

**Thomas      *Reaching Up, Reaching Down: Cooperation Between Mortals and Spirit***

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Hello, my friends! Beings like me operate at what you might call a lower level than your planetary manager, Machiventa, whom we hold in the highest respect. We are closer to you, just a level higher. You mortals are not so much as “lower” than us—only different.

As mortals, you are connected to your planet. You were born here and live here; that is the realm you experience—until you become aware of another realm, which is where we abide. Our realm is sometimes called a higher one, but it is simply different. It is a place you will one day reach, a state you aspire toward.

What is wonderful is when you, as physical beings, open yourselves to the reality that we exist and are here to help you. We reach down to assist when you reach up. We meet in cooperation, drawing you upward in consciousness. Though you remain in your material world until you pass over, even now you can connect with the realm we inhabit.

Think of this: the Father—the Creator of all—is the source of both our reality and yours. He fills the universe with His love, and it is toward Him that we all aspire. We seek to raise ourselves to His level, to radiate love as He does. This is what we hope to help you with on your mortal world.

Love is not merely a feeling; it is a process. We help you tune in to the love that surrounds you—the Father’s love flowing through your Divine Parents—Christ Michael and Mother Spirit—through Machiventa, and through us. Each of you also has your Thought Adjuster (your inner spirit pilot), another purveyor of divine love.

Through your free will, you are in charge. You choose to reach out, to calm your busy minds, to open your hearts, and to seek higher values—love, connection, and meaning that enrich your lives. As you open yourselves to love and to the many forms of connection around you, your lives will improve. You will naturally reach out to others, helping them connect to this same love.

Love is contagious—it grows as you feed it, open to it, and share it freely. It is the living connection between mortals on the physical worlds and the Father in Paradise, and we serve as steppingstones along that way.

Thank you for your openness and willingness to tune in and seek the uplifting gifts available through your Thought Adjuster, through us, through Machiventa, Christ Michael, and Mother Spirit, all the way to the Father. It is wondrous that you are choosing to seek these higher values so that you may live more joyfully and spread this love to others. We love you.