



30 Questions That Instantly Deepen Connection

A guide to meaningful conversations.

Introduction

Let's be honest.

Most couples don't have a connection problem...
They have a **conversation problem**.

You're talking—but not about anything that actually *matters*.
You're communicating, but not connecting.

These questions are designed to break that.

No small talk. No "how was your day."
Just real conversations that remind you why you even like each other.

The Questions

Here are 30 questions designed to deepen connection:

1. What's something you've been thinking about lately but haven't said out loud?
2. When do you feel most connected to me?
3. What's something small I do that you secretly love?
4. What's been stressing you out that I might not fully understand?
5. What would you want more of in our relationship right now?
6. When do you feel most confident?
7. What's something you wish we did more often together?
8. What's one memory of us you replay in your head?
9. What makes you feel appreciated?
10. What's something you've outgrown recently?
11. When do you feel most like yourself?
12. What's something you're afraid to lose?
13. What's one thing you've learned about love the hard way?
14. What's something you want to experience with me that we haven't yet?
15. What does "effort" look like to you in a relationship?
16. What's something I do that makes you feel secure?
17. When do you feel misunderstood?

18. What's one thing we could fix that would make everything better?
19. What does your ideal week with me look like?
20. What's something you've never told me, but want to?
21. What makes you feel desired?
22. What's something you're currently working on within yourself?
23. When do you feel closest to me emotionally?
24. What's something we've gone through that made us stronger?
25. What kind of partner do you want to be?
26. What's something you need more patience with right now?
27. What's one thing you wish I understood better about you?
28. What does a "really good night together" look like to you?
29. What are we doing right in our relationship?
30. What do you want us to feel like six months from now?

Your Dating UnExpert Advice

You don't need better lines.

You need better conversations.