## ALL MY FEELINGS



Color Benny and the feeling clouds. Each feeling is okay to have!

## FEELINGS CAN CHANGE Just like clouds in the sky.



Draw and color your feelings in the clouds

## SOMETIMES JOY STARTS AS A TINY GIGGLE

Color Benny's first giggle spark



## A HUG CAN LIVE INSIDE YOU! Color Benny's hug and the cozy glow.

