



Unscripted Academy



+44759 090 4151



cm@unscriptedacademy.co.uk



www.unscriptedacademy.co.uk



About Us

*Unleash your Creativity!
Unlock your Potential!*

The world isn't scripted, no matter how hard we try. The journey to confident communication starts by finding confidence in yourself.

Using experiential methods like improv, role-play, and storytelling, we help your students discover their authentic style and, in doing so, their voice.

Our mission is to provide a safe, supportive environment for personal development.

Who We Work With

We work with learners from **Key Stage 2** through to **University** level and beyond. Our programmes are delivered in secondary schools, sixth forms, universities, and youth organisations, with tailored offerings also available for teacher training, corporate teams, and adult learners.

Whether it's a classroom, a staffroom, or a boardroom, our experiential approach applies to every stage of growth!



+44759 090 4151



cm@unscriptedacademy.co.uk



www.unscriptedacademy.co.uk

Our Founder

- ✓ Connor's experience spans across entertainment, education, and corporations
- ✓ He has worked as an actor across stage, TV & Film, and led many improv theatre groups, affording him the skillset required to assist in personal development
- ✓ Training offers a blend of performance, professionalism, and development.



Our Modules

4) *Career Ready*

3) *Aspire to Achieve*

2) *Confident Communication*

1) *Character Development*



Flexibility

Our modules are split into **six** units.

Each module is designed to span a full term. This would consist of a weekly 90-min workshop, with the performance/assessment delivered in their final session.

However... whilst our module themes are carefully structured, how they are delivered is completely up to you.

These units can be delivered with the **ongoing module** or as **one-off workshops**.

Choose the timing and frequency that best fit your school's needs.

Min. Duration: 1.5 hrs

Max. Capacity: 16 Participants



+44759 090 4151



cm@unscriptedacademy.co.uk





www.unscriptedacademy.co.uk



Character Development

Create characters. Craft stories.
Convey meaning.

 Unit	 Key Focus
Exploring Stories	<ul style="list-style-type: none">• The skeleton of a story• What makes a good story? <i>Exercises: Story dissection, Group storytelling</i>
Building Characters	<ul style="list-style-type: none">• Motivation, desire and backstory• Character voice and movement <i>Exercises: Impov character scenes, Hot seating</i>
Structure & Transformation	<ul style="list-style-type: none">• Mapping story arcs/character transformation• Adaptability in letting change emerge <i>Exercises: Cause-and-effect sequencing, Improv</i>
Voice, Tone & Perspective	<ul style="list-style-type: none">• Understanding narrative perspective• Tone to shape mood, energy & interpretation <i>Exercises: Tone-switch rewrites, narration tests</i>
Dialogue & Monologue	<ul style="list-style-type: none">• Contrasting thought and intention• Playing with silence, timing, and rhythm <i>Exercises: Interruption & subtext games</i>
Final Performance	In the final performance, students will devise an original story or character piece, using physicality and vocal tools to showcase their understanding of different characteristics.



+44759 090 4151



cm@unscriptedacademy.co.uk



www.unscriptedacademy.co.uk



"The best stories always end up being about the people rather than the event, which is to say character-driven."

- Stephen King



Confident Communication

**Stand tall. Embrace failure
Live authentically.**

 Unit	 Key Focus
Finding your Voice	<ul style="list-style-type: none">• Personal communication styles• Finding comfort in vulnerability <i>Exercises: "I Am" monologues, Improv</i>
Embracing Failure	<ul style="list-style-type: none">• Redefining failure as necessary• Resilience & emotional recovery <i>Exercises: Roleplay setbacks, Hot seat Q&A</i>
Listening as Power	<ul style="list-style-type: none">• Active & empathetic listening skills• Read between the lines: non-verbal cues <i>Exercises: Mirroring, Eye-contact/silence drill</i>
Owning the Room	<ul style="list-style-type: none">• Holding attention• Connecting to your audience <i>Exercises: Power poses, joke vs. truth speech</i>
Speak with Purpose	<ul style="list-style-type: none">• Match content, emotion, and intention• Voice dynamics to elevate your message <i>Exercises: Project/pace, passion speeches</i>
Final Performance	In the final performance, students will be expected to deliver a 5-minute monologue or speech to the group, communicating their ideas and conveying confidence.



+44759 090 4151



cm@unscriptedacademy.co.uk



www.unscriptedacademy.co.uk



*"You are braver than you believe,
stronger than you seem, and smarter
than you think."
- Christopher Robin*



Aspire to Achieve

Pause. Reflect. Grow.



 Unit	 Key Focus
Who am I?	<ul style="list-style-type: none">• Exploring personal identity, values & beliefs• Personal strengths and growth areas <i>Exercises: Personal timelines, Identity maps</i>
Setting Personal Goals	<ul style="list-style-type: none">• Identifying meaningful personal aspirations• Creating actionable steps <i>Exercises: SMART goal setting, Vision boards</i>
Emotional Awareness	<ul style="list-style-type: none">• Emotional regulation in hard situations• Developing empathy by listening <i>Exercises: Roleplay scenarios, Journalling</i>
Giving & Receiving Feedback	<ul style="list-style-type: none">• Giving empathetic, constructive feedback• Building resilience and reflection skills <i>Exercises: Feedback circles, "Glow & Grow"</i>
Crafting your Future	<ul style="list-style-type: none">• Visualisation & manifestation techniques• Aligning actions with future visions <i>Exercises: Guided visualisation, Goal mapping</i>
Final Performance	In the final performance, students will tell a story about themselves in 10 years time. They will take questions and use their newfound sense of authenticity to drive storytelling passion.



+44759 090 4151



cm@unscriptedacademy.co.uk



www.unscriptedacademy.co.uk

*"We are not who we might have been
or who we would like to be. We are
exactly who we are."*

- Eric Maisel



Career Ready

**Build skills. Gain experience.
Seize Opportunities.**



Unit



Key Focus

Managing Nerves

- Physical and mental grounding techniques
 - Staying calm and embracing failure
- Exercises: Breathwork, Grounding drills, Improv*

Presentations & Storytelling

- Story structuring for maximum engagement
 - Narration for authentic audience connection
- Exercises: Peer storytelling, Visual storyboarding*

Public Speaking: Non-Verbal

- Intentional physical presence
 - Posture, eye contact, gestures, and space
- Exercises: Silent stories, Gibberish improv*

Public Speaking: Verbal

- Emphasis, tone, and rhythm
 - Vocal clarity, projection, and pace
- Exercises: Articulation drills, Emotion improv*

Interview Adaptability

- Demonstrating confidence under pressure
 - Adapting to unexpected/challenging Q's
- Exercises: Interview role-play, STAR method*

Final Performance

In the final performance, students will be expected to deliver an unscripted presentation and take questions, putting everything learned up until this point into practice.



+44759 090 4151



cm@unscriptedacademy.co.uk



www.unscriptedacademy.co.uk

"Education is the passport to the future, for tomorrow belongs to those who prepare for it today."
- Malcolm X

