website at www.vamc.ca.



Protecting Your Information on Social Media

What you share online can be used by scammers. Controlling your privacy is key to staying safe. Here's a quick guide on what to watch out for.

Publicly Shared Personal Info

Scammers search profiles for personal information. Details like your phone number, birthday, or even your pet's name can be used to guess passwords or answer security questions. Posting about being on vacation also signals that your home is empty.

Protection Tip: Go into your account's privacy settings and set your profile and posts to be seen by "Friends Only." Avoid posting about a trip until you have returned home.

Information-Stealing Quizzes & Memes

Many fun-looking quizzes or popular memes ask for personal information ("What was your first car?" or "What's your mother's maiden name?"). These seem harmless, but they are often designed to gather the exact answers to common security questions used to protect your banking and email accounts.

Protection Tip: Be suspicious of quizzes or games that ask for personal details. It's best to simply not participate, even if you see friends doing it.

Bonus: Turn on "two-factor authentication" (sometimes called "login approvals") in your security settings. This adds a powerful layer of protection that requires a code from your phone.

New Website— Committees and Groups

As you know, we are working on a new and updated website! One of the major changes that would be great to have is more information on the various groups all around the church. If you have a writeup or any info, especially contacts, you want to display on the website for your group or committee, please email it to: office@cbunited.ca



SOLUTIONS TO COMBAT CLIMATE CHANGE

EMBRACE RENEWABLE ENERGY

Shift to solar, wind, and hydro power to reduce carbon emissions and fossil fuel reliance

PROMOTE SUSTAINABLE TRANSPORTATION

Shift to solar, wind, and hydro power to reduce carbon emissions and fossil fuel reliance

REDUCE, REUSE, RECYCLE

Minimize waste by reusing items, recycling materials, and opting for sustainable products

CONSERVE WATER AND ENERGY

Implement water-saving techniques and energy-efficient appliances to lower resource consumption

