

IVES WITTMAN

FIRST LANGUAGE VISIONS

If poetry makes us more conscious of the complexity and meaning of our experience, it may have an eventual effect upon our action, even political action.

To whom is the poet responsible? He is responsible to his conscience, in the French sense of the word: the joint action of knowledge and judgment... For what is the poet responsible? He is responsible for the virtue proper to him as poet, for his special arete for the mastery of a disciplined language which will not shun the full report of the reality conveyed to him by his awareness: he must hold, in Yeats' great phrase, "reality and justice in a single thought."

Allen Tate (1899 - 1979) an American poet, essayist, social commentator, and poet laureate from 1943 to 1944.



[&]quot;Darken the doors let no one see the truth of beauty." By Ives Wittman.

Index

Preface	2
Introduction	6
A Word from the Author	8
Suggested Approaches to Reading	10
A Love Letter to Penguins	12
An Alaska Mourning	14
Apocalyptic Turns	16
Arctic Sky Blues	18
Beauty's Native Tongue	20
Beauty's Purgatory	22
Bestial Claw's of Wisdom	24
Black Gemstones of Defiance	26
Black Sea Fathers Calling	28
Bone Chilling Wonders	30
Broken Vessels of Memory	32
Caravans of Splendor	34
Dan	36
Dark By Nature	38
Dark Plains Dealer	40
Dark Sky Sanctuary	42
Devastation Beaches	44
Eclipsed by the Fog	46
Expanding Boundaries	48
Fire Cuts Iron Burns	50
Fire to Ashes	52
Girl Meets Boy	54
Green Monsters Divine	56
Hearthreak River	58

Imperfection	60
In Ruptured Waters	62
In the Company of Pelicans	64
Last Stand	66
Lions of Innocence	68
Lost Streams of Love	70
Love of Thrones	72
Men Know This Place	74
Mountain Man	76
Mountains of Virility	78
New River Gorges I	80
New River Gorges II	82
New River Gorges III	84
Ode to Elvis	86
Phantoms of Imagination	88
Pitfalls of Grace	90
Prelude to Truth	92
Redemption Straits	94
Reigns of Unmapped Pain	98
Rivers of Beauty I	100
Rivers of Beauty II	102
Rivers of Beauty III	104
Silos in Sorrow	106
Souls in Beauty	108
Spirit to Fury	110
Starfish Masters of Fate	112
The Deep Blue	114
The Fallen Ax	116
Time and the River	118
Final Words	120

Introduction

Ives' poetry can find us where we are, help us realize we are not alone, then help us find our way home. This is a journey that Ives Wittman knows well. He has traveled it himself, plus he has accompanied his many clients as they each make their own journey. The poetry is in part an extension of the work he does with his clients. He helps people come home to themselves, to that safe haven within that is their true self.

Buddhism is an important part of Ives' life. He has a beautiful altar at home where he meditates. He has attended several 10-day silent meditation retreats. These images and insights are an important part of his poetry, often as the promise at the end of the poem.

In his office, Ives has many beautiful things from nature: rocks, wood, sculptures, his wonderful photography. Many of his poems use images from nature. He also speaks to our innate inner nature. This may seem wild and untamed, but as we come to understand it we realize that it is true, that it is good, that it is a powerful source of strength and comfort.

The poetry of Ives is powerful, passionate, evocative. In many poems, the progression echos the Soul's Journey; from anguish and confusion, to acceptance, to healing, to a profound peace and understanding. His special gift is being able to clearly articulate each step, both to help people know there is a way and to help them find it. I hear three main voices in his poetry; Ives the seeker (defiant and determined, who knows what suffering is), Ives the therapist (who with great compassion encourages the reader to persist, reassures him that healing is possible), and Ives the Buddhist (who knows the power and peace that lie within). What is so special about his poetry is the clarity with which he expresses, and also integrates, these three voices. He can speak with authenticity to the man in the chaos of agony, promising that if you are truly honest with yourself and yet are willing to let go of your anguish, you can heal yourself. He can speak with authenticity to the mystic, suggesting a path of affirmation and inclusion rather than denial. And he speaks to us in our everyday muddles, promising that there is more to us than our haste and confusion.

Diana R. Davies



Landmark Gap Lake, Denali Hwy, Alaska, August 2023. By Ives Wittman.

A Word from the Author

These writings and photographs from Alaska and Turkiye are my search for the good, the beautiful and the true, and my place in the order of all things, as I have traveled and observed the human drama of life.

I chose the title of this chronicle in honor of a wise mentor who has mentioned on several occasions how nature is God's first language. Healing, living, and being reborn, in my experience, encompasses transformation, a faith in something greater than ourselves, envisioning new possibilities and coming back to who we are. For me this happens through service to others, connecting to family, friends and community, writing and reading, hiking, meditation and prayer, learning, and spending time observing, reflecting and exploring nature.

Nature makes her demands both graciously and brutally. Unlike humans, her agenda offers a purity of acceptance going with the flow and as a taskmaster of beauty and truth.

What always calls me back is a surrender to my own frailties, limitations, negativity and fears. I seek a dark silent place in the night or sun, fog or rain, wide open skies or deep caves and rushing rivers and immense mountains to receive strength, wisdom, love and courage to be alive. A place to let go; a place to forge and emerge. This collection of writings reflects those many places. The photographs on these pages, however, are of Alaska, a special place calling my soul for the past three summers.

The photos of Turkiye reflect the deep roots culture sets in motion. On a recent visit in May 2023, I was astonished at the prehistoric and ancient structures excavated and still standing, evidence of civilizations that have come and gone for almost 12,000 years. History has always been a passionate interest of mine ever since I started to become aware of my ethnic and religious legacies and momentary life on earth. Amidst the tragedies and drama, the resilience and faith of the human spirit left me in awe.

I believe compassion and vitality inspire human beings. To speak and act in good faith, honor and responsibility. Walking through nature and the relics of prehistoric and ancient history offer a refuge and a challenge; a place of solitude and communion. A challenge to see myself differently and examine time worn perspectives. A refuge to reset and rest in the territory of a familiar friend and master listener and teacher. A divine source that set terms of mutual respect and desire for freedom.

May you walk the path and journey the odyssey of human history and enjoy the culture all of us share together - the culture of nature, earth and beyond ourselves. The nature within you calls you to nature.

Truthful reflections await you.



Ives Wittman at Kenai River, Coopers Landing, Alaska. August 2023.

Suggested Approaches to Reading

These writings are intended as a contemplative way of reflecting on your own life experiences and receiving the words as a gift. The deeper meanings of the writings will come to you after reading them. Each time you read them they will offer new ways of seeing the world because over time you change.

Every person will have their own subjective interpretation to the poems whether read in a group or alone.

- 1. Find a place to achieve a calm and tranquil state of mind. This might mean sitting quietly for several minutes prior to reading. Focus on your breathing; to be open minded to what the reading will reveal to you. You may want to slowly read the passages several times. Observe your reactions to the reading.
- 2. Meditate on what you have read to listen to the inner messages coming to you. These writings are not meant to be studied, per se, but as a living experience in conversation with the poems.
 - Here higher levels of understanding may come to you. Avoid trying to ascribe a meaning to the writings during the first reading of them. Let meaning come to you. Reflect on what comes to you after reading.
- 3. Notice any words or phrases that stand out to you. How does the reading of the writing help you make associations in your own life or the life of those close to you?
 - How does the writing help you change your frame of mind towards something you have struggled with? What mood and/or intuitive insights about yourself are revealed by the writing that help you see yourself differently? Again, what new associations and connections are you making about past and present difficulties?
- 4. How does the writing help you change your frame of mind towards something you have struggled with? What mood and/or intuitive insights about yourself are revealed by the writing that help you see yourself differently? Again, what new associations and connections

are you making about past and present difficulties?

These might be honesty, courage, patience, generosity, truthfulness, ambition, clarity, sadness, compassion, wisdom, detachment, grief, joy, fear, gratitude, etc.

May you find these writings a way for you to be moved from within towards greater action and understanding of yourself and others.

- Observation
- Meditation
- Acts of Reflection
- Making associations
- · Liberating faculties and new ways of seeing

Everything is constantly changing and in flow neither fixed nor complete always becoming.

A Love Letter to Penguins

Sometimes, a mystical force In a black and white suit Waddling and sliding

On icebergs bobbing

Confiding in a spiritual guide.

A fellow traveler who

Bends reality

In time honored vigils together

Where perceptions and opinions

Splinter like icicles shattered.

The brief encounters, eternally

Meaningful.

We share pictures, music

And philosophies of life.

Two people who give each other

Their gifts of kindness and strength

Sprinkled with sweetness and grace.

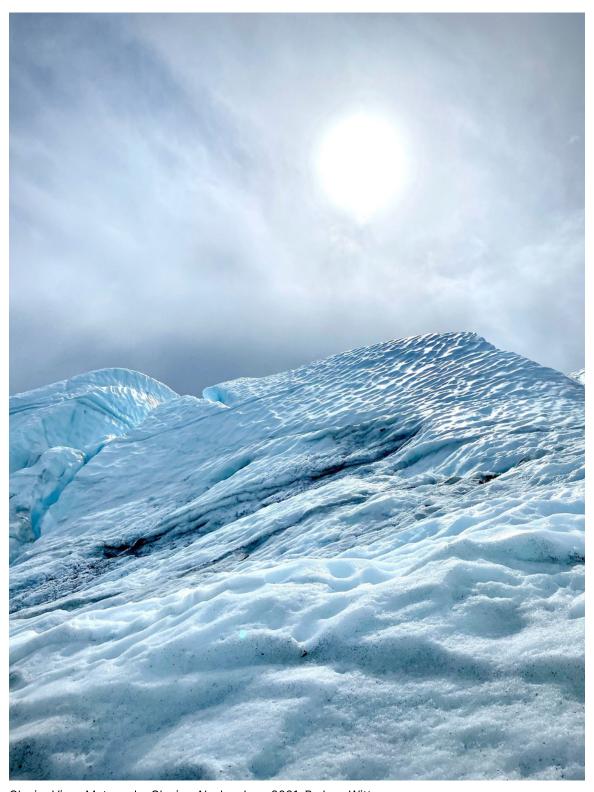
As time passes, I fondly look back

On goodness reflected dimensions

A reshaping and ascent

Of souls

On icebergs in passing conversations With penguins.



Glacier View, Matanuska Glacier, Alaska, June 2021. By Ives Wittman.

An Alaska Mourning

I

Sometimes I come here thinking My loneliness will disappear. After a while, I feel lonelier everywhere. An inner scenery beseeches me To discriminate

Seeking

Patience and generosity
From a landscape manifesting
Fortitude in the frozen
Tundra of my soul.
The missing parts ache.
I try to hurry nature's
Rhythm of time to its own demise

I find myself

Rushing with haste
To move mountains and rivers,
A crime of dictating the pace
Against an unwilling force
With a mind groomed dull
Contending with the imperious edge
Looking for something
Shallow to borrow.

Until I finally realize the waiting Offers another way

Of being.

II

I look around On a foggy and cool morning Thinking about catching fish On blood grounds matted down By hungry brown bears, Salmon skin and guts strewn On blades of grass, sensing They might still be watching Through the trees. The sound of the rushing water Reminds me Of a time when big little boys Journeying upstream In cold springs terrorized Small little boys for comradery And laughter. Today, the Alaska landscape Looming in hearty sunlight Calmly endures the harsh seasons Of Darkness to come. A freedom to let go And accept The suffering Of going with the flow, When time seems to pass fallow, It begins to radiate a higher glow.

Apocalyptic Turns

In discontent and restlessness, Ambivalence turns to grim and Forbidding landscapes of fantasy and Isolation.

A tormented body caught in the Throes of painful excess Walks through ashes in abandoned River canyons.

Between cliffs lie remnants of
Charred grass and trees,
The sun baking mud into dry cracks
Curling after the flood.
How often do we get lost
In the wilderness of our own loneliness?
Suffering seeds the grounds
Of nature's mourning

Aloneness.

In an instant, unfocused
Pure awareness
Discovers salvation waiting for us
In the undying stillness
Of fellowship.



Glacier view, Matanuska Glacier, Alaska, June 2023. By Ives Wittman.

Arctic Sky Blues

To sit still and think
One thought,
An everyday battle I fought.
The creative capacity
To get out of my head
Threw me in a current
I could not move.
A phantom struggle in my mind
Unseen.

I stand on the edge of Surging waters of melting snow A paradise racing an Arctic sky light Blue.

Surrounded by mist filled mountains
Of blue and green

Into the glacial stream

I go

The icy current seizes my body Electricity brings a vigor To sever timeless anchors In torrents of authority Higher

than me

Shining a frigid Halo above, The cold clear rivers In a crystalline mind

Of icy Blue.



The Lowe River, Valdez, Alaska, June 2023. By Ives Wittman.

Beauty's Native Tongue

We are moved to move By beauty's siren call. Not every end contemplates a goal Questioning meaning and purpose in Too narrow a view To carve out the possible of what is Good and true. Do we give ourselves the freedom To see and vision beyond the uncertain Hours of water and fire? Lightening darts in daggers To brighten the sky in the fragrant Night air crossing the horizons Of dotted star soldiers sending their Signal to warn of the fall. Beauty tones the mirror reflections Of hovering galaxies above the shallowness In words Where permission and constraint Opens

A closed heart unfurls,
A sacred space whispers in shadow clouds
 Awakening gentleness at large
 In the breathing spacious world
Of creeks booming whitewater
In rushing rapids amidst upper
Canyons rising against
 The urge to falter.



Six Mile Creek, Alaska, Aug 2023. By Ives Wittman.

Beauty's Purgatory

We fight ourselves for sport and Provoke and mock With lies and gossip Bullying those who challenge Our paper-thin authority. Where does a soul hide from darkened Alcoves Of self-loathing and inadequacy?

Self-blame collapses

Into fits of rage Cloaked in seduction and charm Armed with charisma and lust gaining Power

Alleging no marks or harm At the expense of others Unbecoming a knowing silence. Meanwhile, the good boy trembles Inside, Forgotten and undone, he awaits Fortune's stream of ignorance To unfold,

In the open receptiveness Of darkness closing holds Marks the place where the story Burns, In fiery roses cleaving to breasts Milking grotesque madness

From ashen urns.



Kenai Lake, Moose Pass, Alaska, Aug 2023. By Ives Wittman.

Bestial Claws of Wisdom

I feel the beast's claws At my shoulder. Her relentless shrill Shredded the timber in the Crumpling nerves of a child. Indignant tones bring no quarter To a vindictive martyr When the red elephant at last Says, No. The inner predator of an angel Wanting the feeling of dying While living. Tears grow into a roar. The body shatters into pieces Once trapped by cracked teeth Of vision Cloaked in ivory and gold. With wisdom and strength, Beauty observed In the bondage and misery Between places Of ignorance deeply scarred.



Juneau Creek, Coopers Landing, Alaska, Aug 2023. By Ives Wittman.

Black Gemstone of Defiance

You suffer the black gemstone

Of defiance.

Where do you go in your

Sweet mockery?

You bleed allegiance to a declaration

Of innocence

Twisting in cruel contempt.

Years of bitterness buried in

The air.

You have a roughhewn beast

Dying in stubbornness

Who thirsts to drink

At the everlasting well

Of tenderhearted love.

What bold adventures are waiting

To unfold?

What authority controls you?

Maybe a hurt you hold close

Like an unopened treasure box,

Or maybe, a secret oath

You cherish in lonesome silence

Holding on to self-hate with

Unforgiving truthfulness.



Natoa Island, Kenai Fjords National Park, Alaska, June 2021. By Ives Wittman.

Black Sea Fathers Calling

I pass the ruins of ancient times Buried under Black Sea coast line Lying still invisible echoes Of empires forged and destroyed on

Roads reeling

Between transgressions and blessings. Salt breathes as memories scattered Break free
In seen and unseen courage scenes
Ages of conflict from a thousand

Pricks

Incite bitter edges Converging and separating A father and son.

A vision backwards

Came to the son in softening tears,

A father waging battle with Unsuspecting foes Of fighting shrouded fiends

Of heated swords in words

Of the ocean air that soothed

The father's soul on rain filled piers.

Wallowing in the mire

Beneath bitter chasms of dreams never dared,

An endless cry of generations

In curses silent at the dying edge,

A merciless self-recrimination ensnared,

You're a burning ship going down Refusing my help, I watch helpless to care.

In dark rage and fury,

A father's wound was declared.

Unified in suffering brought forth

Truth met with a son's firm handshake

To a father's wakening glare,

Then see him

Turn to stare into the void

On a cold white hospital bed.

Death waited
Listening to falling snow and rain,
I cried the unspoken pain
Of a long lost friend finally returning
Watching his paltry skin wrinkled
Resting peacefully emptied of dread
A father and son bond time honored
Unsaid.

As the last light called the father
To another realm in the presence
Of an invisible fall,
A natural closeness sanctioned
Between us weeping for understanding
Out from under love's cold jaws.

Bone Chilling Wonders

Barbaric nature beautiful and ruthless cloaked by a path of budding fireweed and alder
Unabiding in their loyalties
To seasons of unforgiving elements.
Their innocence and beauty offer
Honesty in

The tension of suffering
In the bonds of compassion.
A higher good calls

the walker further Into a dark splendor

Unaware choosing sentiment over reality,

Making truth a casualty

Of ignorance and mockery.

The wound of absolute separateness

Littered by

Grave markers of rocks

Enters an unyielding territory.

Through the gates of another

Between two looming peaks

Your blood aches

For bone chilling water.



Kodiak Raspberry Island, Alaska, Aug 2023. By Ives Wittman.

Broken Vessels of Memory

Some people you love So purely

The rawness never goes away.

You dip your toes in cascading

Waters so cold

It arouses the freshness at the

Bone of your soul

Traces of memory trailing

Vaguely untold.

You inspire each other

In broken vessels open to new

Rhythms and tempos.

The forgotten shards of a person

No longer

Wrestling to be known

Comes back home.

Some people, they love you

So purely,

The elegance strengthens

Only to reawaken in

Sweeter vessels of higher divinity.



Raspberry Straits, Raspberry Island, Alaska, May 2023. By Ives Wittman.

Caravans of Splendor

I had a dream.
A caravan of ancestors rode
In windswept deserts.
Their weathered faces peered
Through cloth wrappings in unyielding

Cargo.

I watched and wept for those cruelly Slain by words and maligned reputations. Souls rent in shifting dunes.

Then,

The winds died

In stunning demise.
Sunbeams peeked through dying
Spirals of sand and
Beauty sang forgiveness in the heavy
Loosening of restitution's yearning.
The caravan vanished into an

Absence.

To experience and let go
In a continuous flow
Our being comes to know
What is too immense
to hold onto.



Raspberry Straits, Raspberry Island, Alaska, Aug 2023. By Ives Wittman.

Dan

My brother is a shade tree
Sanctuary.
Boyhood memories unsealed
Reveal a gentle heart of strength
In a legacy of generosity.
A placid lake where dark depths
Veiled an inner truth anchored
By mutual regard and
A fierce sense of propriety.
In swirling winds
Of shared poverty,
We became comrades in solitude,
A life sweetness

We share
In silence and gratitude.
I breathe an inner goodness
And fearlessness
Emboldened quietly by my brother
Who watches over the route I follow
From afar

As a coming of age manhood Ripens like the oracle of Apollo Honoring the man I am becoming.



Raspberry Straits, Raspberry Island, Alaska, Aug 2023. By Ives Wittman.

Dark by Nature

You hold onto chaos caught In a void believing the world Has wronged you,

Lost in river banks fishing for salmon Swimming in waters of goodness, The dreary days of clouds and fog Grip you.

You weep when you hear

Of black bears eating cubs,

A history of blood spawns

An unmerciful display

Where innocence offers

No guarantees

In nature's demands for safety.

Down the river you float further,

Cornerstones of a past reality

Continuing cycles of pain slicing truth's

Protesting blades in waters of survival.

Bald eagles circle above

Scanning for prey unyielding

In their vision.

You watch wordless before

Beauty's darkness unafraid,

Now

Ready to face hidden yesterdays,

Knowing

Life's precious nature toils

In river shadow serenades.



Kenai River, Coopers Landing, AK, Aug 2023. By Ives Wittman.

Dark Plains Dealer

Impatience and fear

Feed the

Distortions and illusions in

The abandoned mines and

Ghost towns of your soul

where dreams turned into places.

To ease the burden

You isolate yourself in the

Great plains within you,

Native prairies at the heart

Holding something greater

Knowing truth

In human limitation and

Ageless reckonings.

You feel the winds on crimson bluffs,

A world of delusion shatters

As a corrupt morality collapses

In wrenching fractures

Watching the setting sun

In the between places

Of what is known and unknown.

Patience and care offer an

Emptying.

The answers come

In time worn living.



Denali National Park and Preserve, Alaska, June 2021. By Ives Wittman.

Dark Sky Sanctuary

We wander aimlessly
In a dark sky sanctuary
Refusing demands to respond to injuries
Assaulting wounds harder to
Maintain.

An afflicted heart grasps for relief In meanings left racing undone.

A silent moon stands by
As stars beaming across a glowing
A glowing divide exhale trails
Of Luminous disguise.

We chase vagaries

Of perfection and absolutes,

Trying to get enough

Unscrupulous unrest

That almost devours the soul,

Living in a world

That does not allow mistakes

Becomes a prison for small minds.

Healing calls for a journey

In the open darkness,

A tormented spirit

Seeking forgiveness and mercy

Revealing a longed-for

Solace and serenity

Below a dark sky sanctuary.



Fishtrap Lake, Lake Clark National Park and Preserve, Alaska, June 2022. By Ives Wittman.

Devastation Beaches

The seas crashed instantly
Thrusting reality upon me
Taking in an embattled land
Inside outside contours
Of masculine resolve passing by,
Wondering how Turkish streets
of narrow repose endure
Amidst thousands of years

Of scars. For centuries, death stands erect Amidst the fall and rise of love, The primitive air of pity weeps For fatherly men lost in shame As underground bloodlust Clutches the savage breast. Shifting plates longing for light Breathe solidarity with humanity, In unspoken caves of quietude untouched, A small boy plays With his father on a Black Sea beach, I see the flickering of disappearing dreams crushed In storms of limiting reach. A boy wandering On burning sand afraid of seeing Shadows taken down

In rolling tides
Like broken seashells tossing in the foam
Fleeing and returning again.
A supernatural force makes its plea

Living on shores of stubborn allegiance to the vagaries of truth

Without the nerve to speak and act, Raping and pillaging cruelty's killing excuse Leave power and terror to rule

The world,

As mountains fall and seas recede Behind a screen their loyalties deceived By the intellect of greed. Meaning loses its purpose to enthrall A childhood held too tight

A crime that bleeds

Revolting against sacred cultures

Of tradition

Collapsing wisdom and tolerance

Vanishing in desperation,

Blind ambition seeks

An all consuming

Justification in absolute security and control.

Meanwhile,

Reflections steeped in the natural world,

Watching over sorrow's body,

Gashes ripping a forgiven soul

In silence

Listening to the deeper dimensions

Of being breathing.

Eclipsed by the Fog

You venture into the depth of night on lakes where dense fog hovers and bends reality Into a sweetness of purity. Slowly paddling the canoe On silent waters, your paddle cuts Through the roar Of what you once imagined as never ending nightmares. Illuminations of fog reflecting A moon of brilliance becoming Ablaze in dark awareness feasting On a soul reaching for serenity. Freedom ripening in the heart Of night Where the stars parade With a resting joy, a floating Testament to your strength On a lake High in the midnight sky images Of Self Melting in Northern Lights A mere understanding truly Alive.



Lake Tern, Moose Pass, Coopers Landing, Alaska, Aug 2023. By Ives Wittman.

Expanding Boundaries

I come to the edge
Of still waters
on Boundary lakes of silver wonder.
An encounter with a boundless reality
Unlearning the illusion

Of separation

Cleaving to patterns of self

Destruction

Towards healing possibilities

In calmer lakes of play and equanimity.

In open wilderness courage recalls

Memories of daring submission

Dark waters ever deepening panic surfacing

Above layers of dread

releasing a child's fear

On a moving ledge a vast

Emptying in demolishing self-understanding.

I come to this north woods place

Of unknown powers.

Of boundaries overflowing

Forbidden portages, where lakes

Scattering landscape breathing

The mist of distant mourning.

Looking from a canoe, a lantern stands alone

In the dark forests of uncertainty

Quietly watching

Over shores emerging.



Raspberry Straits, Raspberry Island, Alaska, Aug 2023. By Ives Wittman.

Fire Cuts Iron Burns

Fire cuts through wounds in the shadows still, Irons of pain that protected you From body memories freezing you In emptiness and fear. In too much praise, you lived In the sky Defending and explaining Captive to outer appearances, A temporary relief from inner pretenses. Your heart lies waiting on an anvil Trembling, Fire cuts through burning irons That shackled you To a past in vanity's scarcity. Unfettered by fires of honesty

Free of guilt

To harness what is good
In the forge of your soul.
Inner vitality opens a hearth
Of bounty,

Know your soul stays true

Firmness of character burning unmoving eyes of compassion and honor.



Lowe River, Valdez, Alaska, June 2023. By Ives Wittman.

Fire to Ashes

Mounting floods of pain Cascade down Mountain valleys of jade rain, With nothing left between You and the void Accumulated dust of the ages Unwinds on gravel roads Along low hanging clouds and Lakeshore shadows. Those you trusted twisted and obfuscated your words Publicly humiliating you with hate. Torn apart by a maelstrom of emotions leaving a body tormented by a hostage Of cloudier realities arising and passing You battle remembering In the solitude of truth learning to Accept the anger of being overwhelmed And alone in youth. A breathing Sacrament of wholeness Smoldering in fire pits of compassion's magnificence,

In mystical forests

Of Kenai wilderness.



Kenai Lake and Wilderness Refuge, Coopers Landing, Alaska, Aug 2023. By Ives Wittman.

Girl Meets Boy

Each day they said
They would love forever,
They were meant to be together.
Suddenly,
He turned to her stiffening
In the changing winds
Of horizons thinned.
Blinded by childhoods' innocence,
Unacknowledged aspects of life come
Into focus
Avatars of father and mother chasi

Avatars of father and mother chasing Security in a cage

Of fantasy lust.

Venomous words
broke open a whirlwind of emotion
Bringing to light a knowing
They were caught
Trying to maintain sanity at all costs
Destroying their lives
In doors of despair.
A breakthrough in the death of love's
Bottom of suffering,
Bridges once untenable crossed
Honesty and maturity
Releasing limiting
Veneers of deceit and injury,
A higher noble duty rarely

Betrays.



Cappaddocia, Türkiye, Aug 2023. By Ives Wittman.

Green Monsters Divine

Innocence and beauty strike

In the gates of another.

The chord.

A harmony of the similar
In the bonds of compassion finds
Solace between
A rocky path lined with alder,
Fireweed and willow.
Something calls the walker further
To enter the dark splendor

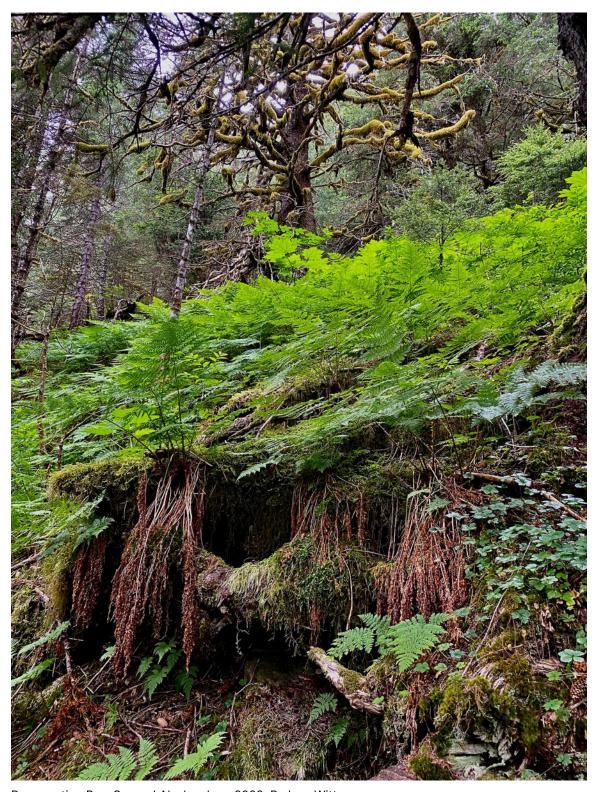
In the silence of pain,

Entryway gains
Between two looming peaks,
Of purple and brown where blood aches
For penetrating skin awakening nerves.
Of icy cold water cutting
the glacial valley,

Of absolute separateness riding in Tireless pride, A futile nothingness where

The spirit resides,
I join the rivers of the tundra
Praying to a divinity

Where purity presides among
The Alaska range mountain divide,
Alone, the dirt provides a well-trodden
Path along earthly minds
Strength and submission define
The millions of years passing of time.



Resurrection Bay, Seward Alaska, June 2022. By Ives Wittman.

Heartbreak River

He came to a shallow river Called Heartbreak Forced to slow down To simplify a life

Condemned.

On the other side lay

A barren and rocky land.

The full moon shed

A pale light,

As the traveler looked around

He saw the darkness of a wooded vale.

He walked down into the shadows

To a deep glassy pool

When suddenly

A bygone friend burst

The water's crusty, unworn

Tomb.

A warm smile and fierce

Energy emerged

Reminding the man

He could always trust

In what always was

His friend's final judgment

In the blues.

No longer alone,

The vision confirmed the next place

Would be hard

Yet beautiful

And true.



Matanuska River, Chickaloon, Alaska, June 2022. By Ives Wittman.

Imperfection

Will you join me on a journey
Down a river through lush mountains
In flights of fancy where we
Once ran innocently in
Hunger and desire.
We lost each other in a paradise

Discovered.

Eventually, we stumbled into
Our imperfections,
A spiritual longing reminding us,
Sometimes that which is empty and broken
Is richer

Then what is full and unblemished. Consider the cracks from a loaf of freshly Baked bread,

The aroma

Spinning ecstasy in your head.

Striving for perfection and certainty

Lapsing into control and self-blame

Lapsing into control and self-blame,

A hardened life turns inward to see Grandma dancing and singing,

A Homeless man walking

A bushel of lychee nuts in a sack

While we talk, the life he left behind

A loneliness divine bringing back gratitude For a grandmother's loving attitude.

You appreciate the pain as it thaws,

A lost wandering artist

No longer condemned wakes up Walking in beauty and awe, He comes to relish and embrace

Nature's ravishing flaws.



Rocky Ridge Trail, Seldovia, Alaska, Aug 2023. By Ives Wittman.

In Ruptured Waters

In the remote wilderness Of a heart pounding, You hear the rumble of rushing Waters flowing Down mountain passageways. You observe clinging sensations In low lying mist and fog Turning in swift currents Aching for liberation. In the dark bottom of your body, Knowing your nature, Inner guidance finds its way along Surging waters opening A conscience once flattered Along glacial landscapes beyond your power Threatening deeper dialogues Of unlimited possibility, a terrifying Loss of Self in monologues, A cold chill awakens

Bittersweet memories
Of a life denied

To accommodate the lie.
Blind to beauty and truth within
Lost causes justified unknowing
How love suffers for joy
In ruptured waters liberating

The unfamiliar die.



Glacier View, Matanuska Glacier, Sutton, Alaska, June, 2021. By Ives Wittman.

In the Company of Pelicans

An inner haunting
Led me to see
The most important people
In my world did not care for me.
Unintended wounds lay trails
Lost in the dawning of a new
Creation.

I gaze

At the lake with reflections of an emptying soul.

As the sun rises,

A flotilla of white pelicans

Advancing across the water

One leading as the others

Mirror and follow

In a line of formation.

An eternal moment in time,

A hollow man's quiet desperation

Teeters while a calm restores

A universe accepts fleeting prayers

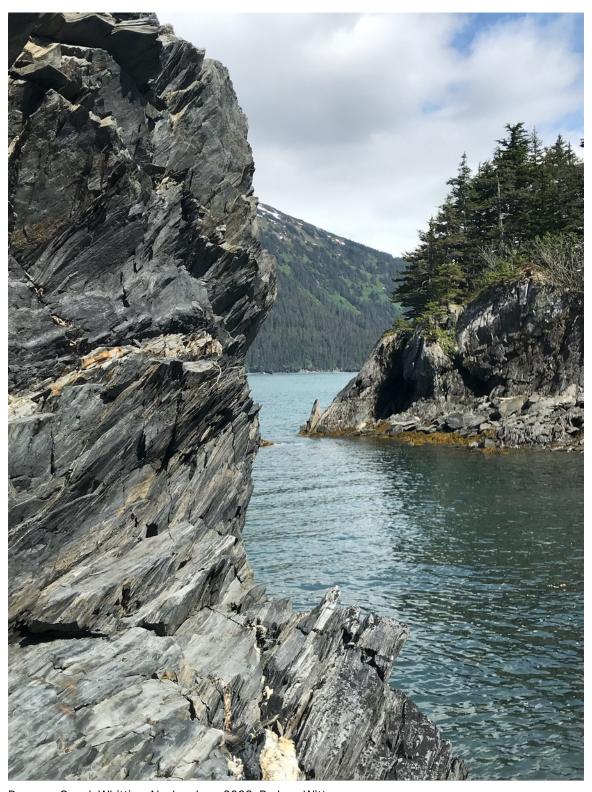
On reflections of water.

In the company of pelicans,

Hope returns suffering

The flashes of awe

And wonder.



Passage Canal, Whittier, Alaska, June 2023. By Ives Wittman.

Last Stand

Connoisseurs of pain serve The masters in comfort

They dwell

Seeking justice in your last farewell.

Divine sparks fill warrior blood

Firing the veins

Of your soul

Seeing flames through dense woods

To overcome love

A bitterness becoming fuel a body

Disapproves.

A source of light never exhausting

Of the beautiful and strong,

Joyful fatal embrace breeds acceptance

To choose the battles for

Greater good.

Obedience to oppression

And despair

In rock fortresses of certainty

where bravery observes rare

In dark times a hero rises

Through the lens of doom,

To face the unknown and unknowable

Alone with liquid courage in handsome

Flesh

Coming to the end of limestone cliffs

To discern the inward wastelands

Of Delusion

From time to time surrendering the last

Stand

Forest eyes making their way inside

Deeper caverns slowly forming

Gypsum

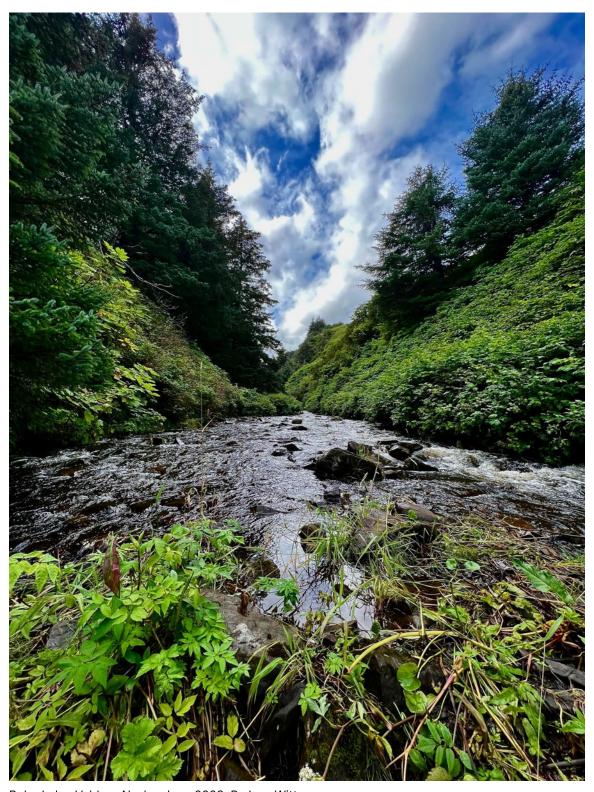
Columns colliding with flowstone

Ceilings

Of triumphant truths

In curtain sheaves echoes dripping

Haunts.



Robe Lake, Valdez, Alaska, June 2023. By Ives Wittman.

Lions of Innocence

You sneer with fickle rationalizations And mislead with anxiety In cunning plays of provocation, Unable to reach the noble depths Of sincerity. An inescapable game In a mind of infinite blame drifts To a child watching Through an open window A resistance to forgive parental betrayal People caught in themselves Fenced in by a bordering wood Fleeing hidden conflicts a shadow's glare Cuts the open air. A creative force of moral reality opined, The inconstant good forsworn In environments spiritually nourished dwell, Curtains flowing an ever wandering Sorrow in a bedroom Of summer nights falling asleep To flashing rains and lightning platoons. Gentle breezes stroke a face Gazing at fireflies rekindling faith What fantasies did you live to avoid The dread. Observing sensations in sensations This is sensation, While utility fans whirred softly unsaid. In sultry southern nights humidity Dampens The sweet smells of grass and weeds, A subterranean world of two worlds Of incorruptible youthful Rapture, the ghost Of a house prevails.



Robe Lake, Valdez, Alaska, June 2023. By Ives Wittman.

Lost Streams of Love

I come back to this place To watch the illusion of separation Dissolve in lush gorges walking at the edge Of steep ridges on stone ledges. Worlds moving behind me Beginning in an ending Of streams rushing below. A body once unmoved In suffering moves Redemption loathes the mind Intruding, Depressed hopes still element Of time's altered reasoning. On windy bluffs and rocky outcrops Sunshine glimmers Through summer leaves emptying Gizzard trails and raven spears run Along the canyon rim of centuries old Hemlock trees. You feel the earth's appetite Swallow whole the objects Of obsession, coming to know In solidarity with other Living beings transcends the veil

In waterfalls love heard revered.



Glacier View, Matanuska Glacier, Alaska, June 2023. By Ives Wittman.

Love of Thrones

You are a queen
To the king of my soul.
Our thrones become one.
You appear in a room
Like a rainbow across western plains
After storm-filled sheets of rain
Our love surpasses all human gold.
Our devotion to each other
Flows generously
In a deep abiding river
Of joy.
Two pure hearts molded
By the beautiful and the good.



Denali Mountain, Denali National Park and Preserve, Alaska, June 2023. By Ives Wittman.

Men Know This Place

I

Tempting.

I peek between trees To see mountain ranges Lining the horizon. A rushing creek and brushing leaves Is all I need to hear, to be here. For far too long, the siren's Haunting and unforgettable sound, Feeling hemmed in Nowhere to turn, The surroundings stir A far away trance Of solitude and prayer In sober fields of tilting chance. Witnessed by curving winds An audience of white and grey clouds Thin and wispy, Bulky and puffy reflect The breathing fire and warming Mist and rain Between spaces filling A heart's numbness Of disbelief. One more thing unsurpassing,

I come to a place some Men know

Of desolate grace,
Cursed with strife
That reeks of death
To find a life beyond fiery dread
Revives the guts and awakens
A body disentangling the pain
Of so many

Carried souls,
A small cubed rock suddenly
Speaks from a nearby creek
Of things beautiful and good.
In an instant, a glimpse
Of jagged rocks and fall ledges
Of divine unspeakables and blind fate
Tormenting the hurting place.
To taste the cutting sword
Of suffering truth turning

Back on fading time,
Light pushing through the black hole
Leaving behind a deeper design.
You join the mist and rain
Becoming charged
One with all

To know the death to love Alone.

Mountain Man

My brother is a mountain
Of a man.
He carries peaks of fortitude
And a head down go through
What you have to attitude.
His integrity and
Straightforwardness
He uses as crampons to scale
Life's steep and craggy holds.
Carry your own load through
Any weather,
A sacred duty he abided to.

Any weather
A sacred duty he abided to.
A reputation for miles around
To know justice and injustice
Wherever it was found
Accepting the truth
Of humanity's wall,
My brother stood tall and
Answered the Hero's call.
In silence, he spoke.
In action, he led.
A solid soul of calmness and
Self-command.



Matanuska River, Sutton, Alaska, June 2021. By Ives Wittman.

Mountains of Virility

You arrive at a place
For departed souls.
An innocence dimmed
In the first realm
Arriving in the present complexities
Of life,

An elder sees the vast expanse In a body awakening to the end. Removing the mask of a lost faith A realm undone

Contrives with raw desire blood drawing on fears of dying alone.

The bald eagle daring

Prophecy comes home
To the iridescent green
And turquoise blue.
Rivers furiously streaming,

Of currents racing to salmon,
Of river banks colluding with trout,
Of black bears feeding the
Sheen of their thick wooly fur.
The mountains of your past

Forging divine sparks,
In glacial waters tempering spirits.
Of vigor honor bound

By circles of obedience
To sacred stones growing in wisdom
At the river's bottom.



Glenn Hwy, Alaska 1, East Fork Matanuska River, Alaska, 2023. By Ives Wittman.

New River Gorges I

A child's brightness and outrage

Returns

Pining for sweet certainties of

Stillness unknown.

As roving eyes invade yesterdays,

Flooding times

Of innocence's demise.

In divinity reaching back

New river gorges rampaging

A rage carving its way

Through your heart.

Still waters surge

In steep and narrow entryways,

Where legacies of aggression lodged

In sandstone walls

Of youthful nerves

Reeling from a relentless blocking

By a fearful mother's selfish control,

Reproaching and turning away

Always impeding

The natural flow.

A sweet harrowing

Self-criticism in a body shackled

To insult and self-doubt.

Inner conflict clutches in the betweenness

Of people too close and too far,

You tune out

To vandalize a racing soul

With a gang of friends

You destroy windows

And break down doors and walls.



Denali National Park and Preserve, Alaska, June, 2021. By Ives Wittman.

New River Gorges II

You see through the looking glass Into a somber soul,

A reality beyond reality,

A death struggle

Borrows the voices of others

To finally say never,

Living in delusion all is well.

From a young eagle's eye

A silhouette

Cries in outrage

High in the blue sky of youth,

In desperate attempts to silence

A dark mind and body

Out of time

To persevere in the unseen light

Infiltrating a soul tensing at night.

The wetness on your breath

Craving to be alone,

Thirsts for another soul to

See the truth and goodness

Within you to trust the landscape

Of growing intelligence

Inside you.

Patterns spiraling in menacing

Images of vultures

Seeking freedom

Undeceived,

Knowing deep inside

To inhale and exhale

Blocked rivers

Of thoughts and nerves choking you,

Unperceived they destroy you.



Denali National Park and Preserve, Alaska, June 2023. By Ives Wittman.

New River Gorges III

An eagle soars above

A faded song

In commanding rhythms wings expand.

A fellowship of souls witnessing

A communal surrendering

To ask the questions of answers

Stillness never found.

A needle pierces sharp into a heart

Of shadows shuffling life's cards

Weeping and howling to set free

The wounds of those

You love inside.

The suffering anxiety of others

You carried finds an outlet

In trusted others

To scale new fields of energy

As shadow walls dissolve.

The cruelty of hurting

Turns to heartfelt compassion.

You step out into forever

Welcoming the tension,

A moonlit swagger

Shines a dying tone on

Red leaves resting

To hear the wind singing

New songs of humility.

Passing through shattered doors

Alone in the stillness

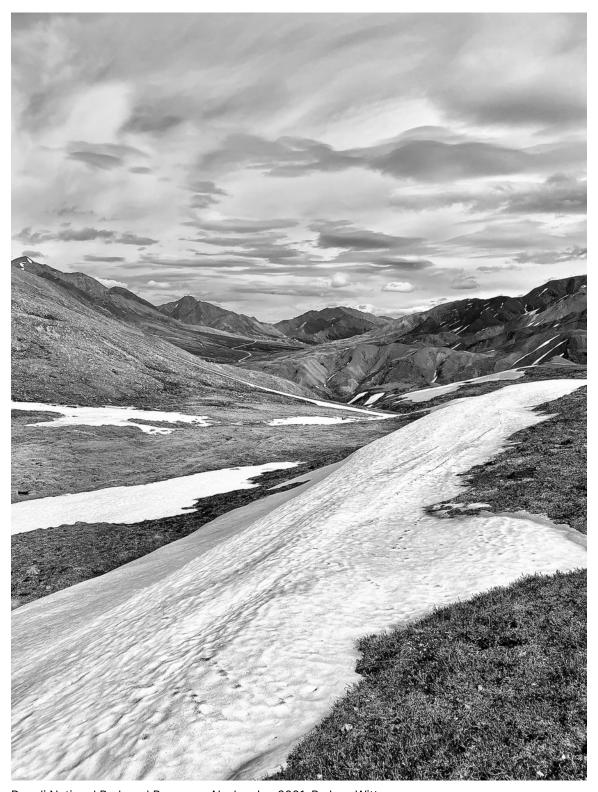
Of the known and unknowable,

You slow down to listen

To the truth of wisdom

In New River Gorges of a maturing

Soul.



Denali National Park and Preserve, Alaska, Jun 2021. By Ives Wittman

Ode to Elvis

Visits with a dying friend, Watching him swim in waters Of virtue,

As the years drew down
I saw him defy the programming
Wrestling to know in primitive
Terror the falsehoods authority reaps
In family fields the cultural decline
Bleeds deep in human

Debris.

Lies and injustice penetrating a wounded Soul battling in agony

Truth and decency,

Piercing reality to see immorality
Haunting
Good fortune and calamity,
Unbridled youth his pain refined
Romance deceit innocence maligned
Chronic guilt afflicted a single minded
Nothingness of relentless grinds.

Lost in the grips of the longest day
In cancerous decline his faith remained
Refusing

To whither our affections to each other, A wisdom of rhythms appeared lip syncing Courage in a body shaking
To Memphis songs in Elvis tunes,
In kindness and pity meaning restored

A burning love

Releasing pain remade
For death to reclaim.
I suffer in him though my skin
Not be his own nor does it
Sup a destroyer of bones.



Humpy Cove, Resurrection Bay, Alaska, June 2022. By Ives Wittman.

Phantoms of Imagination

A faint rippling On the surface so beautiful, I cease to exist.

Chipping away at frailty,

In a past moment

The sensation gripping me

Falls away

To see through

The rough road of ourselves.

A path through to meaning

Where we forget.

Womb or tomb and between,

I know the time comes

To descend into the interior chambers

Of love's center with monsters

Of doom a passive spirit condemns.

Our souls pitching in ecstasy

Acting out phantoms of fantasy

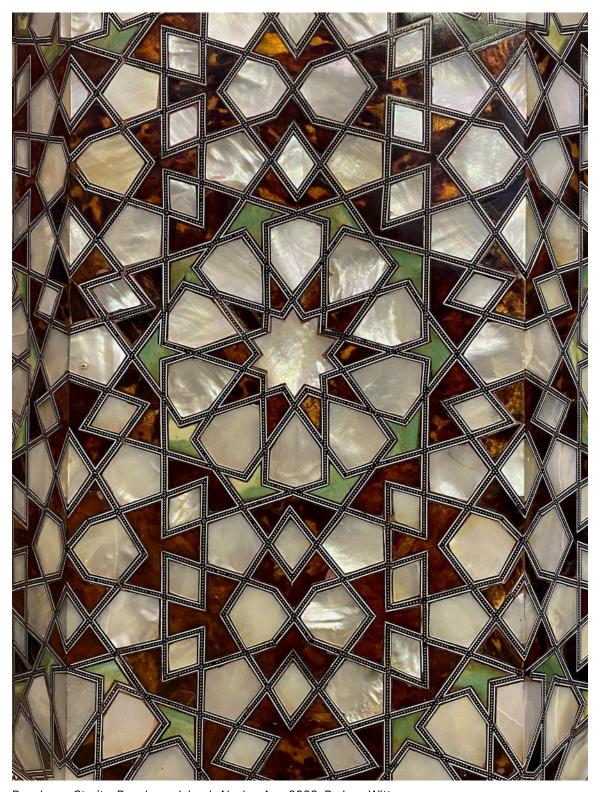
Obsessions.

A storm beginning in unyielding

Gates

Of patience's goodness

A spirit awaits.



Raspberry Straits, Raspberry Island, Alaska, Aug 2023. By Ives Wittman.

Pitfalls of Grace

A life both random
And constrained becomes the flow
Of coming into being,
We cannot always control.

Like water

That cascades and carves its way
Through the landscape

With a determination and

Single-mindedness

To persevere in allegiance to its call.

Dark trees fall.

The forest thunders.

The gray sky blankets

The atmosphere above.

As the mountain water rushes

Downhill in fury to

Bring down the wall.

A force of nature tempts

Pitfalls of grace.

Madness rushes forth

To a glorious purpose served.



Ptarmigan Creek, Valdez, Alaska (Richardson Hwy), June 2022. By Ives Wittman.

Prelude to Truth

On the anguish of near despair
The landscape of poverty looms clear
In a biting rejection of what you sought
So dear

Only to discover the vanity
Of a delusional dream reality
Where threats ending in beginnings
Draw you into dark haunting affairs.
To know the memories of sorrow,
To know the missing of living
Crows cry blind for love.

Vexed by partial understanding In a body of purity

Bubbling brooks calling
Mind in mind, bones to bones
Breathing through impurities releasing
In sensations of craving,
A sunrise dawning in the spirit's deep cutting.

The closeness embraces you, A sweet violence surrendered

A sweet violence surrendered In dying forests

Of stillness arising on breaking branches where bellows of truth crack in echoes.

Alone you see the charnel grounds

Observing a dead body

Again and again
To smell the ripening leaves concede,
In red, orange and brown
They quietly bleed in the Yellow Sea.



Raspberry Straits, Kodiak Island, Alaska, Aug 2023. By Ives Wittman.

Redemption Straits

The wrath of quiet disdain

Emerges from disgust and self-loathing

Denying the

Dignity of humankind when a scorned Lover traverses

Rough waters of treachery.

Agonizing pain from

Taking on too much water, drowning

Secret affairs of the heart,

Catch you under the sea currents

Of public courts where modern day

Social arenas become

Battlegrounds that swell in white

Caps of deceit and rage.

An embittered seafaring observer

Intervened with bloodthirsty attacks

On your reputation and character

Rocking you

With brutal efficiency in the communal

Waters where you swim.

Your livelihood denounced,

Your thoughts and words of confusion

Severed in the blustery winds.

Cowardice seeks protection

In the crowd, ready

At any moment to abandon you

With their own flesh-devouring hate

From a sea wall of empty masks

Daring no one to question

The truth.

You fail to see

Your own humanity,

Sneers and snarls leave

Only bones.

Once the storm passes

The relationship you once shared

Lies deep at the ocean's bottom

Where the silence is most dark and deafening.

Lost in disgrace and ruins, In stillness.

You understand how the net was set

By your own hands.

Desperate to fill the emptiness,

The fear and shame pushed on.

Isolated and alone.

The biting cross winds of anxieties

You carried for years

Made it hard to stand still

In a quaking body,

An inner world of blind oblivion and secrecy

Disconnecting you from the truth,

Of raw infidelity in a self serving bondage

To a predatory reality.

A once victim unleashing an

Underwater sea monster

Wanting freedom,

A solitary fighting of its benign savagery

With self-destructive tenacity.

Unti

A force above in compassion and mercy

Broke the building storm

And put an end to the misery and pain

And self harm and buried fury.

You find yourself summoned

To the shelter

Of luminous green and emerald

Mountain shorelines,

Your courage grows

Where calmer waters await,

Protecting you

From the gusting damp winds.

The impulse to attach no longer

Girding the waves splashing

over your bow

A beginner soul in the making,

The grieving begins for an old friend.

A new faith in submission
With newfound strength to a higher order
Of gentler forces

During life's storm surging gales crossing Straits of adversity.

Your breathing bones seek avatars Of hearty air.

A fragrant sweetness pines
For waters of a higher temper

In the abundance

Of a wise and peaceful heartfelt surrender.



Northwestern Fjord, Kenai Fjords National Park, Alaska, June 2023. By Ives Wittman.

Reigns of Unmapped Pain

Those with power turn on the defiant

To vanquish their voices

Under pretenses of honor,

While emotions enslaved to self-esteem

Seek validation in efforts to please.

In graveyards

reflecting down on you,

Ghosts of the past hide

Behind agitated minds calculating

Silence,

A mute rage seethes inside an

Unfathomable

Void rising to flood

A body in bondage.

Sensations screaming in a chest

Clutching at violence abhorred on Alaskan

Mountain Ranges

Guarding a soul

Consoling

Ancient fossils of creatures

Climbing your head,

Massive glaciers

Channeling time

Let this boy's voice be heard,

A boy who thrives in vibrant rhythms

Of selflessness and good.

Unfolding in shadows

Observing him thunder

and shout with anger

Over mountain tops of climbers

Unmapped suffering at last

Discovered.



Delta Junction, Denali Highway, Alaska, Aug 2023. By Ives Wittman.

Rivers of Beauty I

Gathering screams of rage
Search for respect and authority.
The self-righteous stubbornly refuse
To give up control
In words

They see as violence

Leaving mute and shackled

Those who wish

To speak.

An absolute intolerance

Speaking anxious in a body

Staring back in time

Gripped by trembling memories,

Afraid for speech and truth they abhor,

Drowning in waters

Where no one cares or hears,

Your voice and choice for saying

the same things a broken tree

And roots so frail

No longer sees in empty stones,

They carry insecurity and fear.

At the river's edge,

Lines of salmon swimming

Upstream

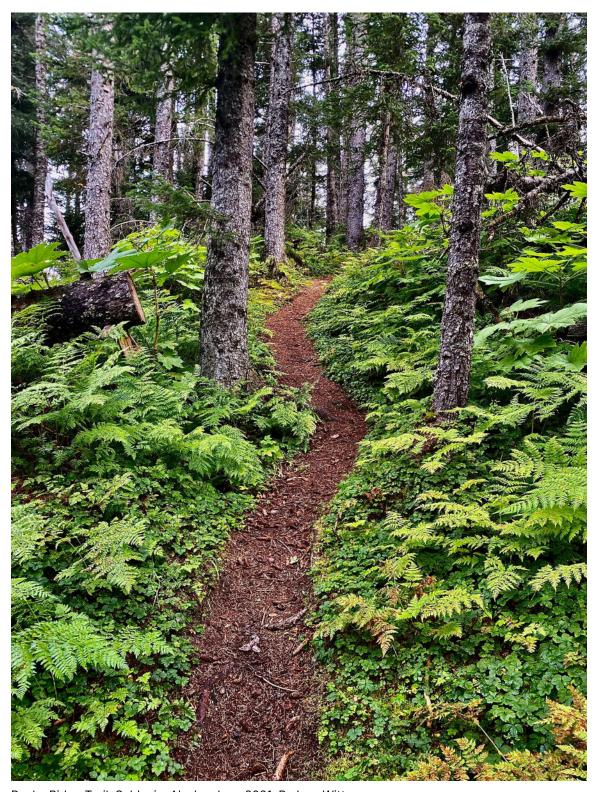
Bestowed with nature's urge

To persevere,

The fires of inner trials

Transform the darkest parts
Of hidden courage compounded

In time.



Rocky Ridge Trail, Seldovia, Alaska, June 2021. By Ives Wittman.

Rivers of Beauty II

The comfort in authority they weld, Immediate and dear they hold As a delusion Of impending impermanence, Changes into terror In a moment's notice. Their speaking silence a facade Where attention and nuance No longer afford To hear your truth and beauty In wordless anger and despair. Faith lies still strewn among The willows and gloom. Knowing the petty compassion You hear from those Who control language To pretend they care, Offers a glimpse into ignorance and fear In mirrors of blindness And rootless self-indulgence. At the river's edge, a shallow dawn Leaves little boys torn in two Suspended in dreams crushed By hollowed out voices Straining in the futility of words. You observe dark and foreboding waters Relinquishing a body To oceans of imagination In the silent unknown Of a dusted stone overturned, You mourn.



Rocky Ridge Trail, Seldovia, Alaska, Aug 2023. By Ives Wittman.

Rivers of Beauty III

You breathe in the air
Keeping your attention moving.
Feeling the sensations
Grind and loosen
To open a world of vibrations
Releasing the tension of years

Of bracing.

A spirit moves through A mind and body reviving, In excruciating pain to liberate

The misery, leaving peace and harmony Behind in a lightness of being, Visions of Kodiak bears lumbering Patiently devouring salmon At the river's edge

Of your soul below.

In a quiet
Unmoving moving knowing flow,
In strength and sorrow
Truth speaks in a childhood

Remembered.

A world of inner

Voices unheard liberated Without the fury of words Joy and wonder at the center

In purity leaves no penalty for

Nobility

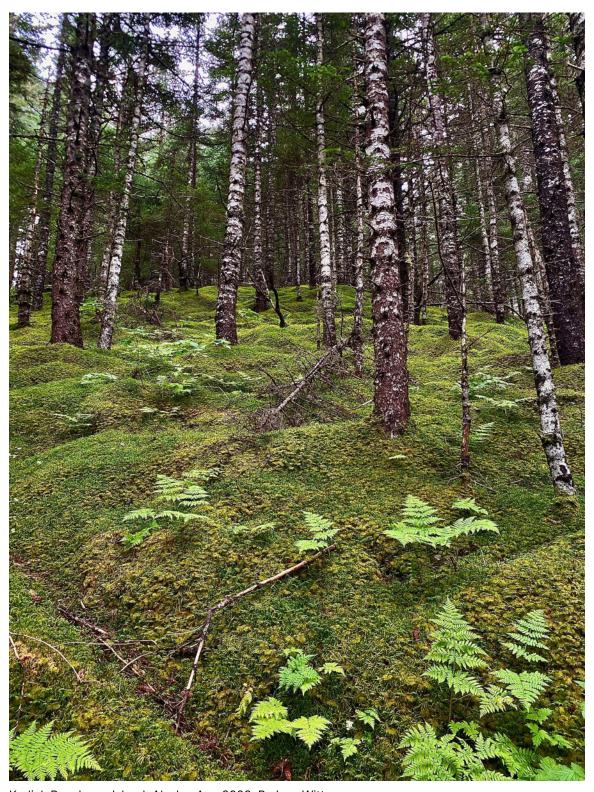
A hard identity emptying

Leaves sweet lonely freed from

Captivity

Communing with the natural world

Along inward rivers of beauty.



Kodiak Raspberry Island, Alaska, Aug 2023. By Ives Wittman.

Silos in Sorrow

On the farm, you follow the law.

A boy submits to despotic power

At the cost of his character.

A girl loses

Her voice, a scapegoat with

No choice.

A patriarch's inner beast thrashes In front of a matriarch's audience Of silence.

All live in silos of pain
Emptied of grain
In a land where plows
Turn over demoralization's
Indignation.

In prairies settling light,
You survey the damage
Of sorrow's tornado to see
Sweet battles surrendered.
The tightening and girding
Unrestrained

By a love of grace in a body No longer craving vindication.



Caribou Creek, W Glenn Hwy/Alaska 1, Alaska, Jun 2022. By Ives Wittman.

Souls in Beauty

Sometimes, if we're lucky,
We meet a guide to meander
On the path to complicity,
A brief visitor who opens our life
With a clear faculty to see
The beast eating away

At the dark cavity no one Wishes

To flee.

A silent decree

To withdraw from the pond Of ignorance and suffering Where blank delusions poison Sweet shallow melodies of life Stampede in frail facades.

A friend to weep and care,

To breathe in rhythm.

Together we die to dust

Igniting the spirit to stir.

A privacy shared in the lightness Of being to see the gates No longer blurred by meaningless Words, we caress the silence

Above.

Sitting in chairs of orchids
In beauty, the distance between us
Disappears observing a man
Growing old and wise

In the slowing spirit of memory On the eagle's eye of profound Bravery.



Raspberry Straits, Raspberry Island, Alaska, Aug 2023. By Ives Wittman.

Spirit to Fury

I ascend the deep divide Of mountain passes above treelines Of eternal space and time in

Glistening

Fields of rain and shy sunshine. Trudging the trail between Luminous greens,

In looming temples of paradise Declared,

Breathing dense presence.

A fine rain brings out flowers

Of phosphorus colors

In a world alone in antiquity for a day. An old man meets me on the trail

Making no demands as he goes

On his way,

As he moves further downstream I see a reflection of me, A touch of something greater

In an image shrinking quietly Into a colossal

Landscape.

A cold wind cutting

Across an Alpine lake reflecting

Clouds caressing peaks

In the glow of joyous melancholy,

Thin streams

Of fog hovering within reach

Piercing a world of choice

Denied perception.

Amidst nature's fiery cunning

The inanimate becoming animate

Who is who?

I melt into the landscape of determined

Unknowing

Opening to nothingness where

Notes of grace endure.



Carter Lake Trail, Moose Pass, Alaska, Aug 2023. By Ives Wittman.

Starfish Masters of Fate

On sunrise beaches
I watched the oceans collapsing.
Day after day presence spoke
Through an undying soul
Continually dying to live
In pursuit of higher ideals
Of sea salt air.

He sought inner truth

Giving a heartfelt response
In the grains of sand pounding

The shore where eddys collected

Memories deposited.

Two kindred souls reaching out

To make sense

Of a hurting world,

If only listening were enough

In the ebb and flow of high tides

And low.

Seaweed breathes transparency

In brown bunches swaying

An undeveloped sense of self

His flawless body stiffened in remembrance

Of nonexistent

Positive currents to fill the empty void

On striking colors of brittle stars,

Regenerating their arms

In tidal pools a relentless affair

Of respect and care.

Only what the moon proposes,

Always unveils

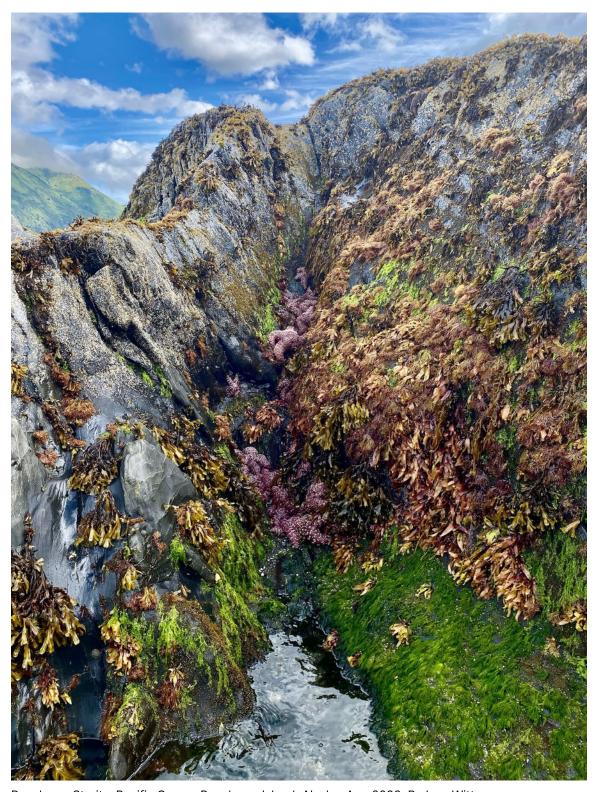
The good

Of telling truth when the waters recede

Starfish armies advance

In their daily

mourning prayers.



Raspberry Straits, Pacific Ocean, Raspberry Island, Alaska, Aug 2023. By Ives Wittman.

The Deep Blue

In the throes of deadly pain, You emerge fragile and strong. An inner knowing Moves you Beyond infantile desires. The shifting ground of being more, Teeters on ice shelves breaking Apart, in the polar reaches Of unexplored frames Of your frozen mind. A greater power offers sustenance to hidden desires Until a primal ache jolts you, Into the freezing cold waters Of the deep blue. Breathe and observe the sensations Tormenting thaw, Arising and passing away. Of boundless living in freedom Surfacing in the struggle of melting,

Into the deep blue rhythms

Of internal fortitude.



Gulf of Alaska, North Pacific Ocean, Alaska, Aug 2023. By Ives Wittman.

The Fallen Ax

An abandoned man With a hungering soul seeks A resting place At the edge of looming frontiers Where gray skies and fall leaves Comfort loneliness in disguise, Denying wisdom's wall a delirium assails A violence within rebelling against Ignorance and grace. In the valley, an ax falls A splitting of wood cracks The protesting air Isolation turns to solitude. A sacred calling echoes In snow covered mountain landscapes Of a soul. A jubilant boy returns In borrowed snows laughing He plays with sled dogs barking In raucous licking. In trickling waters taut and riveted Coming winter shadows matter, Where love suffers all to die In deep forests No longer gripped by the lie, A youthful nature looks To see the woodland debris Come alive.



Quartz Creek, Coopers Landing, Alaska, June 2023. By Ives Wittman.

Time and the River

Time flows

Like a rampaging river

Or a trickling stream.

Sometimes,

We travel in the continuous currents

With wonder and adventure,

Sometimes.

In discrete moments of agony

And futility.

The river of time

Creates and destroys.

It never returns as the same river

But as the river still,

Ever changing, unflustered,

Untouched by our disdain or joy.

It flows on.

Its shape and contours change.

Subtle intuitive impressions

Reflect an unspoken direction

A restless reassurance

Of incompletion

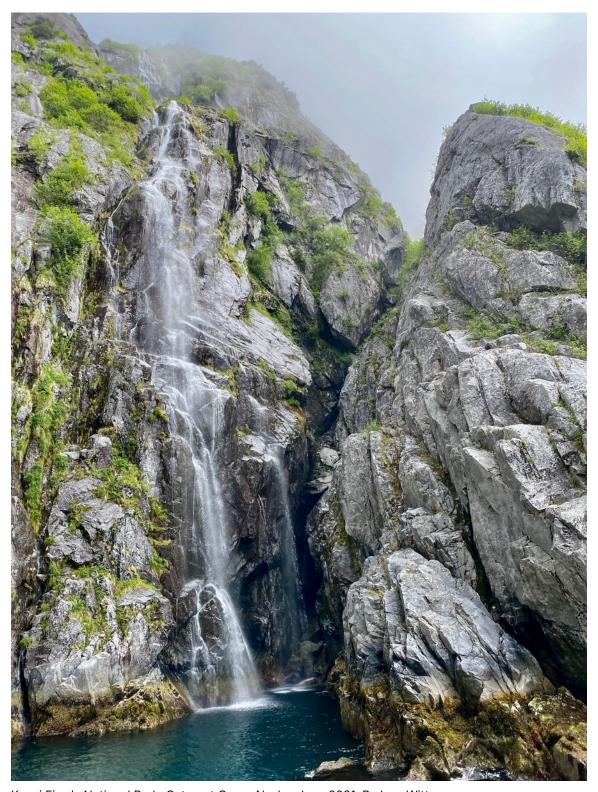
At the depths of human nature

In the trusted waters of

Imagination and vision

Tempered by time

And the river.



Kenai Fjords National Park, Cataract Cove, Alaska, June 2021. By Ives Wittman.



"To rise from the ashes, you must go through the fires. I've stood in my fires. I will stand with you in yours."

Final Words

Dear Reader:

Thank you for taking time to look at this book. It has been inspired by a community of people and places within my soul. If something has moved you, let's talk.

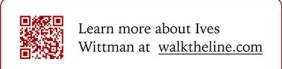
- Live in possibility, vision, and attention.
- · Discover purpose, mission and calling
- Overcome adversity and difficulty with grace and strength.
- Understand and appreciate yourself and soul
- Build relationships of intensity, commitment and loyalty
- Expand inner guidance; connect to a higher power and spiritual life

The hardships we encounter in the valleys of pain and peaks of our being will bring us together.

I will be frank and straightforward with you. Be prepared to go deep. In the fellowship of seekers, we will travel on the edge of what is real and demanding.

May you find in beauty truth.

Ives



In honor of my father and mother for their generosity, resilience and patience. You instilled within me a reverence for learning and appreciating the beauty of all things.

May your spirits continue to inspire the artist within me and others.



