



# Breakfast Menu

Available 8am-3pm Daily. Closed Tuesday.

## Breakfast-y Shareables

**Pancake Hushpuppies** \$5.99

A basket of our house specialty with berry compote and syrup

**Spicy Breakfast Skillet\*** \$9.99

Potatoes, bacon, jalapenos, onions, peppers, scrambled, rancheros sauce, mixed cheese in a cast iron skillet with tortilla chips.

## EveryDay \$6.99 Values

*Served with choice of potatoes, grits, cheesy grits (+\$1) or fresh fruit/berries (+\$1).*

**All American\*** \$6.99

Choice of 2 eggs any style, breakfast meat or vegetarian option, choice of toast

**Berry French Toast** \$6.99

Grilled white bread French toast topped with berry compote and whipped cream. *Add 2 eggs\* and/or choice of breakfast meat for just \$1.99*

**Biscuits N Gravy** \$6.99

Buttermilk biscuits, sausage gravy  
Add Fried Chicken \$2.99

**Chicken Biscuit** \$6.99

Fried chicken breast on our biscuit

## Breakfast Classics

*Served with choice of potatoes, grits, cheesy grits (+\$1) or fresh fruit/berries (+\$1).*

**WB French Toast** \$10.99

*As featured on Diners, Drive ins and Dives!*  
2 Thick slices of house made cinnamon raisin bread dunked in our secret batter and flash fried. *Add 2 eggs\* and/or choice of breakfast meat for only \$1.99.*

**Huevos Rancheros \*** \$7.99

2 over easy eggs, ranchero sauce, shredded cheese, Pico de Gallo, avocado, sour cream. Add steak tips for \$6

**Pulled Pork Enchiladas \*** \$12.99

2 pork and cheese enchiladas, our ranchero sauce, 2 over easy eggs, Pico de Gallo

**Paleo\*** \$12.99

Grilled chicken and shrimp with sauteed peppers and onions topped with 2 over easy eggs and avocado with a side of hollandaise.

**Maple Bourbon Steak n Eggs\*** \$17.99

Choice of 2 eggs any style, New York Strip or Filet Mignon with maple bourbon glaze, toast

## Avocado Toast

**Plain Jane\*** \$7.99

Avocado spread, house seasonings on grilled Cuban bread with 2 over easy eggs

**Life's Short! Eat the Bacon\*** \$9.99

Avocado spread, house seasonings on grilled Cuban bread with 2 over easy eggs, candied bacon AND applewood bacon

**Health Nut\*** \$9.99

Avocado spread, house seasonings on grilled Cuban bread with 2 over easy eggs, onions, mushrooms, spinach, tomatoes, balsamic glaze

**Flaming Avocado\*** \$9.99

Avocado spread. house seasonings on grilled Cuban bread with jalapenos, habanero relish, siracha, and 2 over easy eggs

## All About the Benedicts

*Served with choice of potatoes, grits, cheesy grits (+\$1) or fresh fruit/berries (+\$1).*

**SNS Benedict\*** \$12.99

Grilled ham with 2 poached eggs atop grilled Cuban bread with hollandaise.

**Surfer Benedict\*** \$12.99

Country ham with 2 poached eggs atop English muffin with hollandaise.

**Steak Benedict\*** \$19.99

NY Strip or Filet Mignon, spinach, mushrooms, 2 poached eggs atop Cuban bread with hollandaise, steak sauce and onion straws.

**Salmon Benedict\*** \$17.99

Salmon and 2 poached eggs atop Cuban bread with sauteed spinach and hollandaise.

**Meatloaf Benedict\*** \$12.99

Meatloaf, Spinach, Tomato Jam, Onion Straws, poached eggs, hollandaise.

**Scallop Benedict\*** \$16.99

Scallops, spinach and poached eggs atop English muffin with hollandaise.

**Eggs Florentine\*** \$12.99

Onions, mushrooms, tomatoes, spinach, poached eggs atop Cuban bread with hollandaise.

**Breakfast Meat/Veggie Selections:** bacon, sausage patties, grilled ham, corned beef, country ham, chicken sausage links, tomatoes (raw or grilled), wilted spinach, sauteed mushrooms and/or onions and/or peppers

**Breakfast Bread Selections:** sourdough, multigrain, white, marble rye, cinnamon raisin, English muffin, Cuban, croissant, biscuit, gluten free bread (add \$1)

\*Items cooked to order. Consumption of raw and/or undercooked meat, seafood, shellfish, poultry, or eggs, may increase your risk of foodborne illness.

All prices listed are cash prices. All credit card transactions will incur a 3.5% convenience fee. Parties of 7 or more will be charged an 18% gratuity.

## Breakfast Bowls

<b>SnS Shrimp N Grits</b>	<b>\$18.99</b>
Blackened shrimp, smoked sausage, bacon, onions, mushrooms, fried grit cake, cream sauce	
<b>Chicken &amp; Potato Poutine</b>	<b>\$12.99</b>
Scrambled eggs and fried chicken over a bed of potatoes, smothered in our sausage gravy.	
<b>Our Corned Beef Hash*</b>	<b>\$11.99</b>
Shaved Corned Beef over breakfast potatoes, two over easy eggs, side hollandaise	
<b>Diggler Bowl*</b>	<b>\$12.99</b>
Country ham, bacon, sausage. 2 over easy eggs over cheese grits	
<b>Who Dat Bowl*</b>	<b>\$13.99</b>
Blackened shrimp, onions, bell peppers, smoked sausage, tomatoes, OE eggs atop cheese grits	
<b>Tree Hugger Bowl*</b>	<b>\$11.99</b>
Sautéed spinach, mushrooms, onions, tomatoes, 2 over easy eggs over stone ground grits.	
<b>Denver Bowl*</b>	<b>\$11.99</b>
Grilled ham, peppers, onions, 2 over easy eggs over cheese grits	
<b>Chicken and WB Toast*</b>	<b>\$15.99</b>
Chicken bites, bacon, OE eggs atop Wrightsville Beach toast bites with maple bourbon glaze	

## 4 Egg Omelets

*Served with choice of potatoes, grits, cheesy grits (+\$1) or fresh fruit/berries (+\$1) or toast*

<b>Carnivore's Creation</b>	<b>\$13.99</b>
Country ham, bacon, sausage, cheddar-jack	
<b>Raj'n Cajun</b>	<b>\$14.99</b>
Blackened shrimp, sautéed onions, bell peppers, smoked sausage, tomatoes, mozzarella	
<b>Meatless Masterpiece</b>	<b>\$12.99</b>
Sautéed spinach, mushrooms, onions, tomatoes, mozzarella	
<b>Wham Ham</b>	<b>\$11.99</b>
Grilled ham, Swiss, Gruyere, cheddar-jack, American	
<b>Banks Channel</b>	<b>\$17.99</b>
Shrimp, scallops, mahi, spinach, mushrooms, Gruyere, Swiss	
<b>Western</b>	<b>\$12.99</b>
Grilled ham, peppers, onions, cheddar jack	
<b>The Loop</b>	<b>\$13.99</b>
Egg white omelet, chicken sausage, peppers, onions, tomato, avocado	

## Breakfast Sandwiches

*Served with choice of potatoes, grits, cheesy grits (+\$1) or fresh fruit /berries (+\$1).*

<b>K.I.S.S.</b>	<b>\$8.99</b>
Cheesy scrambled and choice of breakfast meat/veggies on choice of bread or as a wrap	
<b>Sloppy Wet K.I.S.S.</b>	<b>\$8.99</b>
Just like our K.I.S.S., but with over medium eggs.	
<b>SW Breakfast Burrito</b>	<b>\$13.99</b>
Bacon, sausage, country ham, cheddar-jack, scrambled, avocado, Pico de Gallo, sour cream	
<b>Monte Cristo Cordon Bleu</b>	<b>\$14.99</b>
Fried chicken breast, ham, Swiss and maple bourbon glaze on flash fried white French toast	
<b>Kickin' Chicken</b>	<b>\$14.99</b>
Fried chicken breast in buffalo sauce, jalapenos, habanero relish, bacon, cheesy scrambled eggs on a brioche bun	
<b>Spicy Wrap</b>	<b>\$10.99</b>
Cheesy scrambled, jalapenos, habanero relish, blackened smoked sausage in a wrap	
<b>Veggie Breakfast Wrap</b>	<b>\$9.99</b>
Spinach, mushrooms, onions, tomatoes, egg whites and mozzarella in a wrap	
<b>Skinny Wrap</b>	<b>\$11.99</b>
Chicken sausage, peppers, onions, tomato, avocado, egg whites in a wrap	

## AMAZING Everyday Values - Affordable Quality Every Day!!!!

- All non-alcoholic beverages (Iced tea, Pepsi products, coffee, juice, milk) have been reduced to \$1.49!!!!
- Our Famous 18oz Classic Mimosas are now only \$4.99. Specialty Mimosas are now only \$8.99
- Our tall house Bloody Mary's are only \$4.99 (add \$1 for the Bloody Wench!)
- Breakfast shots (Jameson and Buttershots with a bacon and OJ chaser) are also only \$4.99!!!
- ALL Beer is now \$2.99
- ALL house wines are \$3.99

*Sweet n Savory, 1611 Pavilion Place, Wilmington, NC 28403, 910-256-0115, [www.sweetnsavory.cafe](http://www.sweetnsavory.cafe)*