



Coombe Dingle
specialised nursing care



OUR HOME

Operated by the Alpha Care Healthcare Group, our home is located in the beautiful town of Caterham, Surrey, opposite Queens Park providing a peaceful environment that compliments our exceptional services.

Alpha Care operate three cares homes in Surrey and East Sussex, each providing dedicated and specialist care to those with Dementia. With over 25 years of experience in the industry, Alpha Care is a family run group focussed on delivering the highest quality care.

“Care with Dignity”

SPECIALISTS IN DEMENTIA CARE

Welcome to our nursing home, specialising in providing exceptional care for individuals with dementia. For over 25 years, we have been providing top-quality care services, dedicated to ensuring the comfort and wellbeing of our residents so they remain as strong as ever. We at Coombe Dingle will never compromise when it comes to our residents.

We are proud to have the best staff, who are highly trained and skilled in providing person-centred care to our residents, focusing on their physical, emotional, and mental wellbeing.



OUR MISSION

At Coombe Dingle, our mission is built upon these key principles:

- **Providing exceptional care:** We deliver personalised, compassionate care tailored to each resident's unique needs and preferences.
- **Fostering an inclusive environment:** We create a welcoming atmosphere that promotes dignity, independence, and personal growth for all residents.
- **Emphasising holistic well-being:** Our approach addresses physical, emotional, and social well-being, ensuring residents feel valued and supported throughout their journey.
- **Continuous improvement and reinvestment:** We are committed to constant growth by reinvesting in our home, upgrading software, regularly refurbishing our facilities, and investing in staff development to provide the best services possible.
- **Advanced software:** We leverage cutting-edge technology to streamline care processes and enhance the resident experience.
- **24/7 nursing professionals:** Our dedicated team of highly skilled nurses are available around the clock to ensure residents receive the best possible care.
- **Transparent communication:** We maintain open lines of communication with families, working collaboratively to enhance residents' quality of life.

By embracing these principles, Coombe Dingle strives to create a comforting home where residents and their families can face the future with confidence and optimism.





NURSING AND DEMENTIA

At Coombe Dingle, nursing and dementia care are at the forefront of our services, reflecting our dedication to providing exceptional care for those in need. Our team has undergone extensive training in order to provide the highest standard of care for residents suffering from dementia, encompassing all key aspects of their wellbeing.

Here at Coombe Dingle, we care for residents with the following:

- **Alzheimer's**
- **Parkinsons**
- **Dementia**
- **COPD**
- **Motor Neurone Disease**
- **Multiple Sclerosis**
- **Muscular**
- **Dystrophy**
- **Diabetes**
- **Dual Diagnosis**

High Dependency Care

A comprehensive, holistic patient assessment is used at Coombe Dingle for High Dependency Care. Through holistic assessment, our nurses are able to deliver person-centred care to patients. This is crucial to successful nursing care planning and maximising positive patient outcomes. Other key aspects we take into consideration for our high dependency care include:

- **Bipolar Disorder**
- **Anxiety**
- **Eating Disorder**
- **Personality Disorder**
- **Self Neglect**
- **Phobia**
- **Paranoia**

Residents with high dependency needs are supported on our Ground Floor under close supervision and will have regular monitoring via the GP and Nursing Team to ensure their needs are constantly being met.

ACTIVITIES

- Coombe Dingle boasts a **dynamic activity schedule** that changes weekly, providing an ever-evolving range of engaging experiences for our residents.
- Our carefully curated activities programme is designed to cater to a wide range of interests and abilities, and our **dedicated Activities Coordinator, Amy**, works tirelessly with our care team to ensure that each activity is a resounding success.
- We believe that meaningful activities play a crucial role in promoting **social interaction**, **emotional well-being**, and overall **quality of life** for our residents. That's why we offer a variety of activities, including painting, colouring, jewellery making, and much more.
- Our goal is to **inspire creativity** and provide opportunities for residents to explore **new hobbies and interests**, all while creating lasting memories and forming new friendships.
- Our residents take pride in the activities we offer, and we're proud to have a dedicated Activities Coordinator who ensures that our programme is not only successful but also extraordinary. With a focus on individual preferences and abilities, our activities programme is tailored to meet the unique needs of each resident, promoting a sense of fulfillment and purpose.





FEES

We are committed to providing high-quality care and accommodation that is both affordable and accessible. Our fees are starting from £1,500 per week and are dependent on a comprehensive individual assessment, which takes into consideration each resident's unique needs and preferences.

Our fees are all-inclusive, covering everything from accommodation to 24-hour care from our expert team, personalised care plans, daily meals prepared by our skilled chefs, access to a range of facilities and amenities, regular activities and events, and assistance with personal care, medication management, and other support services as required.

We also hold sundry expense accounts for each resident to cover costs not included in our fees such as hairdressing, newspapers and chiropody.

FUNDING

At Coombe Dingle, we understand that the cost of care can be a concern, and we're committed to helping you navigate the various funding options available to you. Our team is here to provide guidance and support, whether you're self-funded or looking for assistance from your local authority.

Self-Funding:

If you're able to pay for your care independently, we offer a range of payment options to suit your needs.

Local Authority Funding:

If you're eligible, your local authority may be able to provide financial assistance for your care. Our team can provide you with guidance on how to apply for funding and the different options available to you.

Other Funding Options:

There may be other funding options available to you, including grants, benefits, and charitable organisations. Our team can provide you with information on the different options available and help you navigate the application process.

We understand that the funding process can be complex and overwhelming, which is why we're here to support you every step of the way.





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