



WHAT'S DRIVING YOU?



DISCOVER WHAT MAY BE SHAPING
YOUR THOUGHTS, REACTIONS,
AND DECISIONS.



ANSWER.
HONESTLY.



SEE WHAT
MAY BE DRIVING
YOU.



GAIN CLARITY.
NOT CONDEMNATION.



TAKE YOUR
NEXT STEP.

FEAR IS ROOTED. FAITH IS CHOSEN. TRUST IS LIVED.

A SHORT INTERACTIVE EXPERIENCE FOR REAL SELF-AWARENESS.

Before You Begin

Most men never stop to ask what is shaping their decisions.

We react.

We pursue.

We avoid.

We control.

We perform.

We push forward.

But beneath every action is something driving it.

This short experience is designed to help uncover what may be influencing your thoughts, decisions, relationships, and faith.

There are no right answers.

Answer honestly.

1. When something important is on the line, what feels most natural?

- A. Making sure nothing goes wrong.
 - B. Making sure everyone is happy.
 - C. Making sure I stay in control.
 - D. Avoiding unnecessary risk.
 - E. Proving I can handle it myself.
 - F. Trusting God and taking the next faithful step.
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2. Which statement sounds most like you?

- A. I often think through worst-case scenarios.
 - B. I care a lot about what others think of me.
 - C. I feel better when I'm the one making the decisions.
 - D. I prefer what is familiar and predictable.
 - E. My value is often connected to my performance.
 - F. I am learning to trust God even when outcomes are uncertain.
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3. When conflict appears, I usually:

- A. Worry about what could happen.
 - B. Try to keep everyone happy.
 - C. Take charge and manage the situation.
 - D. Avoid it if possible.
 - E. Work harder to prove myself.
 - F. Address it honestly and prayerfully.
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4. What frustrates you most?

- A. Uncertainty.
- B. Rejection.
- C. Losing control.
- D. Being pushed outside my comfort zone.
- E. Feeling like I've failed.

F. Not trusting God enough.

5. Which statement creates the strongest reaction?

- A. "What if this doesn't work?"
 - B. "What will people think?"
 - C. "I've got to handle this myself."
 - D. "Things are fine the way they are."
 - E. "I need to do better."
 - F. "God is asking me to trust Him."
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6. In your relationships, what challenge appears most often?

- A. Anxiety.
 - B. People-pleasing.
 - C. Control.
 - D. Withdrawal.
 - E. Pressure to perform.
 - F. Learning to surrender outcomes.
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7. What tends to occupy your thoughts most often?

- A. Possible problems.
- B. Other people's opinions.

- C. Managing situations.
 - D. Staying comfortable.
 - E. Achieving more.
 - F. Growing in faith.
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8. Which statement describes where you are today?

- A. Fear often influences my decisions.
 - B. Approval often influences my decisions.
 - C. Control often influences my decisions.
 - D. Comfort often influences my decisions.
 - E. Performance often influences my decisions.
 - F. Faith is increasingly influencing my decisions.
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Your Results

Count how many times you selected each letter.

The letter with the highest total points to what may currently be driving you.

Mostly A's

FEAR

Fear often disguises itself as wisdom, preparation, or responsibility. But underneath, it may be shaping your decisions more than you realize.

Mostly B's

APPROVAL

The desire to be accepted isn't wrong. But when approval becomes a need, it can quietly begin directing your life.

Mostly C's

CONTROL

Control promises safety. In reality, it often reveals a struggle to trust God with what cannot be managed.

Mostly D's

COMFORT

Comfort isn't always bad. But comfort can become a prison when it keeps you from growth, courage, and obedience.

Mostly E's

PERFORMANCE

Achievement can become a way of proving worth. The danger is believing your value comes from what you do rather than who you are.

Mostly F's

FAITH

Faith does not mean you have no fear. It means fear is no longer leading. Continue strengthening what God is building in you.

Reflection

What answer surprised you the most?

What pattern appeared more often than you expected?

What might God be inviting you to examine beneath the surface?

The goal is not to label yourself.

The goal is to become aware of what may be influencing you so that faith—not fear—can lead the way.