

10 lessons from living abroad



Introduction ❤

The experience of living abroad (Al-Ghurba) is a deep one, filled with contradictory emotions ... it includes courage and fear, strength and weakness, longing and achievement.

In one moment, you might feel lost and unable to find yourself, and in another, you'll find that you have grown and changed in ways you never imagined.

It's not just about travel or moving to a new place ... Living abroad is a journey with yourself above all else , where you see your true strength, and learn to accept and contain your feelings instead of ignoring or running away from them.

I lived this experience myself, with all its difficulty and beauty, and I realized that every day in Living abroad holds a lesson.

From here, I decided to share with you 10 lessons from the secrets of living abroad ... lessons that helped me adapt and see life from a different perspective, and perhaps they can also help you walk your journey with more lightness and awareness.

The Secrets of Living Abroad in 10 Lessons

1. Loneliness Abroad

Loneliness is one of the hardest feelings you might go through at the beginning of your life abroad. But if you use it correctly, it will be a golden opportunity to get to know yourself, your strength, and your true needs.

2. Friends Abroad

The friends you meet in your first period abroad will often stay with you for years. The situations you live through together are what bond you, even if you come from different backgrounds and cultures.

3. Breaking the Comfort Zone

Living abroad teaches you to break the comfort zone and try new things. Don't wait for circumstances to force you ; choose for yourself to break the routine and try the new —this will open many doors for you.

4. Loving the Details of the Place

Don't see the country through the eyes of other people. Try the food, the weather, and the customs yourself , and learn to love the details of the place you live in so you can consider it your home.

5. Language and Work

Learn the country's language, even step by step. Language is the key to finding a job and integrating with people. And work is not just a source of income; it's what makes you part of the place.

6. Laws and Customs

Learn the country's laws and customs well. This will not only make you integrate faster but also help you avoid difficult situations and make your life easier.

7. Daily Routine

Routine while living abroad is not a luxury; it is a means of balance. Set times for eating, sleeping, working, and time for yourself —this will give you a sense of security and stability.

8. Life Partner

Choosing a life partner while abroad is a critical decision. Not everyone can handle the challenges, so you need a person who understands you and is able to share the burden with you.

9. Children Abroad

Help your children balance their original culture and the new country's culture. Teach them their original language, and also ensure they integrate into the new society so they don't feel like strangers.

10. Flexibility

The most important lesson while living abroad is flexibility. Expect plans to change, and that things won't always go the way you want. Flexibility will enable you to live and succeed anywhere.