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A New Movement for Clergy Mental Health and Disability Justice Gathers Momentum Nationwide

CHICAGO, IL —As mental health crises surge across the nation, a groundbreaking movement rooted in faith, justice, and healing has emerged: Clergy Care Collective — a 501(c)(3) public charity dedicated to transforming how the Church cares for its own.

Founded by Rev. Matthew González, J.D., a teacher, lawyer, former businessman, and ordained minister with lived experience of mental illness, Clergy Care Collective seeks to uplift seminarians, clergy, and all who serve the Church by providing radical support, education, and advocacy rooted in the Gospel of Jesus Christ and Catholic Social Teaching.

“This work is about loving those who labor in love,” says Rev. González. “Too often, pastors suffer silently. Our mission is to break the silence and rebuild a Church that cherishes the hearts, minds, and bodies of its ministers.”

With national reach, Clergy Care Collective offers:

- Peer Support Groups for clergy and seminarians
- Workshops and Retreats for renewal and resilience
- One-on-One Pastoral Care Consultations
- Advocacy Training on disability justice and mental health inclusion
- A Charitable Fund supporting homeless and disabled individuals awaiting SSI adjudication

The Collective’s advocacy is bold, calling for a compassionate overhaul of Supplemental Security Income (SSI) benefits and an end to policies that leave vulnerable people destitute. “We’re called to prophetic action,” González explains. “We must stand with those Christ calls ‘the least of these.’”


Clergy Care Collective is ecumenical, welcoming all Christian traditions while drawing deeply from Catholic spirituality and the lives of saints—especially St. Dymphna, patron of those with mental illness. González has consecrated his ministry to her and to the Blessed Mother, praying daily for all who reach out.


The nonprofit also supports seminarians navigating formation and discernment. A growing Affiliated Scholars Network honors theological scholarship and the pastoral wisdom of religious educators, ethicists, and church historians.

“This is more than a nonprofit,” González says. “It’s a movement. One built on love, truth, and the hope that a more caring, just, and Christ-centered Church is not only possible—but already being born.”

Churches, seminaries, journalists, and supporters are invited to connect and partner with Clergy Care Collective as it builds systems of care that uplift the wounded shepherds among us.

Learn more or schedule an interview:

 <https://clergycarecollective.org>

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