

30th Annual Sports Festival of Southern California and 40th CAAA Swimming Competition – Rules and Procedures

I. Purposes & Goals: To encourage sports participation, to promote friendship, and to enhance unity and harmony among over-seas Chinese and all participants.

II. Primary Organizer:
Chinese American Athletic Association, CAAA

III. Date: **10/26/2025**

IV. Location:
Woollett Aquatic Center
4601 Walnut Ave, Irvine, CA 92604

V. Age Groups:

- 7 & Under: Born 2018 or later
- 8-9: Born 2016–2017
- 10-11: Born 2014–2015
- 12-13: Born 2012–2013
- 14-15: Born 2010–2011
- 16-17: Born 2008–2009
- 18-29: Born 1996–2007
- 30-39: Born 1986–1995
- 40-49: Born 1976–1985
- 50-59: Born 1966–1975
- 60-69: Born 1956–1965
- 70-79: Born 1946–1955

VI. Events: *50m, 100m & 200m freestyle; 50m & 100m backstroke; 50m & 100m breaststroke; 50m & 100m butterfly; 200m individual medley; 100m family relay (2x50 freestyle, breaststroke, backstroke or butterfly); 200m (4x50) freestyle relay; 200m (4x50) medley relay; and 400m (4x100) freestyle relay.*

VII. Group Champions: *Group championship awards will be provided to Adult Open and Youth (Age 18 and under) categories. First, Second, & Third places championship trophies will be presented to winning teams according to total points accumulated.*

VIII. Rules for Group Scoring:

1. All Chinese schools and community swim teams/clubs are with a minimum 30 “man-event” entries are eligible for inclusion in the team total score calculation. (each individual event counts as 1 “man-event”, each family relay counts as 2 “man-event”, each 200M, & 400M relay event counts as 4 “man-event”).
2. Championship placement by categories and gender will be based on total points accumulated by each team’s male and female swimmers regardless of their ages. respective male & female swimmers and their ages. The top three (1st, 2nd, & 3rd place) finishers in each individual event and teams of family relay will be awarded 3, 2 & 1 point(s) respectively. Points will be doubled for team relay events.
3. A tie will be settled first according to the number of 1st place event won by the involved teams.
4. Further ties will be determined by the number of 2nd, and if necessary, 3rd place events won by the involved teams.

IX. Award for Individual Winners: Gold, silver & bronze medals will be awarded to the top three finishers in each event by age & gender.

X. Entry Deadline: Entries will be accepted now through **10/15/2025**.

XI. Entry Forms Accepted in Various Formats:

1. E-mail: caaa.swim@yahoo.com
2. U.S. Mail: C.A.A.A, 5093 Melbourne Dr., Cypress, CA 90630
3. Telephone: Peter Yuan, H: (714) 826-8348, Mobile: (714) 797-5537

XII. Notes on Completing Entries:

1. Entries must be accompanied by entry fees: \$6.00 for each individual event & \$12.00 for each relay event. Make checks payable to: Chinese American Athletic Association (C.A.A.A)
2. Family relays include husband & wife (H&W), father & son (F&S), father & daughter (F&D), mother & son (M&S), & mother & daughter (M&D) subgroups. **The H&W team goes by the wife’s age.** For other family relay events, the team goes by the age of the child.

XIII. Restrictions: All events will be conducted by age group & gender, there will be no event entry limitation for all swimmers. With age group of 18-29 as the central base, older &

younger swimmers are allowed to converge toward the central base & compete in age groups other than their own; No on-site entries will be accepted on the day of the Meet.

XIV. *Schedule of Events: Time for all events are specified in the Meet Manual. All deviations from the established schedule will go by on-site announcements being made by meet officials. No-show or late-responding swimmers shall be defaulted after the third roll call.*

XV. *Roll call will be done following on-site announcement of each event. Competing swimmers will be ushered to designated seat/lane following roll call & stay ready for start of event.*

XVI. *Lane assignment is based on draw done by meet organizers. Different age groups may be combined to expedite execution of the meet (with placement kept separately for each group).*

XVII. *All placements will be by time. Swimmers finishing in the top 3 will be the final winners in that event when 2 or more preliminary heats are run for that event.*

XVIII. *200m Medley Relay: 4 x 50m in sequence of backstroke, breaststroke, butterfly & freestyle*

XIX. *200 Individual Medley: 4 x 50M in sequence of butterfly, backstroke, breaststroke & freestyle*

XX. *All swimmers should keep clear of the pool area at the completion of each event; non-competitors (including team staff, coach & parents) are NOT allowed in the pool area.*

XXI. *False Start: A false start for any swimmer(s) will result a disqualifying for that individual or the team they are associated with in a relay event. The other swimmers/teams should continue the competition.*

XXII. *In case of bad weather/rain, any postponement will be determined by the organizer. Events will proceed as scheduled before any such announcement is made.*

XXIII. *Amendments to the rules & procedures will be made as necessary.*

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Purpose & Goals

To encourage sports participation, to promote friendship, and to enhance unity and harmony among over-seas Chinese and all participants.

Organizer

Chinese American Athletic Association (CAAA)

Date

October 26, 2025

Location

***Woollett Aquatic Center
4601 Walnut Ave, Irvine, CA 92604***

Age Groups

- 7 & Under: Born 2018 or later
- 8-9: Born 2016–2017
- 10-11: Born 2014–2015
- 12-13: Born 2012–2013
- 14-15: Born 2010–2011
- 16-17: Born 2008–2009
- 18-29: Born 1996–2007
- 30-39: Born 1986–1995
- 40-49: Born 1976–1985
- 50-59: Born 1966–1975
- 60-69: Born 1956–1965
- 70-79: Born 1946–1955
- 80-89: Born 1936–1945
- 90 & Over: Born 1935 or earlier

Events

The competition includes following events for men and women:

- 50m, 100m, and 200m freestyle
- 50m and 100m backstroke
- 50m and 100m breaststroke
- 50m and 100m butterfly
- 200m individual medley

- 100m family relay (2x50m freestyle, breaststroke, backstroke, or butterfly)
- 200m (4x50m) freestyle relay
- 200m (4x50m) medley relay
- 400m (4x100m) freestyle relay

Group Champions

Awards for group champions will be given to both Adult Open and Youth (18 and under) categories. First, second, and third place championship trophies will go to teams with the highest total points.

Rules for Group Scoring

- Chinese schools and community swim teams/clubs with at least 30 “man-event” entries qualify for team score calculation. Each individual event equals 1 “man-event,” family relays count as 2, and 200m/400m relays count as 4 “man-events.”
- Placement within each category and gender is determined by each team’s total points from both male and female swimmers, regardless of age. First, second, and third place finishers in individual events and family relays earn 3, 2, and 1 point(s) respectively. Points for team relays are doubled.
- Ties are broken first by the number of first-place finishes by the tied teams.
- If a tie persists, it is decided by the number of second, and then third, place finishes.

Awards for Individual Winners

Gold, silver, and bronze medals will be awarded to the top three finishers in each event by age and gender.

Entry Deadline

All entries must be received by October 15, 2025.

Entry Submission Methods

- Email: *caaa.swim@yahoo.com*
- U.S. Mail: *CAAA, 5093 Melbourne Dr., Cypress, CA 90630*
- Telephone: *Peter Yuan, Home: (714) 826-8348, Mobile: (714) 797-5537*

Notes on Completing Entries

- Entries must include entry fees: *\$6 per individual event and \$12 per relay event. Make checks payable to Chinese American Athletic Association (CAAA.).*
- Family relays include husband & wife (H&W), father & son (F&S), father & daughter (F&D), mother & son (M&S), and mother & daughter (M&D). H&W teams use the *wife’s age* for categorization; all other family relays use the *child’s age*.
- All events are organized by age group and gender. There is no limit to the number of events a swimmer may enter.
- With the 18-29 age group as the central base, participants may move up or down to compete in different age groups as needed.

- No on-site entries will be accepted on the competition day.

Schedule of Events

Event times are detailed in the Meet Manual. Any changes to the schedule will be announced on-site by meet officials. Swimmers who miss or are late for roll call after three announcements will forfeit their event.

Roll Call

After the on-site announcement of each event, swimmers will be guided to their assigned seat or lane and should be ready to start.

Lane Assignment

Lanes are assigned by draw. Age groups may be combined to streamline the meet, but results are kept separate for each group.

Placement

All event placements are based on time. In events with multiple preliminary heats, the top three fastest swimmers are declared winners.

200m Medley Relay

This event consists of 4x50m relays swum in the order: backstroke, breaststroke, butterfly, and freestyle.

200m Individual Medley

Swimmers will complete 4x50m in the following sequence: butterfly, backstroke, breaststroke, and freestyle.

Pool Area Conduct

Swimmers must clear the pool area after their event. Only competitors, not team staff, coaches, or parents, are allowed in the designated pool area.

False Starts

Any swimmer or relay team making the second false start will be disqualified for that event, but all other competitors should continue the race.

Weather and Postponements

In case of inclement weather, the organizer will determine any postponements. All scheduled events proceed unless an announcement is made.

Rule Amendments

Adjustments to rules and procedures may be made if necessary.