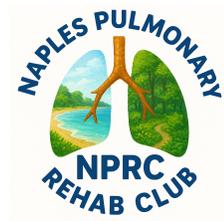


Oxygen Cannula Care & Replacement

Naples Pulmonary Rehab Club (NPRC) – Patient Education • March 01, 2026



Website: www.naplesprclub.com Email: naplesprclub@gmail.com

Watch our short videos — follow & subscribe:

- YouTube: @naplespulmonaryrehabclub
- Instagram: @naplesprclub
- TikTok: @naples.pr.club
- Facebook • LinkedIn

Keeping your oxygen cannula clean and replacing it on a consistent schedule can reduce irritation, prevent odor and buildup, and lower the risk of contamination. Follow your oxygen supplier's instructions first.

Quick Care Calendar

How often	What to do (general home-oxygen guidance)
Every day	Wash hands before handling. Keep cannula off bed/chair/floor. Check for cracks, discoloration, odor.
Every week	Wash cannula with mild dish soap + warm water (if supplier allows). Rinse well and air-dry completely.
When not in use / transporting	After fully dry: store in a clean zip-top bag or your oxygen supplies storage bag to keep it protected.
Every 2-4 weeks	Replace cannula (or mask). Replace sooner if stiff, discolored, cracked, or uncomfortable.
After illness	Replace cannula after you are fully better (and replace sooner if it seems contaminated).

How to clean a nasal cannula (if your supplier says it's washable)

- 1) Wash hands.
- 2) Disconnect cannula from long tubing.
- 3) Wash with mild dish soap + warm water.
- 4) Rinse thoroughly.
- 5) Air-dry completely before reconnecting (and before storing in a bag).
- 6) Replace if stiff, discolored, cracked, or smelly.

Safety reminder (oxygen + fire risk)

Never smoke or vape around oxygen. Avoid oil-based products (like petroleum jelly) near oxygen.

Links: [YouTube](#) • [Facebook](#) • [Instagram](#) • [TikTok](#) • [LinkedIn](#)

Disclaimer: Educational content only; follow your clinician and oxygen supplier instructions.

Oxygen Cannula Care

Quick home-oxygen guide

Replace

Every 2-4 weeks
(and after illness)

Wash

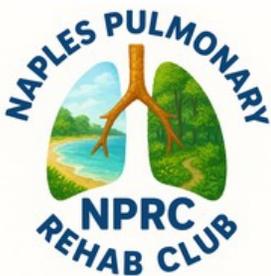
Weekly with mild soap
+ warm water (if allowed)

Dry

Air-dry completely
before reconnecting

Store

In a clean zip-top bag
when not in use/transport



Naples Pulmonary Rehab Club (NPRC)

www.naplesprclub.com • naplesprclub@gmail.com

Watch our short videos — follow & subscribe: YouTube • Facebook • Instagram • TikTok