7-Day Puglia Instagrammable Itinerary

Day 1: Bari & Seafront Views

Explore **Bari Vecchia**, with its narrow alleys and colorful doors—perfect for street photography. Don't miss **Basilica di San Nicola** for architectural shots. Capture sunset along the **Lungomare**, where the sea meets the city lights.

Day 2: Polignano a Mare & Monopoli

In **Polignano a Mare**, snap photos of the cliffs and the famous sea caves. The historic center is great for charming street shots. Continue to **Monopoli** and photograph its vibrant harbor and pastel-colored buildings. End the day at **Cala Porta Vecchia**, a scenic beach.

Day 3: Alberobello & Locorotondo

The trulli houses of **Alberobello** are iconic for photography—try shots from the main streets and aerial viewpoints. In **Locorotondo**, capture the circular streets and white-washed facades against the rolling hills.

Day 4: Ostuni & Martina Franca

In **Ostuni**, the white-washed cityscape contrasts beautifully with the blue sky—perfect for wide-angle shots. **Martina Franca** offers baroque architecture and cozy alleyways for more aesthetic street photos.

Day 5: Lecce

Lecce's baroque churches, **Piazza del Duomo**, and intricate stone facades are ideal for detailed architectural photography. Snap golden-hour shots in the historic center for magical light.

Day 6: Otranto & Santa Cesarea Terme

In **Otranto**, photograph the castle and cathedral with its mosaics. Coastal shots here are stunning. **Santa Cesarea Terme** offers dramatic sea cliffs and turquoise waters—perfect for dreamy seascapes.

Day 7: Gallipoli & Punta Prosciutto

Capture the old town of **Gallipoli** with its pastel houses and seafront streets. End your trip at **Punta Prosciutto**, one of Puglia's most photographed beaches, with crystal-clear water and white sand—ideal for sunset beach shots.