

Minimalism - How to Save Money When Reading Books

In the tough economic times, we are in, it is really good to look for ways to do things a bit cheaper. Book reading has become my favorite hobby. This year, I have really focused on reading books on investments and trying to live a better and more successful life.

By reading more, I have been able to get a better mindset about life and eliminated a lot of bad habits. So far in 2025, I have read 24 books for the year, and we are just past the halfway point. If I can maintain my current reading rate, I should exceed 50 books in one year. I started reading more in 2023, and finished 100 books that year, and 75 in 2024. Probably the most I have read in any one year before 2022 would be 15.

Part of the increase is due to having better focus on my part and cutting back on some of the wasted time where I was watching mindless drivel on TV for 3 hours a day. I now try to watch a maximum of 2 hours per day and do not watch the news at all.

I have a better focus in life and now desire to be around positive and uplifting people. I no longer care to listen to all the whiners, complainers, and political arguments going on in Washington. My life has taken on a greater level of joy and happiness, and I am not concerned about things I cannot control.

One of the books I read this year said that when you listen to all this negative talk, you begin to have negative self-talk and it is stored in your mind. This truly is not healthy, and I am going all out to eliminate any negativity in my life.

Another reason for my large volume of reading is getting a much faster reading rate. My words per minute while reading has doubled by simply reading the book "LimitLess" by Jim Kwik. In the latter part of the book, he covers how to speed-read and it is not very difficult.

His 3 main points really worked for me, and not only am I reading at double my earlier rate, but I am able to understand and comprehend what I have read better than ever before. Check out the book at Amazon.

This week I want to discuss some of the methods I have found to save money on books. You can spend upwards of \$25 on a book, so if I had purchased all 24 books I have read, I would have spent well over \$150. I think to date, I have spent \$7.50.

So here is how I have been able to acquire all these recommended books by so many authors. All of these books were either on the topics of Investing, Mindset, or Habits and were recommended by some prior author of a book I had read.

HOW TO SAVE MONEY ON BOOKS

Use your public library. Mine is Wfpl.net here in Wichita Falls, Texas. I can log into their website and seek out any book I want to read. I would say that just seeking there first, I have found perhaps ½ of the books. The cost of a year's membership at our public library is zero. So of the 24 books I read, I would say 20 of them came directly from the public library or Hoopla Digital (most from them via the library log in).

Our library is tied into Hoopla Digital. If a book you want to read is available as an eBook, you can download it on the eBook link (in multiple formats including ePub and Kindle), or use the Hoopla Digital app off the Google Store and do a search. You simply use your library membership card number and pin to log in.

Some of the best 4 books I have read this year were by Richard Kiyosaki of the "Rich Dad Poor Dad" series. All four of the ones I read I downloaded and read off Hoopla Digital. You do have a limit of just 11 books per month on Hoopla Digital. Cost: \$0

Here is perhaps the most important of all my money savers. On books not available at my library, at the bottom of the home page, there is a link to go to the ILL Research catalog. This is the Inter-Library Loan program. It links all the participating libraries in your state (and possibly even out of state) and you can search for the book you are looking for by name and author and see all the available books in all the libraries in your state.

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That is where I spent my \$7.50 this year. So far, I have located every book I wanted to read using the ILL or Hoopla Digital links. Shipping times vary so it may take up to 2 weeks for an ILL book to arrive.

Last year, I found that there is a new option called LIBBY which is also on the bottom of the main page of the library's website. A phone app for Libby is also available on the Google Play store.

It is much like Hoopla Digital and provides not only books but also magazines and audiobooks.

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2 Links on Minimalism articles from <u>Joshua Becker's</u> weekly blog:

Perfectionism Almost Ruined my Life by Mar B. Vich

How This CEO Has Only 89 Things and How it Helps Him

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