

WFPB Lentil Love Tacos

From: Jeff Spurgess Prep Time: 30 min

Serves: 10+ Cook Time: 60 minutes

Instructions

1) Cook lentils per package

2) While lentils are cooking, add tomatoes, onion, garlic, & jalapenos to pan and let simmer while lentils are cooking.

3) Drain lentils and add back to pot with cooked veggies and stir in taco seasoning and black beans.

Ingredients

2 bags of brown lentils

1 large onion

8 cloves garlic

6 jalapenos

1 large can petite dices tomatoes

2 cans of black beans

4 pack of taco seasoning

Cilantro Lime Slaw:

- 8 cups shredded cabbage
- bunch chopped cilantro
- 1/2 cup lime juice
- 2 tablespoon maple syrup
- teaspoon salt
- teaspoon black pepper

Notes

Recommend with soft corn tortillas

