

1 6:30 AM – Depart Kuala Lumpur

• Start early to enjoy cool morning weather at the waterfall and avoid crowds at hot springs later.

? 7:30 AM − Kanching Waterfall & Rainforest Trail (Closest to KL)

- Cocation: Kanching Eco Forest Park (near Rawang)
- Drive: ~30 mins from KL
- A Highlights:
 - o Multi-tiered waterfall with natural pools.
 - o Short trails through tropical rainforest.
 - o Swim or dip at lower levels (family-friendly).
- Entry: ~RM2
- **(L)** Duration: 1.5–2 hrs
- Tip: Bring swimwear, towel, water shoes.

9:30 AM – Breakfast Stop (Optional)

• Local Roti Canai or Nasi Lemak spot near Rawang or along the PLUS Highway.



10:30 AM – Drive to Sungai Klah Hot Springs Park (Sungkai)

- Drive: ~1 hour from Kanching via PLUS Highway
- Arrive ~11:30 AM

11:30 AM – Relax at Sungai Klah Hot Springs

- PLocation: Felda Residence Hot Springs, Sungkai
- **%** Highlights:
 - o Natural hot spring pools, foot soaks, private jacuzzis.
 - o Lush garden setting, river nearby.
 - o Optional: Fish spa, hot spring egg-boiling!
- Entry: ~RM15 (adult)
- Stay: ~2 hrs of relaxation
- Tip: Private jacuzzis available for rent; bring swimwear.

1:30 PM – Lunch at Local Restaurant (Sungkai Town)

• Recommended: Local Malay food stalls or **Yik Mun Pau (Tanjung Malim)** for Chinese-style buns & noodles (30 min drive from Sungkai toward KL).

9 2:30 PM – Optional Stop: Lata Kinjang Waterfall (if you want another waterfall)

- Location: Chenderiang, Perak
- Drive: 20 min from Sungkai
- A Highlights:
 - o One of the tallest waterfalls in Malaysia.

• Quick visit + photo stop, picnic possible.

(1) 4:00 PM – Return to KL

• Drive: ~2 hours

• Estimated arrival: 6:00 PM

Summary Itinerary at a Glance

Time **Highlights** Stop 6:30 AM Depart KL Start early for nature adventure 7:30 AM Kanching Waterfall Swim, rainforest walk, natural pools 9:30 AM Breakfast (Rawang) Local food stop 10:30 AM Drive to Sungkai Scenic highway drive 11:30 AM Sungai Klah Hot Springs Soak, relax, private spa options 1:30 PM Lunch (Sungkai/Tanjung Malim) Local food or Chinese buns 2:30 PM (Optional) Lata Kinjang Falls Tall waterfall photo stop 4:00 PM Return to KL Arrive by ~6:00 PM



Travel Tips:

- Bring towel, swimwear, change of clothes.
- Water shoes useful for waterfall.
- Go early to avoid hot afternoon sun.
- Pack snacks and water for trail/hike.
- Check weather (avoid heavy rain days).



Enjoy Your Trip!

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