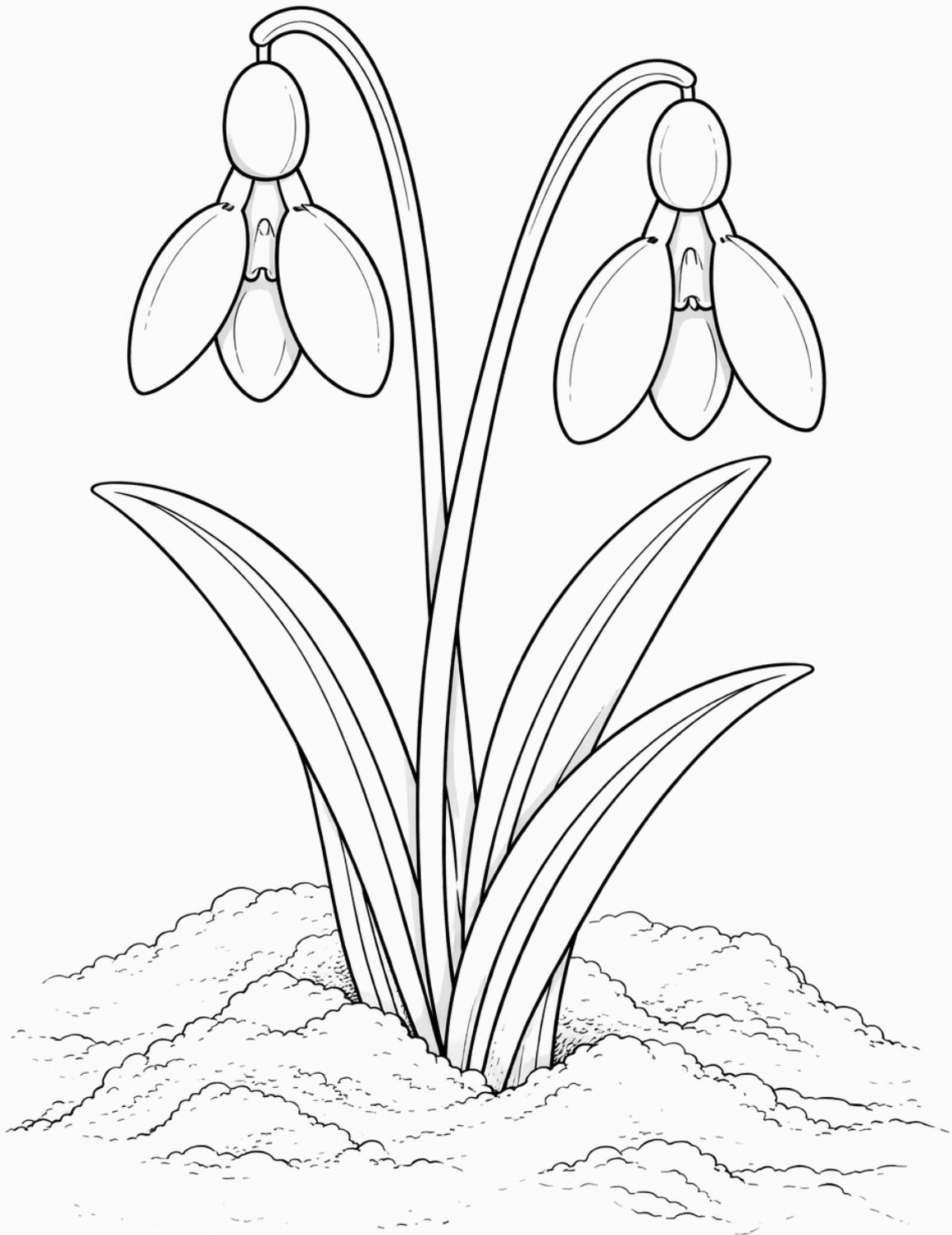


IMBOLC





Imbolc Coloring & Reflection Mini Booklet

A Lavender Realms Seasonal Freebie

The first stirrings awaken.

Imbolc marks the quiet turning toward spring – a season of renewal, purification, and gentle hope. At Imbolc, we pause to tend small flames of care, to notice returning light, and to honor what is slowly coming to life.

As winter loosens its hold, Imbolc invites us to soften – to trust subtle growth, to care for what is tender, and to prepare for the seasons ahead with steadiness and grace.

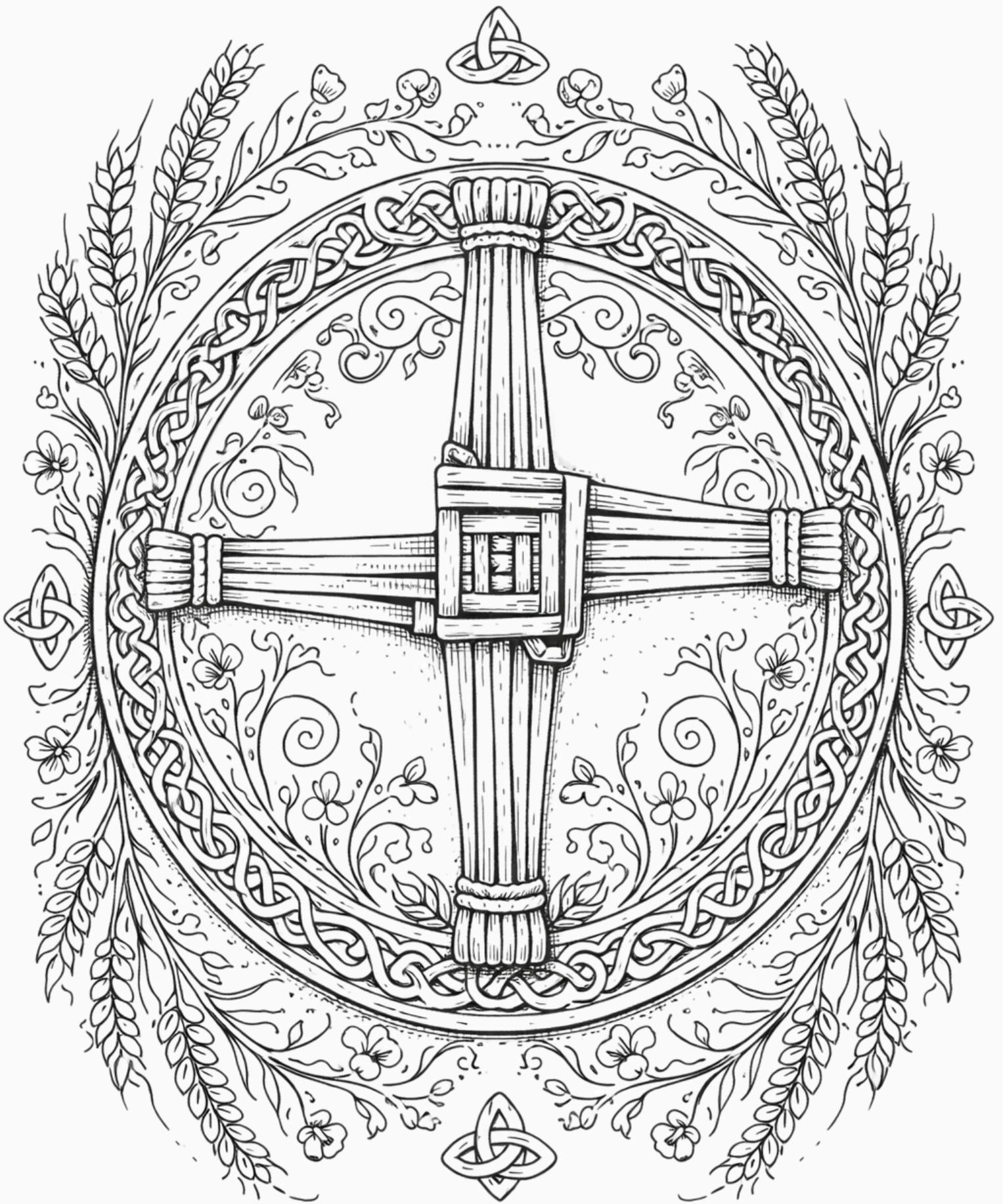
Within these pages you'll find gentle ways to connect with the season:

- ✧ Simple reflections for renewal and clarity
- ✧ A candle ritual to welcome warmth and light
- ✧ Pages for calm creativity and mindful coloring

Light a candle, notice the lengthening days, and allow this moment to be a quiet tending of what is beginning to grow.

May your Imbolc be gentle, hopeful, and full of steady light.







Imbolc Blessings

IMBOLC IS A TIME OF RENEWAL AND QUIET INTENTION.
AS THE LIGHT RETURNS, WE OFFER BLESSINGS FOR THE DAYS AHEAD.

This Imbolc...

I bless my hands with:

(the work, care, or creativity you wish to nurture)

I bless my heart with:

(love, courage, patience, or healing)

I bless my home with:

(warmth, protection, peace, or joy)

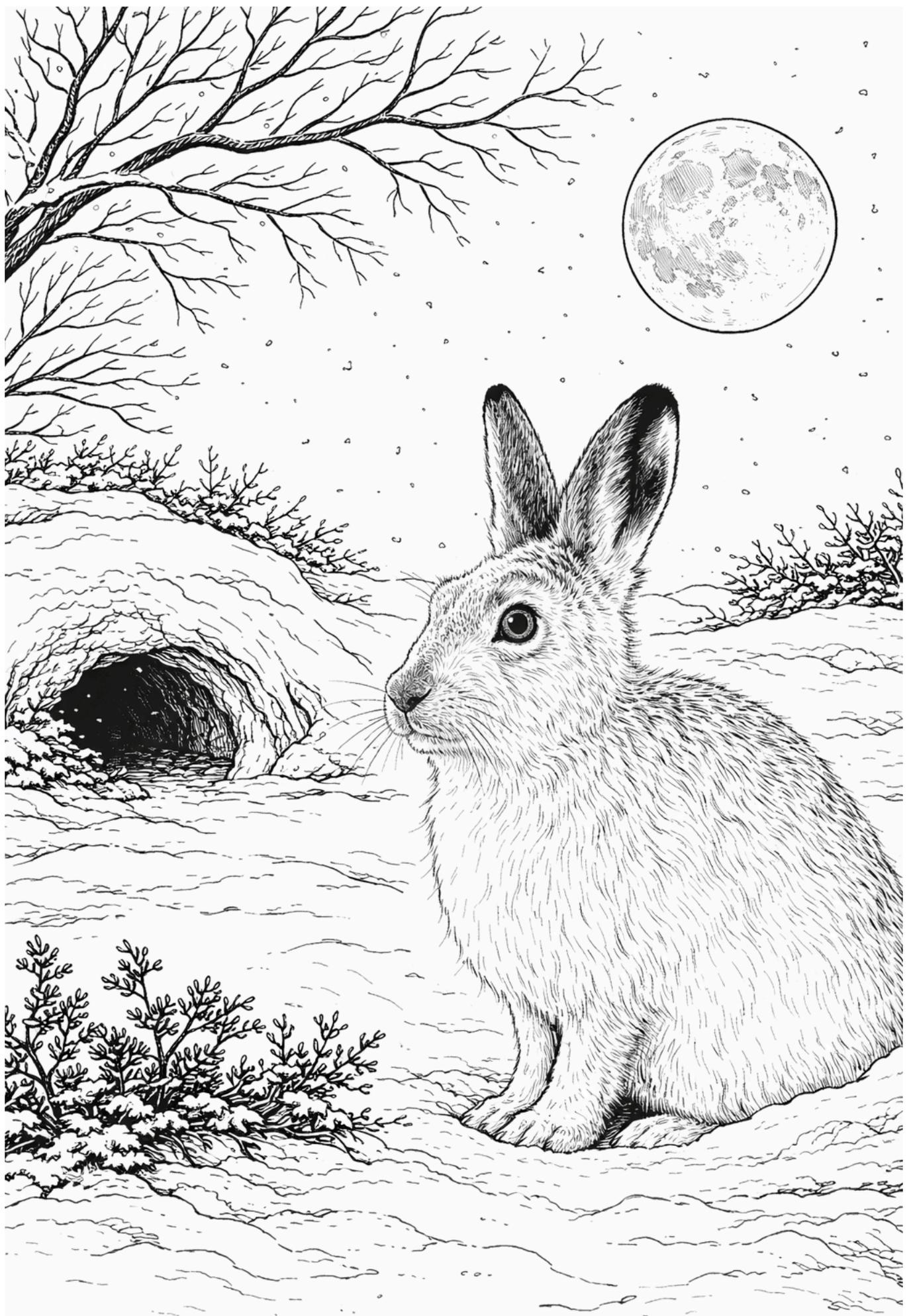
I bless my path with:

(clarity, guidance, growth, or new beginnings)

Optional practice:

Choose one small, nourishing habit to carry forward through the coming weeks.





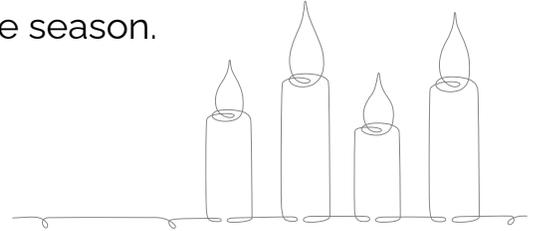


Imbolc Candle Ritual

This simple ritual offers a moment of warmth and gratitude at the turning of the season.

What You'll Need:

- One candle (white works well)
- A quiet moment
- Optional: a warm drink or cozy blanket



Step 1: Prepare Your Space

Find a calm, comfortable place. Take a few slow breaths and allow your body to settle.

Step 2: Light the Candle

As you light the flame, acknowledge the returning light — not all at once, but gently and steadily.

Step 3: Speak Warmth Forward

Softly say (aloud or in your mind):

"May warmth grow in the days ahead."

You may add your own words if they come naturally.

Step 4: Sit with the Flame

Spend a moment simply watching the candle. Notice the glow, the movement, and the quiet it brings.

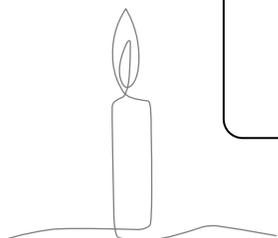
Step 5: Close with Gratitude

Offer a quiet thank you — for rest, for renewal, for what has supported you through the dark season.

Step 6: Extinguish the Candle

Gently extinguish the candle, carrying its warmth with you into the coming weeks.

Optional Reflection:
What small source of warmth (physical, emotional, or creative)
feels most nourishing right now?



About Lavender Realms

Seasonal soul care, sacred rituals, and soft magic await.



Lavender Realms is a cozy corner of the universe where witches, mystics, and magic-makers can reconnect with the rhythm of the Earth. Whether you're celebrating the Wheel of the Year, tending to your inner spark, or weaving everyday magic into your life, you'll find gentle guidance, printable rituals, and artful inspiration here.

We believe in honoring the turning of the seasons, slowing down, and creating beauty in the everyday.

Looking for more?

Explore our seasonal offerings of printables, mini rituals, journaling pages, and art for the modern witch.

www.lavenderrealms.store

- digital downloads, seasonal guides, and printable rituals
- exclusive freebies and gifts (new magic each season)

Instagram @lavenderrealms

- inspiration, behind the scenes, and sacred musings



Thank you for inviting this little bundle of magic into your life.
May your Imbolc be gentle, hopeful, and warmed by the promise of what's beginning.

