



COACHING SERVICES

Personal Growth

For individuals who want to think more clearly, understand what may be getting in the way, and move forward with greater honesty, steadiness, and self-understanding.

Leadership Growth

For leaders and teams who want to strengthen judgement, credibility, trust, stakeholder alignment, and the quality of thinking behind important decisions.

CONTACT

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Book a complimentary discovery conversation



Coach for Clearer Thinking, Leadership Growth & Responsible Action

I coach individuals, leaders, and teams who want clearer thinking, sounder judgement, and steadier follow-through when something important is at stake.

My approach is practical, reflective, and action-focused. I do not coach by giving quick answers. I coach by helping people examine what is really happening, challenge assumptions, and act on what matters with greater consistency.

My work may draw on principles from Marshall Goldsmith Stakeholder Centered Coaching® methodology, Red Team Thinking, and other relevant coaching tools where appropriate, but each engagement is independently designed around the client's context, goals, and reality.

CREDENTIALS

- Marshall Goldsmith Stakeholder Centered Coaching
- ICF Professional Certificate in Coaching
- Red Team Thinking Certified Practitioner

My coaching services may draw on principles and tools from these methodologies where relevant, but each engagement is independently designed and delivered in the context of my own coaching practice.

COACHING STYLE

Honest challenge with respect and psychological safety. Structured reflection linked to action and accountability. Practical coaching grounded in real contexts, not empty motivation.

Supportive, and not passive.

WHO THIS IS FOR

Individuals and professionals who want clearer thinking and steadier progress.

Individuals navigating transition, new roles, feedback, or increased responsibility.

Leaders who want to strengthen judgement, influence, and stakeholder trust.

Leadership and teams that need better challenge, alignment, and decision quality.