



Before You Begin

Drift rarely happens all at once.

Most men do not wake up one morning completely disconnected from God, distant from their families, isolated from brotherhood, or lacking purpose.

Drift happens slowly.

A little compromise here.

A little neglect there.

A few missed opportunities.

A few postponed conversations.

A few ignored convictions.

Over time, what once mattered most can begin to move further and further into the background.

This experience is designed to help you identify areas where drift may be occurring before it becomes a destination.

Answer honestly.

1. How would you describe your relationship with God right now?

- A. Strong and growing.
 - B. Consistent but stagnant.
 - C. Sporadic and inconsistent.
 - D. Mostly neglected.
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2. When was the last time you intentionally spent time in prayer or Scripture?

- A. Today.
 - B. Within the last week.
 - C. Within the last month.
 - D. I honestly don't know.
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3. Which statement best describes your current friendships?

- A. I have men who truly know me.

- B. I have friendships, but little accountability.
 - C. Most relationships stay on the surface.
 - D. I tend to isolate.
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4. How often do you avoid conversations you know you should have?

- A. Rarely.
 - B. Occasionally.
 - C. Frequently.
 - D. Almost always.
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5. What best describes your current priorities?

- A. My priorities align with my values.
 - B. Some things feel out of balance.
 - C. I spend most of my energy reacting.
 - D. I feel disconnected from what matters most.
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6. When was the last time you examined your own heart honestly?

- A. Very recently.
- B. Within the last few weeks.
- C. It's been a while.

D. I rarely do.

7. Which statement feels most accurate?

A. I'm intentionally growing.

B. I'm maintaining.

C. I'm drifting.

D. I'm stuck.

8. How often do you choose comfort over conviction?

A. Rarely.

B. Sometimes.

C. Frequently.

D. More often than I'd like to admit.

9. How would your spouse, family, or closest friends describe your current spiritual leadership?

A. Strong and present.

B. Inconsistent.

C. Passive.

D. Absent.

10. Which statement best describes your current direction?

- A. Moving forward intentionally.
 - B. Standing still.
 - C. Slowly drifting.
 - D. Unsure where I'm headed.
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YOUR RESULTS

Give yourself:

- A = 4 points
- B = 3 points
- C = 2 points
- D = 1 point

Add your total score.

35–40 Points

ANCHORED

You appear to be living with intention and alignment. This does not mean perfection. It means you are actively pursuing what matters most.

Suggested Next Step:

Continue strengthening your foundation and helping other men do the same.

27–34 Points

DRIFTING SLIGHTLY

Small compromises and distractions may be beginning to pull you off course.

The good news?

Drift is easiest to correct when it is recognized early.

Suggested Next Step:

Identify one area that needs immediate attention and take action this week.

19–26 Points

OFF COURSE

Several important areas of your life may no longer be aligned with your values, priorities, or convictions.

This is not failure.

This is awareness.

Suggested Next Step:

Choose one relationship, one habit, and one spiritual discipline to intentionally re-engage.

10–18 Points

DISCONNECTED

You may be experiencing significant drift in multiple areas of life.

Many men live here longer than they realize.

The purpose of this experience is not condemnation.

It's course correction.

Suggested Next Step:

Do not try to fix everything at once. Start with one honest conversation and one intentional step toward God.

Reflection

Where did you score lower than expected?

What area of your life feels most vulnerable to drift right now?

What is one step you can take this week to move back toward what matters most?

Drift is rarely dramatic.

Which is why it is often missed.

The strongest course corrections begin with honest awareness.