



FARM STAY

Authentic village life, spice gardens & cultural experiences

04-09 Days



hello@niceandcurrytravels.com

Package Includes

- **Eco-accommodation** at Spirit of Ceylon Retreat
- **All meals:** daily breakfast, lunch, and dinner (vegetarian & local options)
- **Private transportation & guided transfers**
- Spice farm visit & cinnamon harvesting
- Sri Lankan cooking class
- Guided hike to **Up-Diyaluma waterfall**
- **Pottery workshop** with local artisans
- Visit to **Koslanda Valley Nature Park**
- Blessing at the local Hindu Kovil
- Hike to Pilkington Point

Ads-on (depending on duration):

- Batik Workshop
- Visit and Volunteer at a local Children's Home
- Visit to a Tea Factory
- Picnic in the Koslanda Valley Nature Park
- Adventure Hiking at the Rajagiri Rocks

Locations & Destinations

- Koslanda Village
- Up-Diyaluma Falls
- Pilkington Point
- Koslanda Valley Nature Park
- Ratnapura
- Little Smile Children's Home

Not Included

- International airfare
- Personal expenses & tips
- Travel insurance
- Alcoholic beverages



Overview

Escape the tourist trail and discover the heart of Sri Lanka's hill country through our Farm Stay experiences. Here, **travel slows down and life follows the rhythm of the land**. Stay on a working organic spice farm surrounded by cinnamon gardens, waterfalls, and timeless village traditions.

Our farm stays are designed for groups, agents, and educational programs that want something more than just sightseeing. Whether you come for four days or a week, your journey combines **comfort with purpose**, leaving your group with shared memories and a stronger bond.

Why Choose a Farm Stay?



Authentic Sri Lankan
village life



Hands-on activities
(cinnamon harvesting,
cooking, pottery)



Connection with local
families and traditions



Sample Activities / Itinerary Highlights



Spice Farm Visit



Koslanda Valley Park



Cooking Classes



Hiking on Rajagiri Caves



Up Diyaluma Falls



Pottery Classes

Sample Itinerary

3 Nights/4 Days

Day 1 – Arrival, settle in at hotel, welcome dinner.

Day 2 – Spice farm & cinnamon harvest, cooking class, Koslanda Valley Nature Park.

Day 3 – Hike to Up-Diyaluma Falls, pottery workshop, blessing at Hindu Kovil.

Day 4 – Sunrise at Pilkington Point, breakfast, departure.

8 Nights/9 Days

Day 1 – Arrival & welcome dinner.

Day 2 – Farm visit, cinnamon harvest, cooking class.

Day 3 – Nature Park walk, picnic, visit Children's Home (add-on).

Day 4 – Hike to Up-Diyaluma Falls, evening blessing.

Day 5 – Pottery & batik workshops.

Day 6 – Sunrise at Pilkington Point, Rajagiri Rocks adventure.

Day 7 – Tea factory visit & scenic hill drive.

Day 8 – Reflection time, cultural dinner.

Day 9 – Farewell breakfast & departure.



Accommodation



You will be hosted at the **Spirit of Ceylon Retreat**.

Nestled in the lush hill country of Koslanda, Spirit of Ceylon Retreat is an eco-inspired sanctuary surrounded by waterfalls, spice gardens, and forests. Guests stay in comfortable rooms designed with natural materials, offering forest and valley views.

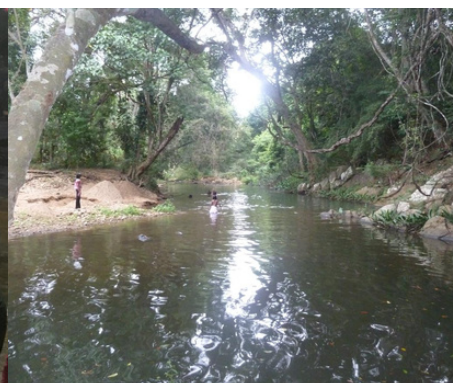
With on-site organic farming, fresh local meals, and quiet spaces for reflection, the retreat blends rustic charm with modern essentials — the perfect base for groups seeking both comfort and authenticity.

Practical Info

- Location: Koslanda hill country & surroundings
- How to get there: **4-5 hrs from Colombo, transfers arranged**
- Best season: Year-round (note waterfalls/rainy season for lush greenery)
- Cash is preferred in this area of the country.
- Please bring raincoats/rain jackets & sun lotion, as it might not be available.

Group Info & Pricing

- Duration: 4-9 days (flexible)
- Group Size: 4-20 people
- From: USD 800 per person (incl. accommodation, meals, activities) onwards
- **Special Rates: discounts for groups of 10+ and agent commissions**



EXPERIENCE FARM LIFE

Book this programme and leave a
transformed person



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