



1-2 August

FEW RETREAT



ATLANTA

Friday & Saturday

August 1 & 2, 2025

PLANNED AGENDA

FRIDAY: WELCOME LUNCH, REFLECT & RELAX TECHNIQUES- GUEST LEAD SESSION,
WELCOME GIFT, TOUR, & RESOURCES
REFLECTION & JOURNALING (PROVIDED)

EVENING DINNER

WORSHIP & WINDDOWN FIRESIDE

SATURDAY AGENDA

YOGA OR WALK

BREAKFAST

FOCUS ON TAKING CARE OF YOU

PAINTING ON THE PATIO

CHARCUTERIE (CREATE & EAT)

STORYTELLING & HEALING

DINNER FOR TWO-PACKED AND READY TO TAKE WITH YOU

DEPART ON SATURDAY 4PM.

Details available

Feb 21, 2025 @

FEW meeting.