

Jeremi Ong



Founder, Insight Growth Coach for Flourishing Leaders & Professionals

Guided by my philosophy of coaching for flourishing, not fixing, I coach leaders and professionals to grow through insight, grounded in my past leadership of high performing teams in high pressure environments.

I integrate Marshall Goldsmith Stakeholder Centered Coaching and Red Team thinking methodologies across my practice, applying them with organisational leaders and teams and tailoring key elements for one-to-one coaching.

I combine reflective inquiry with practical steps so you grow as an individual and as a leader, strengthen team collaboration, and move forward with clarity in your career.

CONTACT

-  www.insightgrowthcoaching.com
-  transform@insightgrowthcoaching.com
-  +65 8896 8434
-  [Complimentary Discovery](#)



COACHING SERVICES

One-to-One Coaching

Deepen self-awareness, build confidence and self-leadership and make clear choices in work and life.

Career Growth Coaching

My Career Clarity Blueprint led guidance to define direction, target roles and next steps.

Leadership and Executive Coaching

Measurable behaviour change with stakeholders, stronger trust and presence.

Team Coaching

Surface and test assumptions, agree decision criteria and roles, and convert insight into committed action.

Team Development and Away Days

Partner with organisations to design and facilitate team development activities that build trust and align ways of working.

CREDENTIALS

- Marshall Goldsmith Stakeholder Centered Coaching
- Professional Certificate in Coaching
- Red Team Thinking Certified Practitioner

COACHING STYLE

- Curious challenge of assumptions with psychological safety
- Evidence-based methodologies
- ICF coaching ethics and transformational inquiry
- Mindful reflection

WHO THIS IS FOR

- Individuals and Professionals who want to be better and discover their potentials
- Graduates and Career Movers, New Roles and Promotions
- Leaders and Emerging Leaders
- High Performing Teams and Teams aiming for high performance