



Rābi‘ah Adawiyyah

"I sought nothing from the world. I asked for no comfort, no praise, no security, even though I needed it as a child.

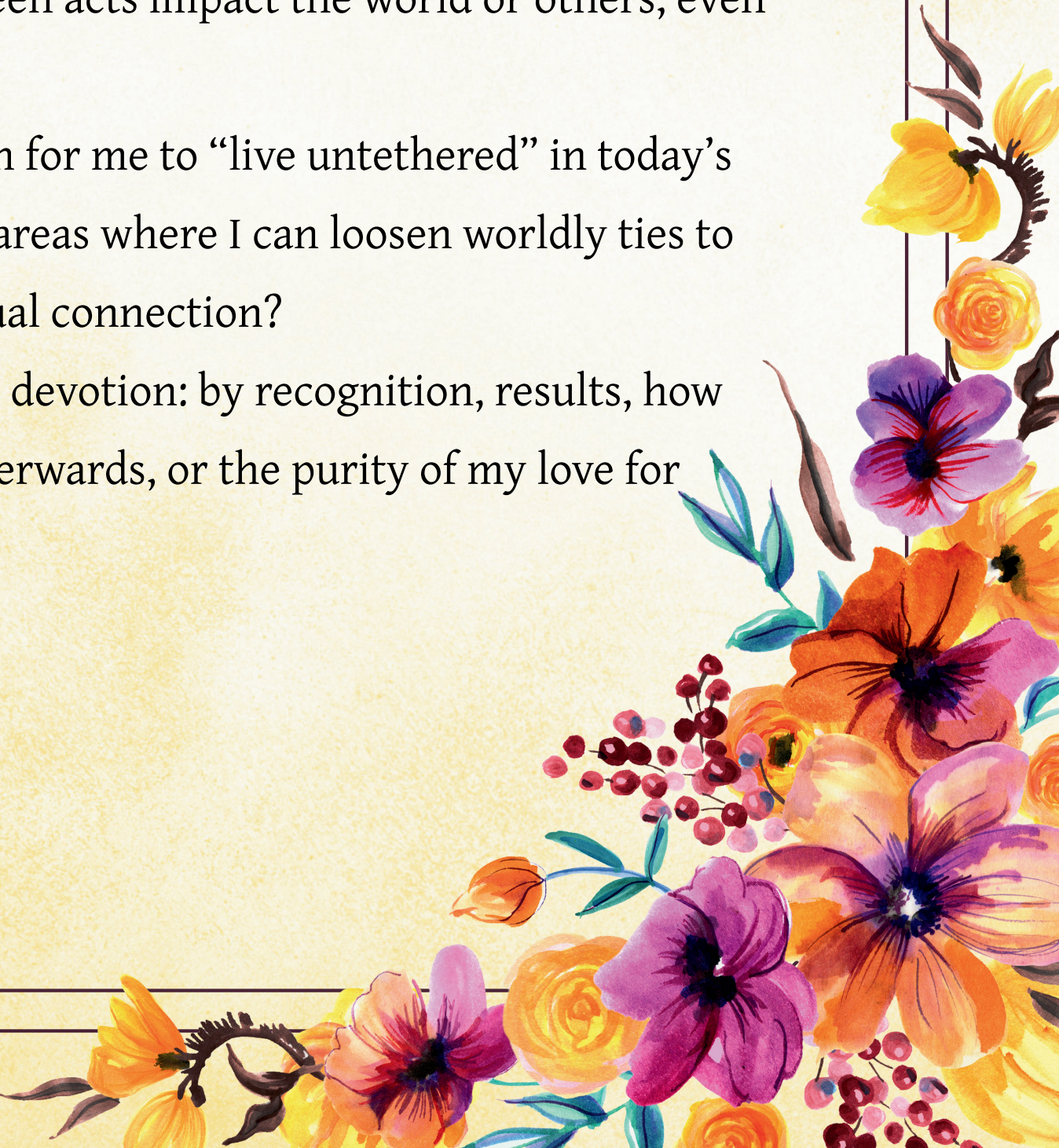
I gave my heart fully to Allah alone.

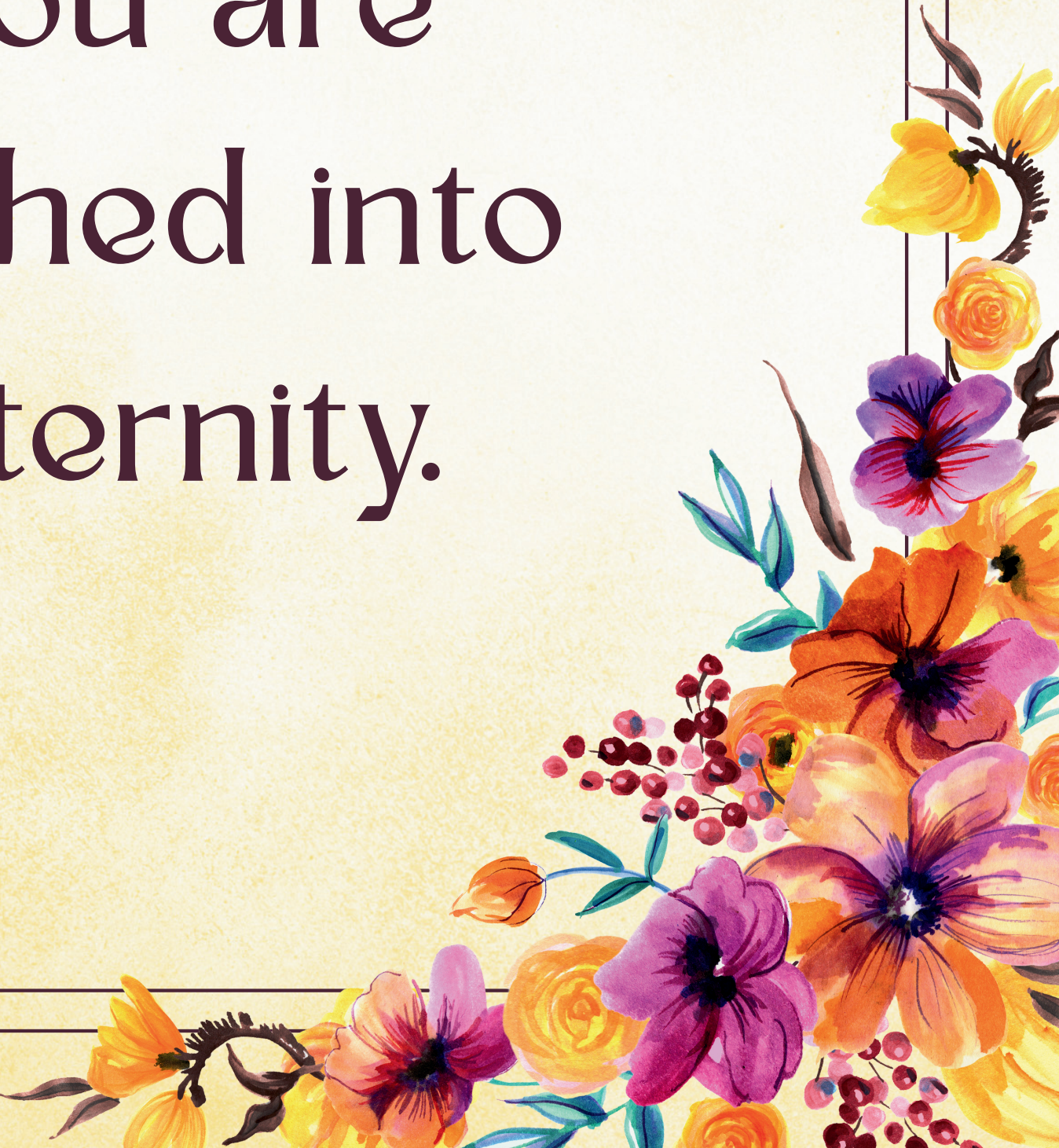

And in that surrender, I found freedom, love, and a light that no one could take away.

You, too, carry a heart capable of devotion.

What will you let go of - completely - until your heart burns only for Him?"

Reflect:

1. Think of a time when loneliness, hardship, or lack of support drew you closer to Allah. What did that reveal about your own heart and resilience?
 2. Rābi‘ah’s devotion left no monuments of stone, yet her influence endures centuries later. In what ways might your sincere, unseen acts impact the world or others, even quietly?
 3. What does it mean for me to “live untethered” in today’s world? Are there areas where I can loosen worldly ties to deepen my spiritual connection?
 4. How do I measure devotion: by recognition, results, how my heart feels afterwards, or the purity of my love for Allah?
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The lighter
you walk,
the deeper
you are
etched into
eternity.