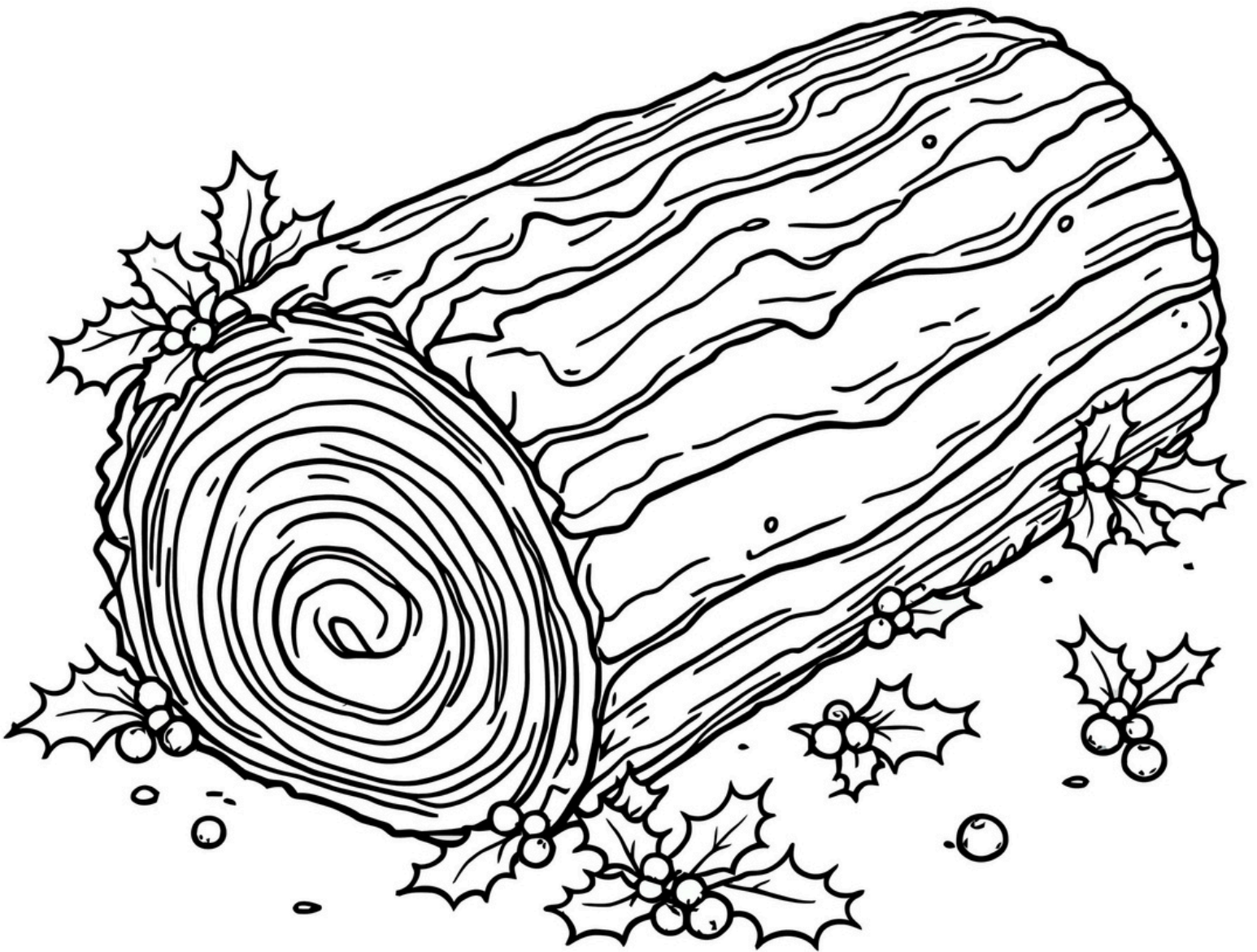


YULE





Yule Coloring & Reflection Mini Booklet

A Lavender Realms Seasonal Freebie

The light returns.

This is the season of stillness and soft beginnings – of long nights, glowing hearths, and the quiet promise carried within the dark. At Yule, we pause to rest, to tend the inner flame, and to welcome the slow lengthening of days.

As the year reaches its deepest night, Yule invites us to honor rest as sacred, to find warmth in small rituals, and to trust that light is already on its way back.

Within these pages you'll find gentle ways to connect with the season:

- ✧ Quiet reflections for midwinter stillness
- ✧ A simple ritual to welcome the returning light
- ✧ A page for calm creativity and coloring

Light a candle, wrap yourself in warmth, and allow this moment to be yours – a soft pause at the turning of the wheel.

May your Yule be peaceful, luminous, and full of quiet magic.







The Twelve Days of Yule



Simple ways to honor the season of returning light

Use these simple practices as gentle inspiration as the light slowly returns.

Day 1: Welcome the Light

Light a candle and take a quiet moment to honor the rebirth of the sun.

Day 2: Clear Your Space

Tidy a small area or cleanse your space with intention (smoke, sound, or breath).

Day 3: Gather Evergreens

Bring pine, cedar, rosemary, or another evergreen into your home for renewal.

Day 4: Honor Rest

Go to bed early, take a nap, or allow yourself intentional stillness.

Day 5: Offer Gratitude

Write down three things that brought you comfort this year.

Day 6: Warm the Body

Prepare a warm drink or meal with care and mindfulness.

Day 7: Connect with Nature

Step outside, even briefly, and notice the winter sky, trees, or air.

Day 8: Remember the Ancestors

Light a candle in remembrance of those who came before you.

Day 9: Create Something Small

Draw, write, bake, craft, or decorate — let creativity flow without pressure.

Day 10: Set a Gentle Intention

Choose one word or feeling to nurture as the days grow longer.

Day 11: Share Warmth

Offer kindness — a message, a gift, or a quiet act of care.

Day 12: Bless the New Cycle

Light a final candle and welcome the growing light with hope and trust.

May these twelve days carry you softly through the dark and gently into the light.





About Lavender Realms

Seasonal soul care, sacred rituals, and soft magic await.



Lavender Realms is a cozy corner of the universe where witches, mystics, and magic-makers can reconnect with the rhythm of the Earth. Whether you're celebrating the Wheel of the Year, tending to your inner spark, or weaving everyday magic into your life, you'll find gentle guidance, printable rituals, and artful inspiration here.

We believe in honoring the turning of the seasons, slowing down, and creating beauty in the everyday.

Looking for more?

Explore our seasonal offerings of printables, mini rituals, journaling pages, and art for the modern witch.

www.lavenderrealms.store

- digital downloads, seasonal guides, and printable rituals
- exclusive freebies and gifts (new magic each season)

Instagram @lavenderrealms

- inspiration, behind the scenes, and sacred musings



Thank you for inviting this little bundle of magic into your life.
May your Yule be peaceful, luminous, and full of quiet magic.

