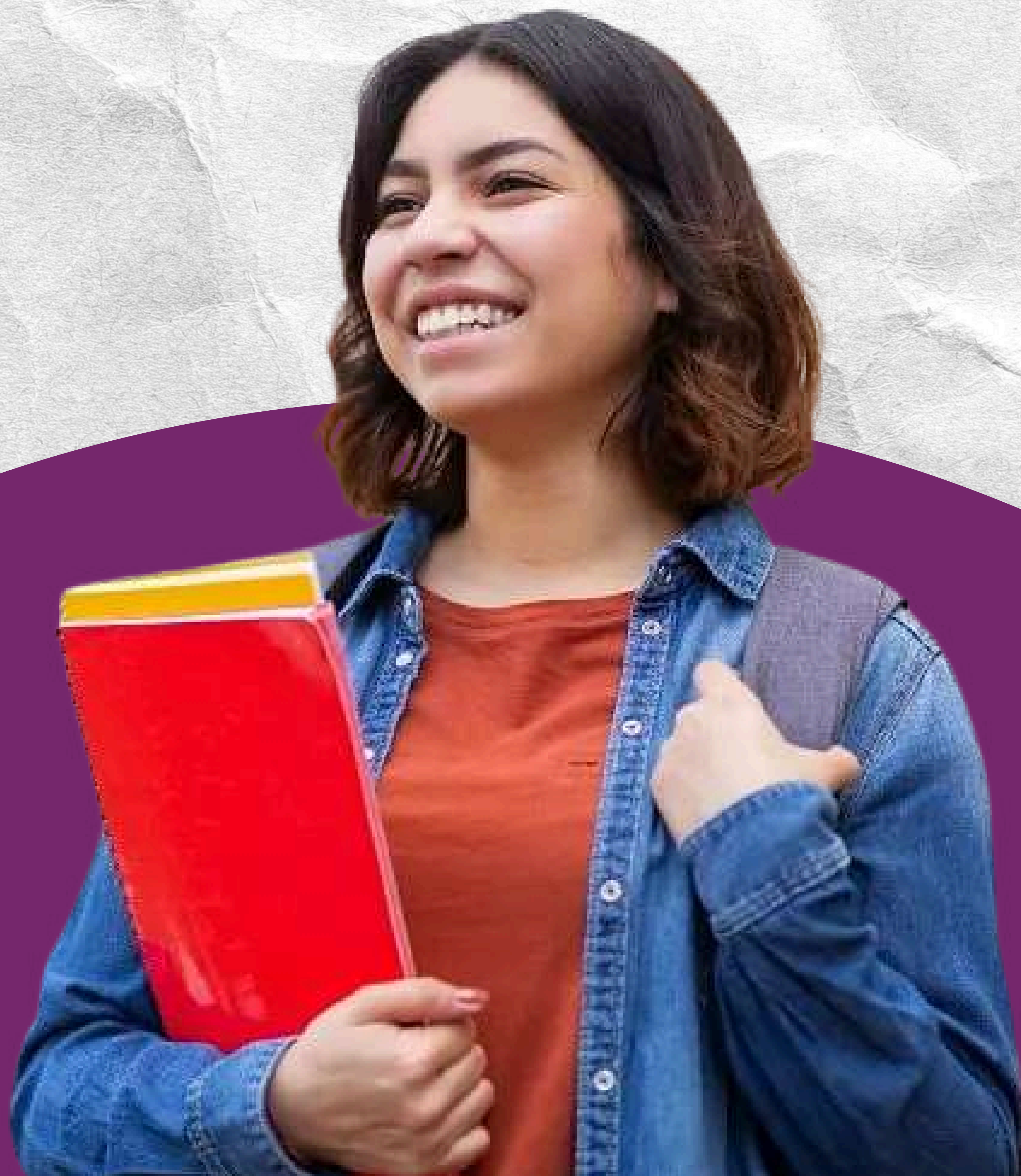




WINGS
KNOW YOUR DESTINATION & FLY!

CLINICAL PSYCHOLOGY INTERNSHIP

CLINICAL TRAINING IN THEORY AND THERAPY





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WHAT IS WINGS?

Wings, founded by a group of Psychology enthusiasts in 2020, is a startup focusing on education and mental health, led by a diverse team of Professionals. We aim to excel in training, coaching, and mental health awareness, particularly in preparing individuals for competitive exams like NET, SET, and MPhil, and PG entrance tests in psychology.

At Wings, we're more than a coaching center; we're dream architects and success creators, founded on a passion for nurturing excellence. Emerging as a beacon of hope for aspiring students, our vision is to ignite knowledge and curiosity, guiding each student toward their goals with personalized mentoring.

Our mission is to turn ordinary aspirations into extraordinary achievements by tailoring coaching methodologies to suit individual needs, and empowering students to excel in their chosen domains.

WHY CHOOSE WINGS?

- **Comprehensive Syllabus:** Our well-structured syllabus covers essential concepts and prepares students thoroughly for their entrance exams.
- **Experienced Faculty:** Learn from a dedicated faculty with vast experience in psychology and clinical training.
- **Practice Exams and Mock Tests:** We offer regular practice exams and mock tests to help students gauge their preparation and boost their confidence.
- **Personalized Guidance:** Receive individual attention and tailored study plans to address specific strengths and weaknesses.
- **Supportive Learning Environment:** Enjoy a positive and encouraging atmosphere that fosters learning and growth.
- **Success-Oriented Approach:** Our primary focus is to help students succeed in achieving their academic and career goals.



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MESSAGE FROM ACADEMIC DIRECTOR

Welcome to Wings, where knowledge and well-being converge.

We empower students to excel in entrance exams and thrive in their academic journeys. Our expert-led coaching and training programs are complemented by comprehensive mental health services, delivered by eminent scholars and clinical psychologists.

At Wings, we nurture minds and foster resilience. Join us to unlock your full potential.

Nikhil Zebu
Academic Director
Wings





CLINICAL PSYCHOLOGY INTERNSHIP TRAINING

WINGS' 3-month online internship in Clinical Psychology aims to provide BSc and MSc students with practical experience and theoretical knowledge in the field of mental health directly from the Licensed Clinical Psychologists. .

The **KEY FEATURES** of this internship training are given below:

- Develop essential skills such as case history taking, mental status examination, and therapy techniques.
- Deepen understanding of psychological theories and evidence-based approaches relevant to clinical practice.
- Contribute to mental health awareness and advocacy by addressing diverse psychological issues

TRAINING HIGHLIGHTS

- **LIVE CLASS** BY EXPERT FACULTIES
- **RECORDED CLASS** ON EDUFLY APP FOR 6 MONTHS
- **PERSONALIZED MENTORSHIP**
- **HAND BOOKS**
- **EXAM ALERTS**
- **HARD COPY CERTIFICATE**

FEE STRUCTURE

Category	Fees (Early Bird*)	Fees (Regular)
Individual Participant	Rs. 2000	Rs. 2600
Group Registration (Group of 5 or more)	Rs. 1500 Per Student	Rs. 2100 Per Student

*Early Bird offers valid till December 31st, 2024 only.



SYLLABUS

I. Introduction to Clinical Psychology

1. Definition and scope of clinical psychology
2. Historical perspectives and evolution
3. Role of clinical psychologists in various settings
4. Ethical considerations in clinical practice

II. Theoretical Foundations

Overview of major theoretical approaches (psychodynamic, behavioural, cognitive, humanistic)

III. PART A (1.30 mins) Introduction to psychopathology and diagnostic classification systems (DSM 5,

ICD-10) Common Mental Disorders:

1. Overview and diagnostic criteria for mood disorders (depression, bipolar disorder)
2. Anxiety disorders (generalized anxiety disorder, panic disorder, phobias)
3. Trauma and stressor-related disorders (PTSD, acute stress disorder)

IV. PART B (1.30 mins) Introduction to psychopathology and diagnostic classification systems (DSM 5,

ICD-10) Psychotic Disorders and Personality Disorders

1. Schizophrenia spectrum and other psychotic disorders
2. Personality disorders and their classifications

V. Case History Taking

VI. Mental Status Examination

VII. Assessment Plan & Case Formulation



SYLLABUS

VIII. Assessment in Clinical Psychology Rational for Psychological Assessment

1. Cognitive
2. Personality structure
3. Personality dynamics
4. Projective
5. Rating scales

IX. Introduction to Neurofeedback

X. Therapeutic formulation and approach-MBCT

XI. Assessment in Clinical Psychology Rational for psychological assessment

1. Cognitive
2. Personality structure
3. Personality dynamics
4. Projective
5. Rating scales

XII. Therapeutic formulation and approach - CBT & BT

XIII. Therapeutic formulation and approach - psychoanalysis

XIV. PART A Special Populations and Issues

1. Introduction to child and adolescent

XV. PART B Special Populations and Issues

1. Substance and Non Substance use disorders and addiction

XVI. CASE DISCUSSION

1. CASE 1
2. CASE 2

XVII. Presentation

XVIII. Presentation

XIX. Open Book Examination

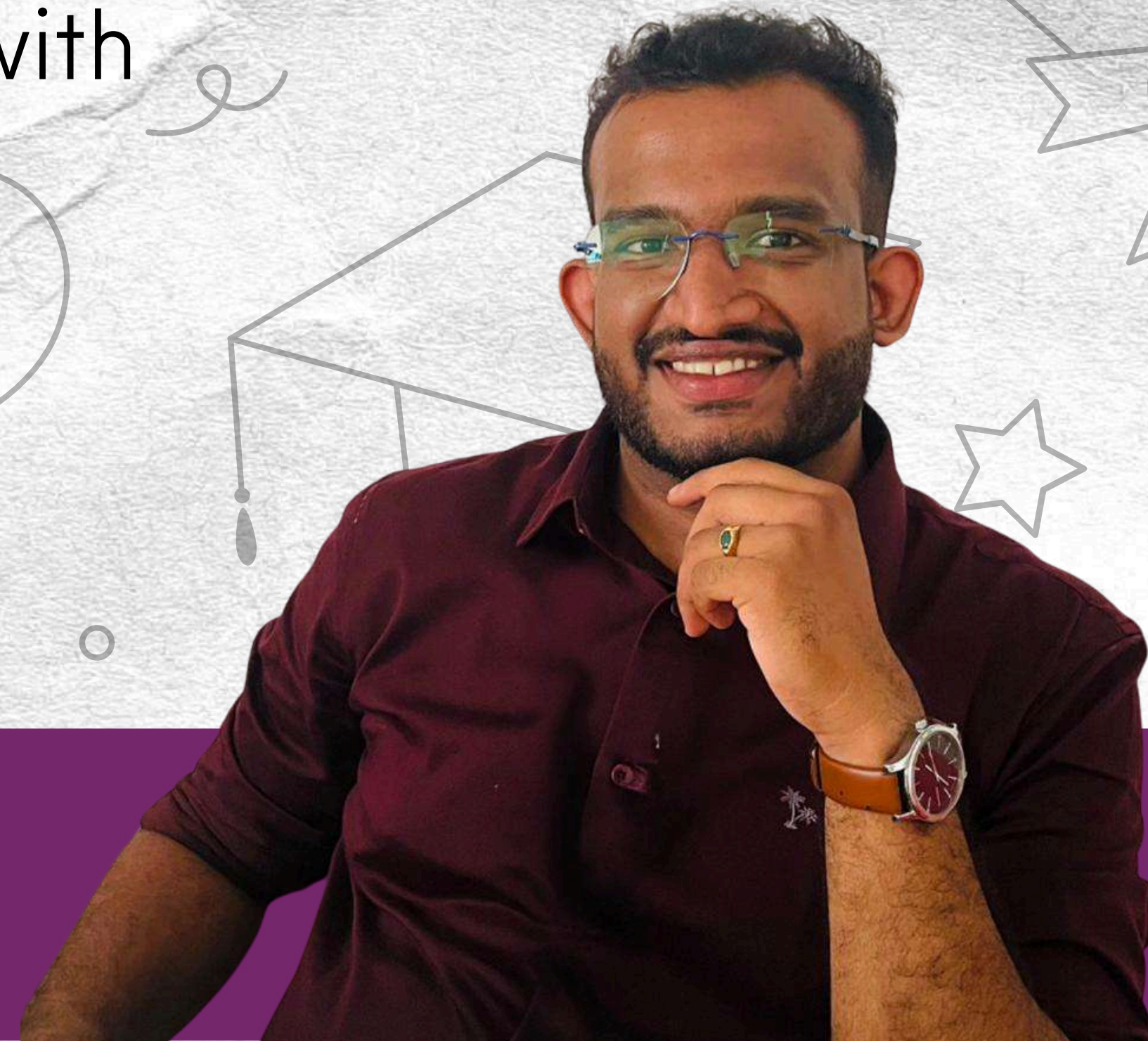
XX. Case Submission



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MEET THE FACULTY

Our experienced and dedicated faculty members are here to provide you with insightful guidance and support throughout your learning journey...



MR. ARUN PATTAMATHU

MSC PSYCHOLOGY, SET, PGDCP,
MPHIL. CLINICAL PSYCHOLOGY (RCI)



MS. ELIZABETH JOLLY PARACKA

MSC PSYCHOLOGY,
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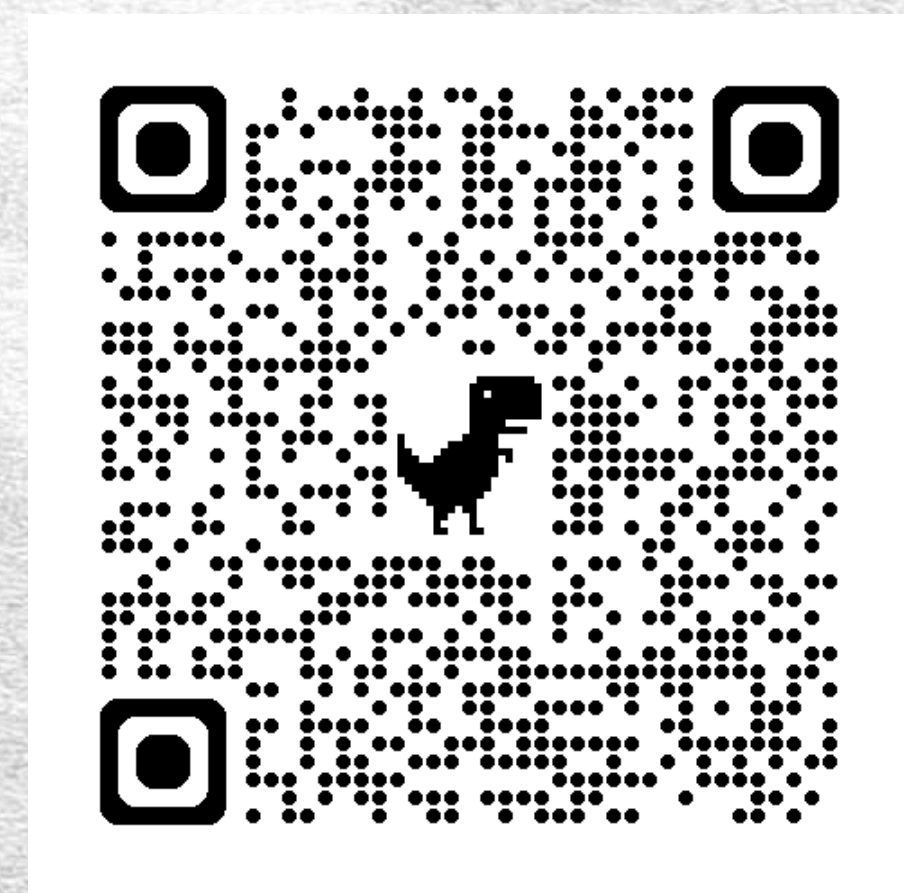
UNLOCK YOUR PATH TO SUCCESS THROUGH WINGS

- YOUR GATEWAY TO TOP UNIVERSITIES!

"Embark on your journey to mastering psychology with expert guidance, proven strategies, and a passion for knowledge. Your future in psychology starts here!"

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