

# PERU MYSTIC JOURNEY

13D/12N

2026



A sacred journey through the Andes where the soul remembers its origin: ancestral rituals, living mountains, stars, silence, and deep love guiding a conscious rebirth in the heart of time.



MYSTIC LANDS PERÚ  
tu destino

1  
DAY

DAY 1 – December 10

# ARRIVAL IN CUSCO

## ALLIN CHUSAY – CEREMONIAL WELCOME



From the moment participants arrive in Cusco, the journey begins to unfold not only as a geographical displacement, but as an entrance into a deeper inner territory. At the airport, each person is received with presence and care, understanding that arrival in this Andean city is also an inner descent. The transfer to the hotel is carried out calmly, allowing the body to gradually adapt to the altitude, the breath to find its rhythm, and the mind to begin releasing external tensions.

Once settled, we proceed to Allin Chusay, the welcome ceremony. This first act does not seek to demand, but to open. Through the breath of energy and the coca leaf, a dialogue is established with the earth, asking permission to walk and to begin the process that each person carries within. The coca plant, sacred in the Andes, acts as messenger and protector, aligning personal intention with ancestral wisdom of the place.

This ceremony marks the threshold of the retreat, creating a space of connection and mutual recognition. The day concludes with a hotel dinner, where silence allows the experience to settle, preparing the body and spirit for the profound days to come.

### TIPS

Bring sunscreen, a hat and sunglasses for intense sun, a light jacket for cool nights, and always carry water to stay hydrated.

### KEY POINTS

- Pick-up time:** Variable
- End time:** Variable
- Duration:** Variable
- Meals included:** Dinner
- Accommodation:** Cusco



### INCLUDES

- Dinner
- Airport pick-up
- Welcome ceremony
- Medical support from the moment of arrival
- Accommodation in Cusco
- Mineral water

### NOT INCLUDED

- Lunch , breakfast
- Travel insurance
- Tips



2  
DAY

DAY 2 – December 11

# WOMB OF PACHAMAMA



The day begins with breakfast, preparing the physical, emotional, and energetic body for a sacred walk that is not a conventional tour, but a conscious return to the origin of being. From the morning, we embark on the spiritual path “The Womb of Pachamama,” traveling through ancestral trails of Cusco where each step invites silence, contemplation, and inner listening.

The first stop is Zone X, The Threshold of Mystery, a place where intention for the journey is opened with respect and presence. Here, each participant’s energy field begins to align, preparing to receive the sacred memories of the territory. We continue toward the Temple of the Moon, a powerful energetic vortex of deep healing and spiritual rebirth.

In this sacred womb, introspection, conscious silence, and the opening of the heart are honored. The journey then proceeds to Killarumiyoc, the Heart of Pachamama, a powerful energetic center and ancestral guardian. Here, gratitude is expressed, awakening Andean memory and aligning with the living force of the Earth.

The path is sealed at Casa Mística / Mystic Home with an offering to the Earth, followed by a circle of energy, chanting, and meditation that integrates the experience, allowing it to continue resonating in daily life with awareness.

## TIPS

Bring sunscreen, a hat, and sunglasses for intense sun, a light jacket for cool nights, and always carry water to stay hydrated.

## KEY POINTS

**Pick-up time:** 8:00 hrs

**End time:** 15:00 hrs

**Duration:** 7 hours

**Meals included:** B + L + D

**Accommodation:** Cusco



## INCLUDES

- Breakfast, lunch, and dinner
- Guided spiritual walk
- Ancestral ceremonies
- Offering to Pachamama
- Energy circle and meditation
- Spiritual guide from the Q'eros family
- Bottled water

## NOT INCLUDE

- Additional transport not specified
- Personal expenses or personal ritual items



3  
DAY

DAY 3 – December 12

# CHUMPI & KARPAY

## HEALING TECHNIQUE



The third day of the retreat is dedicated to one of the deepest and most structural practices of the Andean tradition: healing with Chumpis and the Karpay initiation. The day begins with breakfast, preparing the body and mind for a day of learning, practice, and energetic alignment.

Throughout the day, the Chumpi Workshop takes place, an intensive space where participants come into contact with the ancestral wisdom transmitted by the Apaza lineage. During this process, the meaning of the Chumpi stones is studied — their seven spirits, their sacred order, and their relationship with the three worlds of the Andean cosmivision: Hanaq Pacha, Kay Pacha, and Ukhu Pacha. Participants learn to recognize the body's energetic centers from the Inca perspective, to identify hucha (heavy energy), and to work with cleansing, protection, and balancing techniques.

Later, the Chumpi Karpay is performed, a ceremonial initiation that awakens connection with the guardian spirits and allows the personal mesa to be arranged. The rhythms of the day align consciously with the group's energy. The day concludes with rest and integration at the hotel in Cusco.

### TIPS

Honor the energy with respect and humility; listen more than you speak, because true healing is born from conscious silence.

### KEY POINTS

**Pick-up time:** Variable

**End time:** Variable

**Duration:** Variable

**Meals included:** B + L + D

**Accommodation:** Cusco

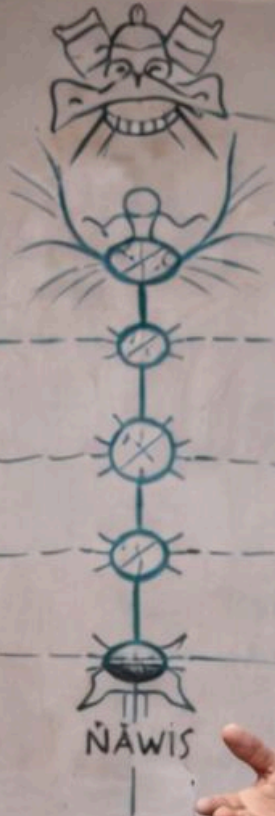


### INCLUDES

- Accommodation in Cusco
- Breakfast, lunch, and dinner
- Chumpi Workshop (theoretical and demonstrative)
- Accompaniment by guides and masters
- Group Chumpi Karpay
- Energetic practices
- Altomesayoq Fam. Apaza
- Bottled water

### NOT INCLUDES

- Seguro de viaje.
- Propinas.



Hanan Pacha

Kay Pacha

Ukhu Pacha

NÄWIS

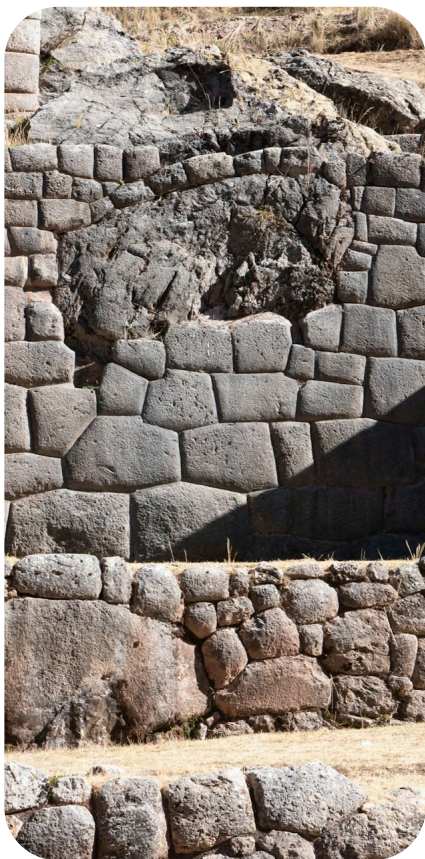


4  
DAY

DAY 4 – December 13

# ORION STARS INITIATION

## ENERGY INITIATIONS / TRANSMISSIONS



This day is dedicated to one of the most sacred transmissions of the Andean lineage: the Initiation of the Orion Stars, a practice of spiritual empowerment that transfers blessings, protection, and profound healing through connection with ancestral cosmic forces. In the Inca cosmovision, the Orion constellation represents the Chakana, the sacred bridge uniting dimensions, energies, and wisdom, reminding us of our bond with the universal order.

In the morning, we begin the journey by visiting Sacsayhuamán, a majestic ceremonial and astronomical center that safeguards the ancestral energy of Cusco. There, a first connection is made with the stone memory and the strength of the Andean lineage. Later, we travel to Tambomachay, where we meet with the Apaza family. From this point, we ascend to the upper part of the complex, a deeply silent space charged with energetic power, where the Initiation of the Orion Stars is carried out by the masters of the Apaza lineage.

During the ceremony, the three stars of Orion are opened, representing the three worlds: Hanaq Pacha, Kay Pacha, and Ukhu Pacha. Upon returning to the city, we visit Qoricancha, the ancient Temple of the Sun, to close the energetic circuit. After sharing lunch, we return to the hotel, integrating the experience in calmness and contemplation.

### TIPS

Bring sunscreen, a hat, and sunglasses for intense sun, a light jacket for cool nights, and always carry water to stay hydrated.

### KEY POINTS

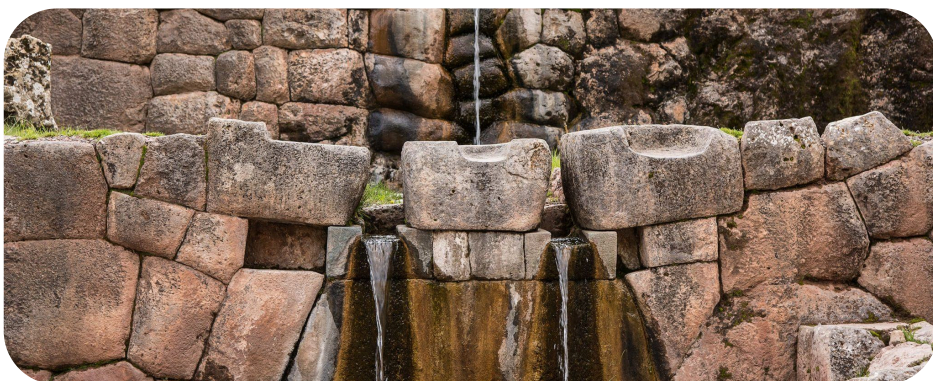
**Pick-up time:** 7:30 am

**End time:** 4:30 pm

**Duration:** 8 hours

**Meals included:** B + L + D

**Accommodation:** Cusco



### INCLUDES

- Breakfast, lunch, and dinner
- Round-trip transfers Cusco
- Spiritual guide and ceremonial accompaniment
- Orion Stars Initiation Ceremony
- Non-touristic sacred site
- Altomesayoc Fam. Apaza
- Bottled water

### NOT INCLUDE

- Personal expenses
- Personal ritual items (optional)



5  
DAY

DAY 5 – 14 de diciembre

# SACRED VALLEY OF THE INCAS



The day begins at 7:00 a.m. with departure from Cusco, as the city slowly awakens and the mountains receive the first light of day. The Sacred Valley unfolds as an energetic corridor where each river, stone, and mountain holds ancestral memory.

The first visit is Pisac, an ancient ceremonial and agricultural center. Its terraces and temples reveal the profound Inca knowledge of time cycles and their sacred relationship between the sky and the earth. Here, intention is honored through travel, connecting with Pachamama and the valley's protective energy.

We continue toward Ollantaytambo, a living city and temple of stone. In this space, a guided breathing and meditation circle is held to align body, mind, and spirit, opening the heart and strengthening connection. The mountains act as silent guardians, amplifying the group's energy and facilitating a deep state of presence and inner clarity.

In the afternoon, the journey continues to Moray, an ancient laboratory of agricultural and energetic transformation, where we reflect on processes of change and adaptation. Finally, we visit the Maras Salt Mines, a symbol of natural balance between water, earth, and human work.

The return to Cusco is approximately at 7:00 p.m., closing the day with integration, gratitude, and conscious silence.

## TIPS

Walk through the Sacred Valley with presence and humility; breathe deeply, listen to the mountains, and allow silence to bring order to your inner world.

## KEY POINTS

**Pick-up time:** 6:40 hrs

**End time:** 19:00 hrs

**Duration:** 12 hours

**Meals included:** B + L + D

**Accommodation:** Cusco



## INCLUDES

- Breakfast, lunch, and dinner
- Hotel pick-up
- Tourist transportation
- Professional guide
- GTT (General touristic ticket)
- Entrance ticket to salineras
- Guided breathing and meditation circle in Ollantaytambo
- Bottled water
- 1 night hotel in Cusco.

## NOT INCLUDE

- Tips
- Travel insurance (optional)



6  
DAY

Day 6 – December 15

# PLEIADES INITIATION

## ENERGY INITIATIONS / QOTO KARPAY



The second day begins early, when the city of Cusco is still silent and the cold invites inner recollection. After breakfast, we depart at 8:00 am toward the sacred site of Wanu Kara, in the district of Wanakaure, one of the most ancient and powerful temples in the world. The journey forms part of the process: a symbolic transit where the body moves, the mind quiets, and the spirit opens to a profound experience.

Around 11:00 am the Pleiadian ceremony begins, a ritual walk accompanied by meditation and energetic work with intention. In this sacred space, the Transmission of the Pleiades — Qoto Kuna Karpay — takes place, an ancestral initiation that allows one to receive the energy of the sister stars, considered a living huaca within the Andean cosmivision. For the ancient Incas, these stars protected Pachamama and guided sacred decisions; even temples like Machu Picchu were aligned with their light.

During the ceremony, the altomesayoq opens a space of connection with the higher realms. It is not necessary to change; it is enough to participate and receive this transmission, which helps to work on deep fears and awaken intuition. At 12:30 pm a more silent and introspective stage takes place. Around 1:30 pm we begin the return, and at 3:00 pm we arrive back at the hotel.

### TIPS

Walk in silence, breathe with awareness, and allow the energy of the place and the stars to guide your inner process.

### KEY POINTS

**Pick-up time:** 8:00 am

**End time:** 3:00 pm

**Duration:** 7 hours

**Meals included:** B + L + C

**Accommodation:** Cusco



### INCLUDES

- Andean breakfast and lunch Hotel – Wanakaure – Hotel transfers
- Entrance fee
- Pago Qero Pleiades Energy
- Transmission Ceremony Ritual walk and guided meditation
- Altomesayoq Fama Apaza
- Accommodation in Cusco
- Bottled water.

### NOT INCLUDED

- Travel insurance
- Tips



7  
DAY

DAY 7 – December 16

# ROUTE OF THE SUN CUSCO TO PUNO



The day begins at 7:00 a.m. with departure from Cusco in private transportation, accompanied by an exclusive guide for the group, allowing for an intimate and conscious journey through one of the most symbolic corridors of southern Peru: the Route of the Sun.

The first stop is Tipón, a temple of water and sacred engineering, where the fluidity and balance of life are honored. We then continue to Andahuaylillas, known as the Sistine Chapel of the Americas, a space that integrates art, spirituality, and ancestral memory.

The journey continues to Raqchi, an ancient sanctuary dedicated to Wiracocha, creator of the universe in the Andean cosmivision. Here we reflect on origin, creative force, and personal purpose.

At midday, we arrive in Sicuani, where a restorative lunch is served, followed by a visit to the thermal baths, allowing the body to release tension and harmonize with the rhythm of the journey.

In the afternoon, the route continues toward Puno, arriving approximately at 6:00 p.m. The day concludes with rest at the hotel, on the shores of Lake Titicaca, preparing the spirit for the experiences to come.

## TIPS

Bring sunscreen, a hat, and sunglasses for intense sun, a light jacket for cool nights, and always carry water to stay hydrated.

## KEY POINTS

**Pick-up time:** Variable

**End time:** Variable

**Duration:** Variable

**Meals included:** B + L + D

**Accommodation:** Puno



## INCLUDES

- Breakfast, lunch, and dinner
- Tourist transportation
- Professional guide
- Overnight in Puno hotel
- Bottled water
- Accommodation in Puno

## NOT INCLUDE

- Detailed meals
- Travel insurance
- Tips
- Entrance to the thermal baths (optional)



8  
DAY

DAY 8 – December 17

# LAGO TITIKAKA

## PUNO FULL DAY



The day begins early with transfer to the port of Puno, where the group boards to navigate the sacred waters of Lake Titicaca, considered in the Andean cosmovision as the place of origin of the Sun and humanity. From the very first moment, the lake presents itself as a living mirror that invites silence and contemplation.

The first visit is to the Uros Islands, floating islands built from totora reeds, where the inhabitants share their ancestral way of life and their deep relationship with the water. Here, we reflect on adaptation, community, and balance with nature.

The navigation continues to Taquile, an island recognized for its communal organization and ancestral wisdom. After a gentle walk, a local lunch is enjoyed, prepared with products from the lake and the land, integrating body and energy.

Throughout the journey, the lake acts as a silent teacher, helping to calm the mind and harmonize the emotional field. In the afternoon, we return to the port of Puno, closing the day with a sense of depth, gratitude, and inner connection.

### TIPS

When visiting Puno, bring warm clothing, especially for cold nights. Do not forget sunscreen, insect repellent, water, comfortable shoes, and a camera to capture the beautiful landscapes of Lake Titicaca.

### KEY POINTS

**Pick-up time:** 8:00 hrs

**End time:** 17:30 hrs

**Duration:** 12 hours

**Meals included:** B + L + D

**Accommodation:** Puno



### INCLUDED

- Breakfast, lunch, and dinner
- Bus terminal reception
- Fast boat to visit the islands
- Uros / Floating Islands Tour – Museum
- Puerta del Sol
- 1 Night hotel Puno.
- Bottled water

### NOT INCLUDED

- Tips
- Travel insurance (optional)



9  
DAY

DAY 9 – December 18

# ARAMU MURU

## PORTAL OF REBIRTH



The day begins at 7:30 a.m. with departure from Puno toward one of the most enigmatic spaces of the Andean highlands: Aramu Muru. The journey is accompanied by a mystical guide who introduces the group to the spiritual meaning of the path, preparing intention and the energetic field for the experience.

Upon arriving at the portal, an Andean offering to Pachamama is performed, a ceremonial act that opens the space of respect and connection. Aramu Muru is recognized as an energetic center of visualization, memory, and rebirth, where silence allows the essential to be heard. Participants are invited to release old burdens and symbolically cross the threshold into a new inner stage.

Afterward, we visit the Petrified Forest, a natural landscape of rock formations that awaken contemplation and awe, reminding us of the creative force of the Earth. The journey continues to a viewpoint overlooking Inca Uyu, an ancient ceremonial space associated with creative energy. Here, a guided meditation is practiced, aligning breath, intention, and presence.

Return to Puno is around 2:00 p.m., allowing time for integration and rest, and preparing for the following day's train journey from Puno to Cusco.

### IMPORTANT

If the group returns to Cusco by night bus, the following day will be free for rest and integration. If they prefer to remain in Puno, the next day we will return to Cusco by train, prioritizing comfort and recovery.

### KEY POINTS

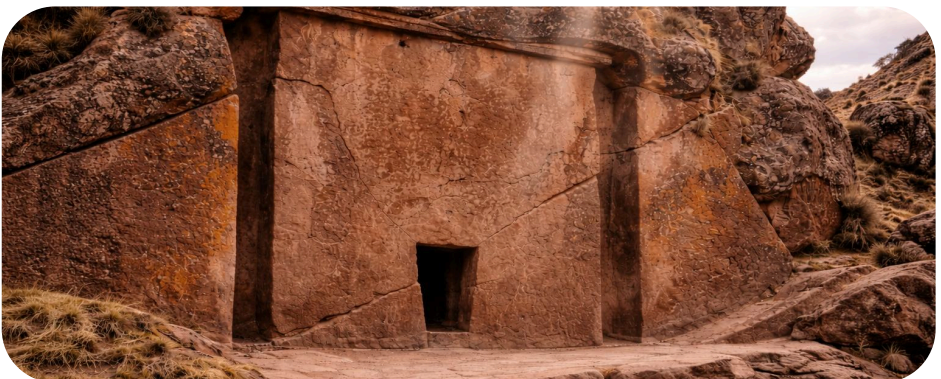
**Pick-up time:** 7:30 am

**End time:** 2:00 pm

**Duration:** 7 hours

**Meals included:** B + L + D

**Accommodation:** Puno



### INCLUDE

- Breakfast, lunch, and dinner
- Round-trip private transportation
- Andean mystical guide
- Andean ceremony of connection and rebirth at Aramu Muru
- Visit to the Petrified Forest
- Viewpoint overlooking Inca Uyu
- Guided meditation space
- Bottled water

### NOT INCLUDE

- Personal ritual items (optional to bring)
- Personal expenses
- Voluntary tips
- Travel insurance



# 10 DAY

DAY 10 – December 19

# TRAIN TO PUNO

## CUSCO



The journey begins in the city of Puno at 6:30 a.m., boarding the prestigious TITICACA train operated by PeruRail, one of the most scenic railway routes in South America. This route connects the highlands of Lake Titicaca with the historic city of Cusco, where arrival is scheduled for approximately 6:20 p.m., after an unforgettable panoramic journey through the landscapes of the Andean highlands.

The TITICACA train, operated by PeruRail, combines classic elegance with contemporary comfort. During the journey, passengers enjoy a service designed to provide a pleasant and refined travel experience. At the beginning of the trip, coffee, herbal infusions, and refreshments are served while guests admire the first views of the vast altiplano. Later, a three-course lunch is offered, including a starter, a main dish prepared with selected Andean ingredients, and a carefully chosen beverage.

Through the large panoramic windows, travelers can admire changing landscapes: expansive golden plains, peaceful lagoons, herds of alpacas, and rural communities that continue to preserve their ancestral traditions.

With observation cars, comfortable seating, and an elegant atmosphere, the TITICACA train transforms the transfer into a memorable travel experience through the south of Peru.

### TIPS

Bring a light jacket, have your camera ready, and enjoy each landscape without rush; the journey itself is an essential part of the experience.

### KEY POINTS

**Pick-up time:** 7:30 am

**End time:** 7:00 pm approx.

**Duration:** Variable

**Meals included:** Provided by the train + D

**Accommodation:** Overnight in Cusco



### INCLUDE

- Train TITICACA Puno – Cusco
- Meals provided by the train company + Dinner
- Bottled water
- Overnight stay in Cusco

### NOT INCLUDE

- Tips
- Travel insurance (optional)



11  
DAY

DAY 11 – December 20

# CUSCO TO AGUAS CALIENTES



The day begins with breakfast in Cusco, preparing body and mind for a conscious journey through the Sacred Valley of the Incas, one of the most important energetic corridors of the Andes. This journey is not merely logistical, but a symbolic transition toward one of the most powerful sacred centers on the continent.

The transfer is carried out calmly and directly through the Sacred Valley, allowing observation of the changing landscape, the flow of the Urubamba River, and the constant presence of the guardian mountains. Each curve of the road invites surrender to the rhythm, release of expectations, and entry into a state of deeper inner presence, preparing the spirit for the encounter to come.

Arrival in Ollantaytambo marks a key moment of the day. This ancient living temple-city safeguards the energy of the great initiates of the Andean world. From here, we board the train toward Aguas Calientes, following the river's course and gradually entering the cloud forest.

Upon arrival, the group transfers to the hotel to rest and acclimate. The night in Aguas Calientes is a time of silence and recollection, a conscious pause before visiting Machu Picchu, allowing body and soul to align with the experience of the following day.

## TIPS

Bring sunscreen, a hat, and sunglasses for intense sun, a light jacket for cool nights, and always carry water to stay hydrated.

## KEY POINTS

**Pick-up time:** Variable

**End time:** Variable

**Duration:** Variable

**Meals included:** B + L + D

**Accommodation:** Aguas Calientes



## INCLUDES

- Breakfast, lunch, and dinner
- Transportation Cusco – Ollantaytambo
- Train Ollantaytambo – Aguas Calientes
- Overnight stay in Aguas Calientes
- Bottled water

## NOT INCLUDE

- Unspecified meals
- Travel insurance
- Tips



12  
DAY

DAY 12 – December 21

# MACHUPICCHU SOLSTICE



This day coincides with one of the most significant moments of the Andean and universal calendar: the Solstice, a portal of renewal, balance, and energetic reordering. The day is experienced with presence and respect, understanding that it is not just a visit, but a conscious encounter with solar energy and the astronomical legacy of the ancient Andeans.

In the morning, the group prepares calmly in Aguas Calientes, allowing body and mind to align before the experience. There will also be time to enjoy the Inca thermal baths, whose natural waters favor relaxation and energetic integration. Additionally, the butterfly sanctuary may be visited, a space of connection with cloud forest biodiversity and a symbol of spiritual transformation.

Entrance to Machu Picchu (Circuit 2) is scheduled approximately at 2:00 p.m., a special timing that coincides with the Solstice's energetic peak, when solar light begins its transition. An energetic circle will be performed. During the visit, Machu Picchu is honored as an astronomical observatory and ceremonial center, where the movement of the Sun guided life and spirit.

At the end of the visit, we return calmly to Aguas Calientes and then take the evening train to Ollantaytambo, continuing by private bus to Cusco. Back in the city, a Solstice ritual is held, sealing the day before resting at the hotel.

## TIPS

Prepare physically for the walk, wear appropriate clothing and footwear, and arrive early to enjoy the magical experience of Machu Picchu before the crowds arrive.

## KEY POINTS

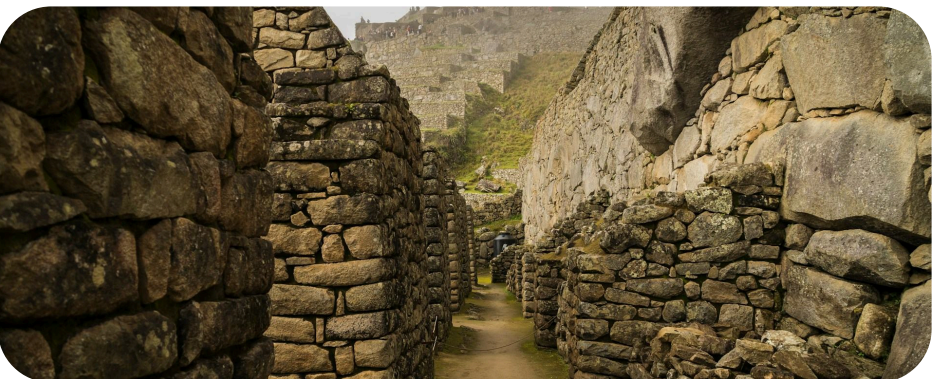
**Pick-up time:** Variable

**End time:** 11:00 pm

**Duration:** Variable

**Meals included:** B + L + D

**Accommodation:** Cusco



## INCLUDE

- Breakfast, lunch, and dinner
- Consettur bus
- Professional tour guide.
- Tourist train return Aguas Calientes – Ollantaytambo
- Transportation Ollantaytambo – Cusco
- Overnight stay in Cusco
- Bottled water

## NOT INCLUDE

- Tips
- Travel insurance (optional)



13  
DAY

DAY 13 – December 22

# FAREWELL

## CLOSING OF THE JOURNEY



The final day arrives, and with it, the moment of farewell. From Cusco, departure to the airport is made not only with luggage, but with gratitude for everything experienced. This journey was not a collection of places, but a path of experiences where energy, the mystical, and the human walked together.

In these days, the Earth spoke through mountains and rivers; the soul found silence; ancestral memory awakened. Portals were crossed, Pachamama was honored, fears were released, and the heart opened in sacred spaces. Each ceremony opened memory; each walk brought presence. Not all learnings have words: some return as calm, others as clarity, others as inner strength.

Upon departing, each traveler carries something unique. Perhaps a certainty, perhaps a new question, perhaps an intention planted. The path continues in daily life, where what has been lived is practiced: caring for energy, listening to the body, honoring cycles, choosing with awareness.

May the return be light and the memory profound. May what was received transform into presence, and presence into service. This is not a definitive ending, but a seed. The journey returns, the sky always returns, and the light of the path accompanies you forever.

### TIPS

Arrive early at the airport, ensure you have all travel documents and verify airline restrictions for a smooth departure from Cusco to Lima by plane.

### KEY POINTS

- Pick-up time:** Variable
- End time:** Variable
- Duration:** Variable
- Meals included:** Breakfast
- Accommodation:** None



### INCLUDE

- Transfert hôtel – aéroport
- Au revoir

### NOT INCLUDE

- All tour Tips
- Travel insurance (optional)
- Beverages
- Unspecified meals
- International flight

## SUMMARY

### What is included in the 13 days?

- Private tourist transportation
- Professional guide with spiritual training
- Assistant guide
- Participation of the Apaza family (Alejandro or Raúl, from the Inca School, coordinated through Betty) — Days 2, 3, and 4
- Full board meals (12 breakfasts, 12 lunches, and 12 dinners)  
Snacks
- Mineral water (at the hotel in Cusco and during tour routes)
- Tourist train Puno–Cusco (Titicaca Service)
- Private boat in Puno
- 12 nights of accommodation (Cusco, Aguas Calientes, and Puno)
- Machu Picchu entrance ticket
- Consettur bus (Aguas Calientes ↔ Machu Picchu)
- PeruRail Expedition train (Ollantaytambo – Aguas Calientes – Ollantaytambo)
- Cusco Tourist Ticket
- Entrance to Qorikancha and Salineras
- Outpatient medical assistance and consultation
- Pachamama offering ceremony

### What is NOT included?

- National or international flights
- Entrance to the Butterfly Sanctuary (Machu Picchu)
- Travel insurance
- Single room accommodation supplement
- Materials for spiritual workshops
- Entrance to hot springs (Aguas Calientes and La Raya)
- Emergency medical care (trauma care), hospitalization, medications, or ambulance services.
- Materials for Karpay and Chumpi workshops



TIME TO LEAVE  
**PERU**