

### A Senior Luxury Living Home

#### Medical Policies & Healthcare Guidelines for Residents

#### **Snehaneer Senior Living Facility**

(Effective from 20 September, 2025)

At **Snehaneer Senior Living**, the health and well-being of our residents are our top priority. These medical policies are designed to provide clarity on healthcare support, medication management, emergency protocols, and preventive care, ensuring that all residents feel safe, secure, and well looked after.

## 1. Medical Supervision and Support

- Resident Health Records: Each resident must provide complete medical history and ongoing prescriptions at the time of admission. Updates should be shared with the management whenever changes occur.
- On-Call Doctors: General physicians are available on call. Specialized doctors may be arranged upon request at the resident's cost.
- Nursing Support: Trained nursing staff and attendants are available for routine care
  and basic first aid. Any specialized nursing assistance will require prior arrangement
  and additional charges.

### 2. Medication Management

- Personal Responsibility: Residents are responsible for keeping and taking their prescribed medicines unless prior arrangements are made.
- Medicine Storage: Residents must store medicines in designated areas. Refrigeration facilities are available for temperature-sensitive medications.
- Supervised Administration: If required, nursing staff can assist with administering medicines at pre-scheduled times. This service will be billed separately.
- Prohibited Items: Self-medication with sedatives, sleeping pills, or any non-prescribed drugs is strictly prohibited.

### 3. Emergency Medical Care

- Emergency Response: In case of sudden illness or accident, immediate first aid will be provided, followed by transfer to the nearest hospital if required.
- Ambulance Services: Ambulance arrangements can be made upon request, charges will be borne by the resident.
- Hospitalization: Residents or their families must bear all expenses related to hospitalization, treatment, and external consultations.
- Family Notification: The family/guardian will be informed immediately in the event of a medical emergency.

#### 4. Preventive Healthcare

- Regular Check-Ups: Periodic health camps and general check-ups are organized within the facility.
- Vaccinations: Residents are encouraged to keep vaccinations (e.g., flu, pneumonia,
   COVID-19) up to date. Assistance for arrangements can be provided.

 Wellness Activities: Gentle yoga, breathing exercises, and wellness sessions may be organized to support overall health. Participation is voluntary.

### 5. Resident Responsibilities

- Medical Updates: Residents/families must promptly share changes in prescriptions or health conditions.
- Doctor Visits: Family members are encouraged to coordinate specialized medical visits directly with doctors/hospitals.
- Insurance: Residents are advised to maintain valid medical insurance policies to cover hospitalization and advanced treatments.

#### 6. Limitations of Facility Responsibility

- Non-Hospital Setup: Snehaneer is a senior living residence, not a hospital. Intensive or long-term medical care (e.g., ICU, dialysis, or surgical procedures) cannot be provided on campus.
- Outside Specialists: While management will assist in coordinating specialist visits,
   residents/families must directly bear responsibility for arrangements and payments.
- Palliative & End-of-Life Care: Such specialized services may be arranged on request, subject to feasibility and extra cost.

# **Closing Note**

The medical policies at **Snehaneer Senior Living** are framed to provide every resident with timely support, dignity, and peace of mind. By following these guidelines and cooperating with staff, residents can enjoy a safe and reassuring environment where healthcare needs are addressed with compassion and responsibility.

For further details, please call us at +91.9830924906 or email us at snehaneerliving@gmail.com