

BY DAKSH SUTHAR

How AR/VR Will Replace Screens Forever

Designing Post-Reality

INTRODUCTION: What is "Post-Reality"?

Post-Reality means moving beyond the physical world of screens — into a new digital layer that lives on top of reality.

Instead of looking at a screen... You'll live inside one.

This is made possible by:

AR (Augmented Reality)

VR (Virtual Reality)

XR (Extended Reality)

Spatial Computing

We're entering a world where screens become environments. And that will change everything — design, communication, shopping, education, entertainment, even reality itself.

PART 1: Understanding the Basics

Tech	What It Does
AR	Adds digital stuff into the real world (like a digital clock floating in your room)
VR	Puts you inside a fully digital world (like gaming in a new universe)
XR	A mix of both AR and VR
🔜 Spatial UI	Designs that exist in 3D space instead of a flat screen

Example: Your wall becomes your calendar

Your kitchen table becomes your YouTube screen

Your living room becomes your workspace

PART 2: Why Will Screens Disappear?

-Right now, we stare at:

Phones

Laptops~

TVs

-These are limited. They:

Take up physical space

Can show only one thing at a time

Break your connection with the real world

-AR/VR will remove these limits.

You'll have infinite virtual screens floating wherever you want — no physical device needed.

PART 3: What Designers Need to Learn NOW

To build in Post-Reality, learn:

3D modeling (Blender, Cinema4D)

AR/VR dev (Unity, Unreal Engine)

Spatial UI/UX

Voice interaction

Al-assisted design (like Spline + GPT)

You won't just design screens — You'll design worlds.

PART 4: The Future of Post-Reality

Imagine:

No more phones, just a smart lens in your eye

A screen that follows you everywhere

Meetings that feel like teleportation

Reality being editable, just like Photoshop

We'll stop saying "online" or "offline" because the line will disappear. You'll always be inside a mixed world — part physical, part digital.

FINAL THOUGHT: Are You Ready?

Post-Reality isn't a fantasy anymore — It's a design revolution that's just beginning.

If you're a designer, brand builder, or entrepreneur:

Start designing for space, not screens

Learn tools of immersive design

Think like an architect of digital realities

Because the future won't be something you look at. It will be something you live inside.