

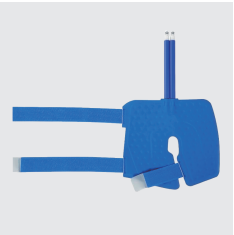
蓝桶冷敷机12升说明书 四折页

2025.03.05

Never use this non-sterile therapy pad directly on the skin. Position the therapy pad on the target body part with the fabric side away from the body. Elastic belt(s) are provided with all therapy pads. Wrap the belt around the target body part and attach it back onto the therapy pad. Adjust the belt for comfort.

CAUTION: Do not over-tighten the elastic belt(s) or pinch the tubes or therapy pad. Be sure the tubes are not restricted or bent, as this will restrict water flow through the entire system.

1. Available therapy pad and cooler



Knee Therapy Pad



12 Quarts

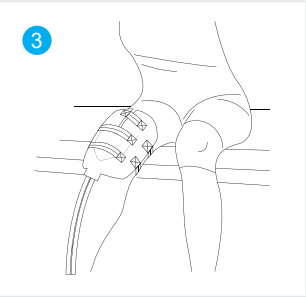
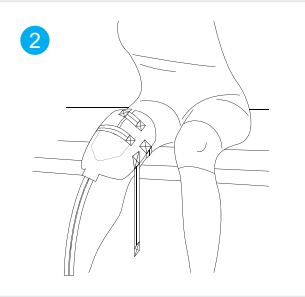
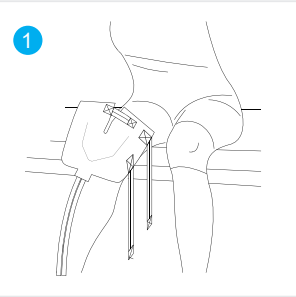


Hose



12V DC Adapter

2. Using the Therapy Pad



Knee Therapy Pad

V. Cautions

CAUTION: To reduce the risk of adverse reactions and malfunction, the Cold Therapy System must be used in accordance with all instructions. Read and follow all included instructions.

1. Use only under the direction and supervision of a licensed healthcare practitioner.

Before using this product, patients need to be assessed by their physician and discuss treatment with their physicians for contraindications, risk factors, and medical history. If you have sensitive skin, please consult your healthcare practitioner. Supervision may be necessary to ensure precautions are followed, especially with young children and elderly. Adhere strictly to your doctor's instructions regarding use, treatment times, treatment frequency, settings, self-assessment and best practices regarding your specific condition.

2. Contraindications-the Cold Therapy System should not be used on patients with the following conditions, including but not limited to:

- History of cold injury, frostbite, or adverse reactions to cold application
- History of injury or adverse reactions to treatment
- Special care monitoring must be provided for children, patients on prolonged therapy, unconscious or incapacitated patients, patients with diabetes, and those with poor circulation
- Application areas with compromised local circulation
- Potential wound healing problems, including those from multiple surgical procedures
- Circulatory syndromes such as Raynaud's disease, Buerger's disease, peripheral vascular disease, vasospastic disorders, sickle cell anemia, and hypercoagulable clotting disorders
- Local tissue infection
- Hand/wrist or feet/ankle surgery with polyneuropathy
- Unconsciousness or incoherence due to any reason
- Polyneuropathy or other nerve damage

3. Risk factors for cold-induced injury – including but not limited to:

- Pathological sensitivity to cold
- Young children and the elderly
- Behaviors that negatively affect circulation, such as poor nutritional habits, using tobacco, caffeine abuse, and alcohol abuse
- Cognitive impairment and use of medications that negatively impact mental capacity
- Patients with diabetes
- Application area desensitization due to local anesthesia or regional nerve blocks
- Medications that have a negative effect on peripheral vascular circulation: beta adrenergic blockers and localized epinephrine
- Excessive moisture at the application site
- Hand/wrist or feet/ankle surgery
- Communication barriers that would cause improper use of the system

VI. Warnings

- The Cold Therapy System can cause serious skin injuries if used improperly
- Follow all instructions to ensure product safety for patients and medical professionals
- If you are pregnant, please consult your healthcare practitioner prior to use
- If you have sensitive skin, or skin sensitivity, please consult your healthcare practitioner
- Cold therapy system should be kept out of reach of infants and children
- Do not use while asleep
- The cold therapy system should not be used by an invalid, unconscious person or a person with low blood circulation without supervision
- Do not leave system unattended when operating
- Discontinue use if you experience persistent discomfort or a rash
- Monitor patients skin condition during therapy (every 30 minutes)
- The system should not be applied to cancerous lesions, wounds, infected areas or open sores
- Never unplug by pulling on the connecting cords
- Turn off when not in use
- Patients should use extreme caution when using unit and should monitor skin conditions underneath the therapy pad every 30 minutes. It is recommended to take rest time from treatments. Always follow your healthcare practitioner's directions

VII. Warranty And Service

1 Year Warranty Period

If you encounter a problem with your Cold Therapy System, please contact our Customer Service. When you contact, please include your order number and an explanation of the problem.

Please note: Health regulations prohibit us from accepting returns on cold therapy systems unless there is a problem with its operation (as covered by the warranty).

WARNING: The Cold Therapy System can cause serious skin injuries if used improperly.

Follow all instructions to ensure patient safety.

Use only under the direction and supervision of a licensed healthcare practitioner.



FeelGoodEase

COLD THERAPY SYSTEM-Model 2

With digital timer control and real water circulation



Cooling Reservoir



Hose



Power Supply

Use Only as Prescribed

Setup And Usage

Troubleshooting Guide

Therapy Pad Usage

Cautions

Warnings

Warranty And Service

Cold Therapy System

Patients and Medical Professionals should carefully read all of the following instructions and warnings before using and operating the Cold Therapy System

+1 888 385 1110

info@feelgoodease.com

https://feelgoodease.com/contact-us

I. Use Only as Prescribed

Patients first need to be assessed by their physicians for contraindications, risk factors, and medical history, before using this product. Supervision may be necessary to ensure precautions are followed, especially with young children and the elderly. Adhere strictly to your practitioner's instructions regarding use, treatment times, treatment frequency, settings, self-assessment and best practices regarding your specific condition. See page 6 for more information on warnings and risk factors for cold induced injury and/or contraindications.

Warning: An insulation barrier is required. Do not allow direct contact with the skin.

Always use an insulation barrier between the skin and the cold therapy system pad. Failure to use an insulation barrier between the therapy pad and the skin can lead to injury. If post-surgery dressing or bandages on target therapy area do not completely cover the skin, place a piece of fabric over the bandage to ensure complete skin coverage.

CAUTION: Therapy pad is not sterilized, never use on broken or bleeding skin.

The insulation barrier must be dry, if moisture is present in the insulation barrier the skin may become colder than intended. If moisture is found, replace with a dry barrier immediately.

II. Setup And Usage

1. Setting up the system

(a) **CAUTION: Always begin with power supply unplugged.** Do not turn on the system until all connections are complete and the hose from the cooling reservoir to the therapy pad is free from bends or restrictions, as this will restrict water flow through the system.

(b) Connect the therapy pad hose tubes to the cold therapy system hose tubes with the quick disconnect couplings. Insert the male couplings into the female couplings directly. Couplings "click" when they are properly locked together.

(c) **Fill the Water and Ice / Frozen Water Bottles to the recommended scale.**

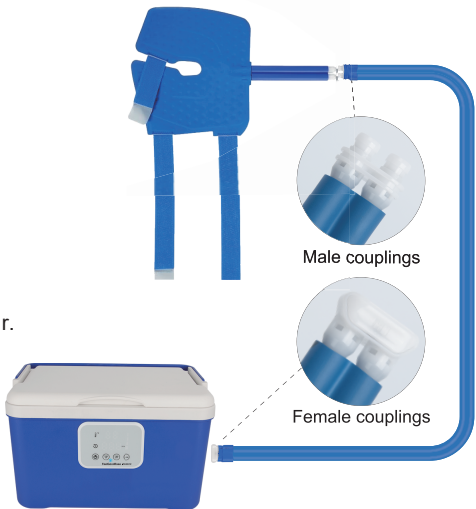
Open the reservoir and fill with clean, cold water to the water fill line in the cooling reservoir.

CAUTION: Never operate the unit without water!
This can cause pump failure.
Do not overfill the reservoir with water.

OPERATING TIP: Larger ice blocks will last longer and can be more convenient. Many people use frozen water bottles instead of ice. They are reusable and convenient. Others freeze water in plastic containers and place the ice blocks into the reservoir.

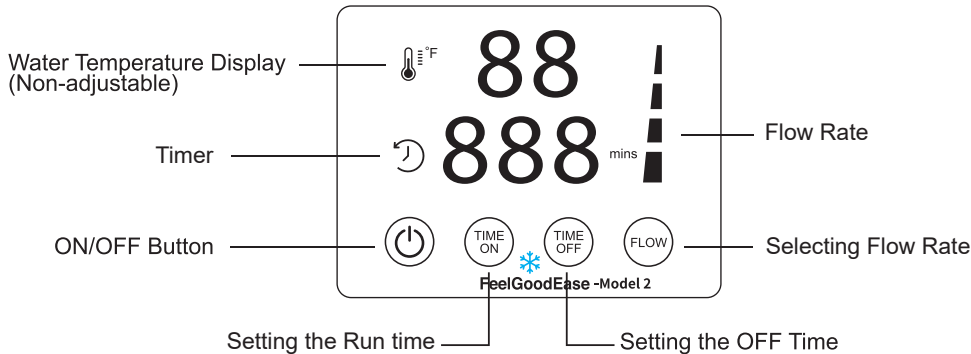
(d) Completely fill the reservoir with ice to the water return flow tube located near the top of the reservoir. (Don't exceed the 'Ice line')

(e) Plug the power supply into an electrical outlet.



(f) **Timer Control Guide**

- Press button [] to turn it on, and its default is Constant ON.
- Timing: Click the [TIME ON] and [TIME OFF] buttons to set the work time and rest time, 10-60 minutes are optional.



Models	Running Time Minutes	Resting Time Minutes	Setting Mothod
Single Mode	10, 20, 30, 40, 50, 60	/	Turn on machine, press the time on button
Cycle Mode	10, 20, 30, 40, 50, 60	10, 20, 30, 40, 50, 60	Turn on machine, press the time on button and time off buttons
Default Mode	Always on		Turn on the machine, no need to press another button

Flow Rate		
Level	Running Time	Rest Time
L1	8 seconds	2 second
L2	12 seconds	1 second
L3	15 seconds	1 second
L4	Always on	/

Caution:Always follow your clinician's instructions regarding treatment time, cycles and skin checks.

(g) Place the therapy pad on a flat surface and turn on the timer. Water will begin to circulate through the therapy pad and back into the cooler through the water return tubing. Allow the unit to run for several minutes before applying the therapy pad to the target body part. This will ensure good flow through the system. Always ensure water is flowing from the return to the cooler.

(h) Use the elastic strap(s) to secure the therapy pad comfortably to the target part of the body. See "Using the Knee Therapy Pad" on page 5 of this guide for proper fit with elastics).

CAUTION:Always use an insulating barrier (such as a T-shirt, leggings, cast, or elastic bandage) between the therapy pad and skin.

(i) If the water temperature has risen above the desired level, refill the reservoir with ice.

(See steps 'c' and 'd'). Drain water if necessary.

Skin inspection: Inspect the skin under the Therapy Pad as directed by your clinician, typically every 30 minutes. Do not use the system if dressing, wrapping, bracing, or casting prevents skin checks.

CAUTION: Discontinue use and contact your clinician immediately if you experience any adverse reactions, such as increased pain, burning, itching, increased swelling, blistering, increased redness, discoloration, welts, other changes in skin appearance, or any other reaction noted by your clinician.

2. Termination of therapy session

(a) Turn the device off and unplug the power cord. Squeeze the tabs on the female couplings and gently disconnect the therapy pad from the cold therapy system.

OPERATING TIP: Be sure to drain water from the cooling reservoir as it accumulates. This will prolong the life of the ice by maintaining an optimal ice to water ratio. It will also keep the water level low, making spills much less likely.

3. Cleaning and extended storage

Note: It is not possible to remove all of the water from the therapy pad, system, and tubing; So, follow these instructions before extended storage:

(a) To clean the system after you have finished all of your cold therapy treatments and before extended storage, fill the reservoir with water to the fill line.

(b) Connect the therapy pad to the system and turn the unit on.

(c) Allow the water to circulate for 5 minutes. This will help keep the system clean.

(d) Turn the unit off and unplug the power supply.

(e) Carefully drain the water out of the reservoir and wipe dry. Store in a cool dark place leaving the lid slightly open. (Exposure to sunlight and extreme heat may damage hoses and units.)

(f) When reusing the unit after extended storage, fill the reservoir with clean water, connect the old therapy pad and turn the pump on to circulate the water through the hose and therapy pad, and flush the remaining water mixture out of the system (use the old therapy pad for this procedure; discard the therapy pad after cleaning is completed). A new therapy pad should be purchased when using the system after extended storage. A new therapy pad may be purchased from us.

(g) Dispose of water and refill the reservoir with fresh ice and water. Follow the operating instructions in this manual before use.

(h) Before you use the unit, inspect the hoses and therapy pad for any tears or breaks.

Contact us to purchase a new therapy pad.

III. Troubleshooting Guide

If the possible solutions suggested below do not address your problem, please contact our Customer Service department at info@feelgoodease.com and we will do everything possible to help.

NOTE: Never run the pump without water flowing through the lines! This will cause pump failure.

1. If the pump is not running

- . Check the wall outlet to ensure there is power to the unit. Confirm that all power cords are properly plugged in and seated.
- . Check to be sure the electrical connections are in the proper order.

2. If the therapy pad is not getting cold

- . Is water flowing out of the water return flow tube in the cooling reservoir?

3. If water is not flowing out the water return flow tube or it is flowing weakly:

- . First: repeat steps outlined in "Setup and Usage" section (pages 1-3)
- . Check the water level in the cooling reservoir. Confirm that water is above the water line.
- . Check for kinks. Ensure there are no kinks in the hoses, insulated tubing or therapy pad.
- . Adjust the belt. Ensure that the belt(s) holding the therapy pad to the body are not too tight and impeding flow.
- . Check for obstructions. Turn the system off, Disconnect couplings to ensure there is not an obstruction. Remove anything lodged in the coupling or tubing.
- . Check the couplings. Confirm that the therapy pad is properly connected. (Couplings should "click" when locked) Reseat couplings between the hose and the therapy pad. Turn the system off, disconnect couplings and reconnect.
- . Remove the therapy pad from the body and run the system with the therapy pad on a flat surface. If there is flow, put on the target body part while running.

4. If water is flowing out the water return flow tube:

Make sure the reservoir is filled with ice, Note the line inside the cooler.

5. If the unit is leaking at the couplings

Contact Customer Service for additional assistance, When you contact us, please include your order ID and an explanation of the problem. Please note our warranty on page 7.

IV. Therapy Pad Usage

For use only with the Cold Therapy System manufactured by us

WARNING: Read and follow all Instructions, Cautions, and Warnings provided by the Cold therapy system before using this therapy pad or operating the therapy system. This product must be used in accordance with all instructions provided by the system. We will not be liable for injuries that result from misuse or misapplication of this system.

CAUTION: Always use an insulation barrier between the therapy pad and the skin.

Use an additional insulation barrier over a sterile dressing that does not completely cover the skin.