



The Purifoy-Savage Psalm, Black History Edition

Honoring Our Roots, Celebrating Our Legacy



A Message of Heritage and Unity

Our family stands in a long line of strength, creativity, faith, and resilience. As we look back on Black History Month, we honor the Black history that shaped our nation and the Purifoy-Savage history that shaped us. Every ancestor, and every story is part of the legacy we carry forward. Every month is Black History Month for our family!

Celebrating Black History

- **Faith that sustained generations** — Mack Purifoy sent his daughter Mildred to college with \$100 and the faith that “If you get all A’s, someone will give you a scholarship.”
- **Education as liberation** — Wilbert Purifoy graduated from dental school and employed family members, modeling professionalism and generosity.
- **Culture that shaped America** — Uncle Al is an accomplished artist who has received awards for his pieces.
- **Courage in action** — Jerald Purifoy served as a missionary doctor in Africa and cared for patients in Detroit.

Family Achievements

Career & Businesses

- Marteel celebrated her 16th year of leadership at the Law Office of Marteel Lamb LLC.



Academic Milestones

- Barbara Purifoy is an accomplished dental professor who has been teaching students for years.

Creative Works & Performances

- Juanita and Paralee are excellent quilters. Juanita donated a quilt that received a handsome prize at the reunion to support our family fund.

Community Authorship

- Cousin Kia has written a book, sharing her knowledge with the community.



Personal victories

- Anna has expanded her personal garden into sharing her knowledge at her local school, teaching students and teachers how to garden and including parents in the

community project.

- Selena Purifoy continues Mildred Purifoy’s legacy through excellence in vision care as an assistant optical manager.

Honors Earned by Our Children

- James and his team were the Varsity League champions after a hard-fought battle against the Port Huron Patriots.

Featured Devotional Message — By Beverly Watkins

Ephesians 4:1-3 — A Call to Unity, Love, and Purpose

“As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace.” — *Ephesians 4:1-3 (NIV)*

Paul reminds us that the Christian life is lived together—intentionally, humbly, and with love. Unity is not accidental; it is something we protect and nurture.

Nobody is a whole chain. Each one is a link. Nobody is a whole team. Each one is a player. Nobody is a whole orchestra. Each one is a musician.

Remove one link, and the chain breaks. Remove one player, and the game is forfeited. Remove one musician, and the symphony is incomplete.

We need each other. Our strength and our power are found in our unity.

As we enter Spring—a season of newness and growth—may unity shape our conversations, our relationships, and our family bond.

My prayer for you: unity, increased faith, hope, peace, joy, and love without end. — *Beverly Watkins*



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Wellness — *By Deanna Purifoy, MBA* *Strengthening the Brain Through New Skills*

Learning a new skill is one of the most powerful ways families can protect and strengthen brain health. Research shows that mentally stimulating activities create new neural connections, improve memory, and help reduce cognitive decline over time.

Some of the best skills for cognitive health are enjoyable and family-friendly. Learning a foreign language strengthens brain connectivity and memory. Playing a musical instrument enhances sensory and motor function. Dancing increases processing speed, coordination, and recall. Strategy games such as Chess or Spades sharpen critical thinking and focus. Creative arts like painting or crafting improve cognitive flexibility, while physical activities such as Zumba or yoga boost overall brain performance.

Consistency is key. Just ten minutes of daily practice is more effective than occasional long sessions. As a family, choose one new skill and grow together—your brains will thank you for it.

.SAVE THE DATE — 2027 Savage-Purifoy Family Reunion

JOIN US FOR THE 2027 Savage-Purifoy Family Reunion It's been a long time since we all got together. Join us for a fun weekend in **Chicago, Illinois!**

Reunion Dates

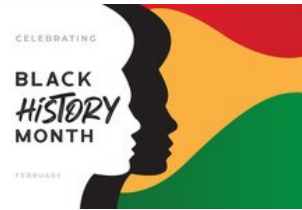
Thursday, July 15, 2027 — Sunday, July 18, 2027

Reunion Website

PURIFOY-SAVAGE.COM Visit the website for updates, announcements, and future registration details. Information regarding registration, hotel, and activities will be sent later.

PRAYER REQUESTS

Cousin Beverly—Healing after her surgery.
God's blessings on our family for a safe New Year
Marteal—healing for friend Enoch, just out of the hospital and starting work again this month.
Juanita—Healing for her cancer.
Charles—Praise that he's healing from the broken ankle, and prayer for full healing.
Andre—praise that he is doing well.
Toya—praise that she's recovered from her surgery.
Kameron—grace for educational resources & support.



Black History – Our family heritage

Our family has a rich heritage of achievement and caring that spans generations. Mack Purifoy Sr. started out as a sharecropper. He left poverty in the South to start a new life further north in Michigan, working in the auto industry to provide for his family. Highlights from his family included Maxine, a hard-working mother of five, Carl, who raised two sons and worked in security. Wilbert, a dentist, one of the first Purifoy's to graduate from college.

Mildred became an eye doctor, and joined her brother in employing family members, and being a blessing to the community through health classes and mission trips. She was not alone. Cousin Jerald also became a doctor and took mission trips as well. Paralee rose to become an educator, then went into school leadership, and is now an author.

Juanita mastered the sciences and became a pharmacist and mother of four accomplished children. All of Mack Purifoy's children had their own children who have gone forward to achieve and add their own histories to the growing family tree. God has blessed, and we are privileged to be a blessing to others!

Invest In Your Retirement by LaToya Mallette

Take an active role in your retirement planning. Don't just contribute and forget about it, get involved. Ask questions about how your retirement accounts are invested and understand the options available to you. Learn the difference between investment choices and how they align with your long-term goals.

Think carefully about what you want your retirement to look like. Consider questions such as:

- What age do you want to retire?
- How much income will you need to maintain your lifestyle?
- When can you receive the greatest benefit from your retirement savings?

Understanding these goals will help guide your investment decisions. The best retirement strategy is one that balances growth, risk, and time so that your savings can support you when you are no longer working. The more informed you are, the better prepared you'll be.