



ELEVATE: Real-World Leadership That Works, January 15-17, 2026

San Diego, Ca

Practical strategies, powerful connections, and skills you can use tomorrow.

Day 1 – Foundations of Real-World Leadership



1:00 – 4:00 PM

- 1:00 – 1:30 | Welcome & Leadership Icebreaker – Build connections, surface strengths, set the tone
- 1:30 – 2:15 | The 5 Shifts from Manager to Leader – Explore differences between managing tasks and leading people
- 2:15 – 3:00 | Leadership Styles in Action – Take an assessment and learn how to adapt styles
- 3:00 – 4:00 | Building Trust & Credibility Fast – Develop strategies for establishing trust quickly
- 5:00 – 6:30pm – Cocktail Reception

Day 2 – Communication & Influence Mastery



8:00 AM – 4:00 PM

- 7:30 – 8:00 | Breakfast
- 8:00 – 8:15 | Morning Energizer – Leadership trivia & interactive quiz
- 8:15 – 9:15 | Communicating for Impact – Learn the 3-minute clarity model
- 9:15 – 10:00 | Giving Feedback that Sticks – Role-play real workplace scenarios
- 10:00 – 11:00 | Storytelling Circles – Leaders share stories and lessons

- 11:00 – 12:00 | Influence Without Authority – Lead and inspire others without formal power
- 12:00 – 1:00 | Networking Lunch & Table Talks – Share insights and peer solutions
- 1:00 – 2:00 | Navigating Change Without Burning Out Your Team – Actionable strategies
- 2:00 – 3:00 | Leading Teams Through Change & Challenge – Team simulation
- 3:00 – 4:00 | Building a High-Performance Culture – Create intentional workplace cultures

Day 3 – Taking Back & Making It Stick



8:00 AM – 1:00 PM

- 7:30 – 8:00 | Breakfast
- 8:00 – 8:15 | Morning Energizer – Quick recognition activity
- 8:15 – 9:15 | Decision-Making Under Pressure – Tools for high-stakes choices
- 9:15 – 10:00 | Resolving Conflict Like a Leader – Conflict resolution role-play
- 10:00 – 11:00 | Leading with Resilience & Emotional Intelligence – EQ skills in action
- 11:00 – 12:00 | Your 90-Day Leadership Action Plan – Guided planning with peer feedback
- 12:00 – 1:00 | Closing & Leadership Pledge Ceremony – Shared commitments to lead with purpose