

# **HUYA FC**

**COACHES CERTIFICATION & EDUCATION** 

## **Coach Certification & Education**

#### **Core Training**

- 1. Active Start
  - 3 Hour course
  - + First Aid
  - + Ethics
- 2. Fundamentals
  - 6 Hour course (1 weekend day or 2 evenings)
  - + Emergency Action Plan
  - + Planning a Practice
- 3. Learn to Train
  - 6 Hour course (1 weekend day or 2 evenings)
  - + Managing a Game
  - + Health & Nutrition
  - + Player Scouting
- 4. Train to Train
  - 6 Hour course (1 weekend day or 2 evenings)
  - + Player & Team Analysis
  - + Sports Psychology
  - + Player Anatomy

### **Supporting Competencies**

- 1. First Aid\*
  - 4 hour course with official accredited organisation
- 2. Ethics
- 3 hour course presented by HFC staff
- 3. Managing a Game
  - 90 Minute course presented by HFC staff
- 4. Health & Nutrition\*
  - Outside source presentation
- 5. Player Anatomy
  - 3 hour course presented by HFC staff
- 6. Team & Player Analysis\*
  - 3 hour course with homework presented by HFC staff
- Planning a Practice\*
  - 90 minute course presented by HFC staff
- 8. Emergency Action Plan\*
  - 90 minute course presented by HFC staff
- 9. Sport Psychology\*
  - Outside source presentation
- 10. Player Scouting
  - 120 minute course with homework presented by HFC staff
  - \*Indicates available to Public Interest Courses



#### **Public Interest Courses**

1. Introduction to Coaching

120 minute course presented by HFC staff

2. Sprains, Strains and simple taping

Outside source presentation

3. Concussion Awareness

1 hour classroom presentation by HFC staff

4. Winning v Development

1 hour course presented by HFC staff

5. Supporting the player