



Snacks on sourdough bread

2255	Bread and butter.....	16,50
2256	Bread with Brazilian cream cheese	19,50
2257	Bread with egg.....	22,00
2258	Turkey breast and white cheese	35,90
2259	Grilled or cold ham-and-cheese sandwich.....	32,90
2260	Ham-and-egg sandwich	39,90
2261	Bauru sandwich	34,90
2262	Hot American Cheese	29,90
2263	White cheese, tomato, and oregano	34,50



SAMPA
padaria

(((Do jeitinho paulistano)))

CARDÁPIO



Breakfast

- 251 Breakfast 49,90
French roll on the grill with butter, portion of scrambled eggs, orange juice, medium espresso, and slice of papaya
- 1095 Minas Cheese on the Plate - 2 slices 18,90



Hot Drinks

- 99 Brewed coffee7,50
- 100 Espresso.....9,90
- 101 Espresso with panna w/ whipped cream 16,00
- 102 Espresso w/ milk foam9,50
- 103 Espresso w/ scoop of ice cream 16,50
- 722 Double Express 18,00
- 105 Média with espresso *Traditional in Brazilian bakeries, espresso with milk* 13,90
- 104 Média with brewed coffee *traditional in Brazilian bakeries, espresso coffee with milk* 12,00
- 106 Small Latte *coffee, milk, and thin layer of foam*9,50
- 108 Large Latte *coffee, milk, and thin layer of foam* 11,00
- 109 Large Cappuccino 17,90
- 110 Mocha *coffee, milk, and chocolate* 15,50
- 111 Small hot chocolate *with hazelnut cream rim* 12,90
- 112 Large hot chocolate *with hazelnut cream rim* 16,90
- 113 English tea *black tea with a drop of milk* 10,90
- 107 Energy tea *ginger, lemon, turmeric, and cinnamon* 10,90
- 114 Teas.....8,90



Smoothies

- 93 Smoothie with milk w/ up to 3 fruits.....24,90
- 94 Smoothie with yogurt w/ up to 3 fruits.....25,90
- 1119 Vita juice smoothie with orange25,90
- 95 Acai juice31,90
- 296 Acai juice w/orange juice.....32,90
- 558 Acai juice with milk28,90
- 96 Chocolate Milkshake, Ovaltine, caramel, and cream..27,90
- 97 Milkshake29,90
with hazelnut cream, açaí with vanilla ice cream, paçoca [Brazilian peanut candy] with vanilla ice cream

Service-charge Payment is optional



Breads on the griddle

	Butter	Gratin	Crispy crust	Polenguinho	Nutella	Egg
Simple croissant	31 19,90	32 22,90	2608 22,90	2609 22,90	2610 23,90	2611 23,90
Traditional line (French roll, loaf bread, small dinner roll, wholemeal dinner roll, milk bread)	2637 8,50	2638 12,50	2639 13,90	2640 12,50	2641 14,50	2642 15,90
Simple Special Breads (ciabatta, semi-Italian, multigrain bread, baguette, Parmesan, sesame)	2643 12,50	2644 15,90	2645 17,90	2646 13,50	2647 14,50	2648 15,90
Brioche	2993 13,90	6001 18,80	2994 19,90	6002 19,90	2996 19,90	2995 22,50



Savory Snacks

1542 Bauruzinho	16,90
188 Meatball	16,90
3505 Stuffed croissant.....	19,90
186 Sausage roll	16,90
1020 Kibe	16,90
1100 Slice of Pizza	18,90

CANOE

2440 Meat	16,90
2439 Chicken	16,90
2562 Mixed	16,90
2441 Turkey breast	16,90
2442 Cheese	16,90

Brazilian fried chicken balls

1738 Jerked beef with Catupiry creamy cheese	18,90
2842 On the griddle	18,90
703 Chicken	15,90
183 Chicken with Catupiry creamy cheese.....	18,90

Small Savory Pies

190 Chicken	16,90
189 Heart of palm	16,90

Esfiha

1905 Pepperoni	14,90
1841 Meat	14,90
1450 Chicken	14,90
1906 Chicken with Catupiry creamy cheese.....	14,90
1908 Cheese	14,90

Rissoles

1097 Ham and cheese	16,90
184 Cheese	16,90

Slice of pie

312 Chicken	21,90
1456 Heart of palm	21,90



Cheese Puffs

286 Cheese puffs.....	11,90
2000 Stuffed cheese puffs.....	14,90
21 With butter	14,90
2602 With Brazilian cream cheese	19,00
22 Gratin	17,50
2604 With butter and crispy Brazilian cream cheese crust	15,90
2605 With polenguinho cheese	14,50

Service-charge Payment is optional

Tapioca

34	Tuna and Brazilian cream cheese	30,90
36	Butter	27,90
255	Scrambled eggs	31,90
37	Turkey breast and white cheese	35,90
38	Ham, American cheese, and tomato	31,90
39	White cheese, tomato, and oregano	31,90
40	Brazilian cream cheese	27,90
41	Hazelnut cream or dulce de leche	29,90
2631	Chicken with cheese	31,90
2651	Eggs with Catupiry creamy cheese	31,90
2652	Chicken with Catupiry creamy cheese	35,90
3318	Cheese	27,90
3824	Fortaleza with two eggs and a slice of griddled coalho cheese	32,90
557	Extra banana	2,00
556	Extra strawberry	3,00
3318	Extra mint and ginger	3,00

Eggs

2612	Fried	7,50
42	Scrambled	15,90
2614	Scrambled with bacon or cheese	21,90



Traditional Sandwiches
(Served on French roll)

44	Grilled cheese	28,90
47	Ham and cheese	27,80
256	White cheese	29,90
45	Cheese with banana ...	28,00
49	Bauru sandwich	29,90
48	Ham-and-egg sandwich	36,50
1102	Provolone	31,90
1086	Bread with egg	14,90
1087	Bread with egg and bacon	18,90
3493	Vinaigrette Cheese BBQ	41,90
3494	Cheese BBQ	39,90
3495	Vinaigrette Barbecue	38,90
3496	Simple barbecue	36,90
3497	Vinaigrette Cheese tenderloin	47,90
3498	Cheese tenderloin	52,90
3499	Simple tenderloin	47,90
3500	Vinaigrette Cheese roast beef	39,90

3501	Cheese roast beef	35,90
3502	Simple roast beef	32,90
3503	Vinaigrette Cheese pepperoni	35,90
3506	Cheese pepperoni	32,90
3569	Vinaigrette Pepperoni	32,90
3570	Simple pepperoni	29,90
3571	Vinaigrette Cheese chicken	38,90
3572	Cheese chicken	33,90
3573	Vinaigrette Chicken ...	32,90
3574	Simple chicken	27,90
3575	Turkey breast w/ white cheese	35,90
3576	Simple Sliced Turkey Breast	31,90
3577	Cheese salami	35,90
3578	Simple salami	30,90
3579	Cheese mortadella	30,90
3580	Simple mortadella	27,90

Specialty Sandwiches

56	Canadian	49,90
<i>canadian tenderloin, buffalo mozzarella, tomato, arugula, and pesto sauce, in naturally fermented ciabatta</i>		
57	Chicken	45,00
<i>chicken, estepe cheese, homemade mayonnaise, and iceberg lettuce, served in semi-Italian loaf</i>		
58	Hamburger	47,00
<i>Hamburger salami, provolone cheese, and mustard sauce, served in semi-Italian loaf</i>		
59	Italian	46,00
<i>Italian salami, Emmental cheese, and tomato, served in semi-Italian loaf</i>		
60	Tenderloin	57,90
<i>tenderloin, melted steppe cheese, and chimichurri sauce, served in semi-Italian loaf</i>		
61	Parma	65,00
<i>Parma, melted brie cheese, arugula, and pesto sauce, served on sourdough ciabatta</i>		
62	Roast Beef	54,00
<i>Homemade roast beef, Gruyere cheese, and mustard sauce, served in semi-Italian loaf</i>		

Natural Sandwiches

(Served in semi-Italian loaf)		
71	Tuna	37,90
<i>Tuna pâté and lettuce</i>		
72	Olive	37,90
<i>olive pâté, white cheese, tomato, and arugula</i>		
73	Turkey breast	39,90
<i>Sliced turkey breast, white cheese, tomato, and lettuce</i>		

Service-charge Payment is optional



 Super Sandwiches

(Breads: ciabatta / baguette / sesame)

1103	Alphaville	53,00
	<i>chicken fillet, American cheese, Brazilian cream cheese, tomato, and lettuce</i>	
1104	Vila Madalena	55,00
	<i>buffalo mozzarella, sun-dried tomatoes, cheddar cheese, and arugula</i>	
1105	Morumbi	64,00
	<i>tenderloin, white cheese, vinaigrette sauce, and arugula</i>	
1106	Jardins	58,00
	<i>Homemade roast beef, sun-dried tomatoes, cream cheese, arugula, and shoestring potatoes</i>	
1107	Mooca	57,90
	<i>Homemade roast beef, white cheese, fried egg, cheddar cheese, lettuce, and tomato</i>	
1108	Sampa	57,00
	<i>Homemade roast beef, cheese, vinaigrette on a hamburger bun</i>	

ADD IT TO YOUR SNACK

258 Homemade
mayonnaise 6,90

66 French fry 12,70

EXTRAS

63 American Cheese 8,00

295 Cheddar Cheese 10,00

64 Salad 7,50

290 Bacon 11,30

1109 Vinaigrette 7,50

1110 Minas Cheese 9,00

1111 Provolone 9,50



 Beiruts

715	Alexandre dumas.....	68,90
	<i>ham, cheese, mayonnaise, egg, lettuce, and tomato</i>	
714	Brasiliense	75,90
	<i>Sliced turkey breast, white cheese, egg, lettuce, tomato, and mayonnaise</i>	
713	Chácara santo antônio ...	95,00
	<i>tenderloin, ham, gruyere cheese, Catupiry creamy cheese, bacon, egg, lettuce, tomato, and mayonnaise</i>	
68	Sampa	83,90
	<i>roast beef, melted American cheese, lettuce, tomato, and homemade mayonnaise, served on pita bread</i>	
69	Berrini	85,90
	<i>tenderloin, melted American cheese, ham, lettuce, tomato, and homemade mayonnaise, served on pita bread</i>	
70	Borba gato	75,90
	<i>chicken, melted American cheese, lettuce, tomato, and homemade mayonnaise, served on pita bread</i>	

Service-charge Payment is optional

Burguers

75	Burger.....	42,90	300	Cheddar	48,00
	beef burger with homemade mayonnaise			beef burger and melted cheddar cheese	
292	X-burguer	48,90	2629	X-bacon	52,90
	beef burger, homemade mayonnaise, and American cheese			beef burger and cheese	
555	X-salad	48,90	2630	X-egg.....	51,90
	beef burger, homemade mayonnaise, American cheese, lettuce, and tomato			Beef burger, cheese, and egg	
78	Emmental	46,00			
	beef burger, melted Emmental cheese, and homemade mayonnaise				

Hot Dog

1113	Sampa	32,90
	1 sausage, Catupiry creamy cheese or cheddar, American cheese, shoestring potatoes or fries, homemade mayonnaise. and vinaigrette	
1114	Big sampa	33,90
	2 sausages, Catupiry creamy cheese or cheddar, American cheese, shoestring potatoes or fries, homemade mayonnaise, and vinaigrette	



Cover charge

115	Basket of assorted breads with butter	7,50
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Executive Dishes

Choose 3 side dishes and 1 grill

118	Grilled Chorizo Steak	68,90
121	Halibut	72,90
120	Chicken	52,90
2649	Omelet with one Egg.....	39,90
297	Tenderloin Omelet (3 eggs)	64,90
	tenderloin strips, American cheese, tomato, onion, fine herbs	
298	Pizza Omelet (3 eggs)	55,90
	ham, American cheese, tomato, lettuce, and oregano	
299	White Cheese Omelet (3 eggs).....	55,90
	with tomato, onion, and oregano	
1125	Vegetarian Omelet (3 eggs).....	55,90
	broccoli, cauliflower, carrots, and Minas cheese	
1126	Buffalo mozzarella omelet (3 eggs)	55,90
	buffalo mozzarella, sun-dried tomatoes, and arugula	
3411	Chef's style tenderloin.....	79,90
	with a crust of fine herbs, rice, puree, and vegetables	
1787	Baked chicken fillet.....	64,90
	breaded chicken fillet, sugo sauce, Catupiry creamy cheese , parmesan cheese baked in the oven	

Side dishes:

white rice | brown rice (collared peccary) | French fries | cabbage | toasted cassava flour | beans | vegetables | egg | mashed potatoes

262 Additional side dishes 8,00





House Specials

136	Chicken Stroganoff	58,90
	<i>served with White Rice and Shoestring Potatoes</i>	
137	Tenderloin Stroganoff	65,90
	<i>served with White Rice and Shoestring Potatoes</i>	
138	Shrimp Stroganoff	94,90
	<i>served with White Rice and Shoestring Potatoes</i>	
140	Leek Risotto	69,90
141	Gorgonzola Risotto	72,90
1864	Shrimp Risotto	83,90
1129	Risotto with strips of tenderloin	83,90
1130	Buffalo mozzarella and cherry tomato Risotto	69,90
3165	Chicken Risotto	69,90
	<i>vegetables and mild curry</i>	
3166	Beef Jerky Risotto	76,90
	<i>roasted pumpkin cubes and Catupiry creamy cheese</i>	
142	Omelet with Tenderloin strips	62,90
	<i>American cheese, tomato, onion, and fine herbs</i>	
143	Pizza Omelet	51,90
	<i>ham, American cheese, tomato, lettuce, and oregano</i>	
144	White Cheese Omelet	51,90
	<i>with tomato, onion, and oregano</i>	
124	Traditional grilled Sirloin Cap	89,90
	<i>Sliced Sirloin Cap with white rice, toasted cassava flour, vinaigrette, and slices of French bread (200g of meat)</i>	
126	Diced Tenderloin	76,90
	<i>white rice, beans, cabbage, egg, toasted cassava flour, and bacon chips</i>	

128	Grilled Tenderloin	83,90
	<i>Gorgonzola risotto and 200g of meat</i>	
2038	Tenderloin	79,90
	<i>rice, beans, vegetables, and 200g of meat</i>	
127	Tenderloin with fried egg on top	83,90
	<i>white rice, beans, chips, fried egg, and 200g of meat</i>	
1127	Light Tenderloin	83,90
	<i>Lettuce, tomato, strawberry, and mango</i>	
1128	Light Chorizo Steak	72,90
	<i>lettuce, tomato, strawberry, mango, and 220g of meat</i>	
2074	Breaded Tenderloin	74,90
130	Parmesan-crusted Tenderloin fillet	75,90
	<i>white rice, fries, and 200g of meat</i>	
2075	Breaded Chicken Fillet	52,90
250	Parmesan-crusted Chicken fillet	64,90
	<i>White rice and fries</i>	
133	Grilled Halibut	72,90
	<i>Lightly breaded and grilled, served with vegetables, brown rice, and mashed potatoes</i>	
135	Grilled salmon	94,90
	<i>leek risotto</i>	
1730	Bahian style Shrimp	97,90
	<i>puree and white rice</i>	
2074	Breaded tenderloin w/ fettucine	74,90
3692	Tenderloin in the oven	84,90
	<i>breaded tenderloin, sugo sauce w/ Catupiry creamy cheese, Parmesan cheese gratin in the oven, served with shoestring potatoes and white rice</i>	

Saladas

- 145 Caesar 46,90
Iceberg lettuce, chicken strips, croutons, and Caesar saucer
- 469 Roast beef 46,90
Homemade roast beef, with basil sauce, dry tomato, heart of palm, and mixed green leaves
- 146 Caprese 46,90
Mixed greens, tomato, buffalo mozzarella, basil leaves, and balsamic sauce
- 3167 Sampa salad 46,90
Mixed greens, fresh cheese, olives, tomato, and mustard sauce



Portions

- 1131 Chorizo steak w/ vinaigrette 82,00
- 1133 Chicken fillet 46,90
- 1135 Pepperoni with onions 47,00
- 1595 Tenderloin with onions, and vinaigrette 85,00
- 1597 Fries..... 36,90

Cafés especiais

- 3507 Swiss Alpine Coffee Hazelnut syrup, European chocolate, espresso and whipped cream..... 29,90
- 3608 Brigadeiro Cappuccino Hazelnut syrup, cappuccino, espresso, whipped cream, Nutella and chocolate sprinkles 29,90
- 3609 Paçoquinha Cappuccino, espresso, Nutella, peanut paçoca and whipped cream 29,90
- 3610 Bem casado Cappuccino, chocolate sauce, espresso, dulce de leche and chocolate shavings..... 28,90
- 3611 Sonho de valsa Espresso, condensed milk, steamed milk and Sonho de Valsa chocolate 30,90



Lanches

- 3613 Pub's burgerger 72,90
200g beef burger, egg, bacon, cheddar, caramelized onions, lettuce, tomato and house mayonnaise
- 3612 Croque monsieur 36,90
Ham, mozzarella and egg on brioche bun



Service-charge Payment is optional



Pastas

- 1737 Lasagna 51,90
147 Fettuccine with chicken strips 52,90
*Vegetables in Alfredo sauce, topped with
Parmesan cheese*
148 Fettuccine with tenderloin strips 60,90
in pomodoro sauce and topped with Parmesan cheese
149 Shrimp Fettuccine 77,90
in Alfredo sauce and topped with Parmesan cheese
150 Spaghetti 50,90
151 Macchiato with pomodoro sauce ... 56,90
stuffed with buffalo mozzarella
152 Gnocchi with pomodoro sauce.... 48,90
3694 Fettucine with Sampa sauce 67,90
sugo sauce, tomato in pieces with tenderloin bait



Grilled separately

- 264 Grilled Tenderloin 42,90
267 Grilled Sirloin Cap 43,90
274 Grilled Chorizo Steak 42,00
265 Chicken fillet 30,90
266 Halibut..... 41,90
268 Salmon 47,00



Soups 39,90

- 3203 Minestrone 3343 Caldo Verde Soup
3204 Arracacha 3566 Cappelletti in broth
3266 Chicken Soup Broth



Desserts



Fruit

- 1362 Fruit Salad 20,90
2314 Small Fruit Salad..... 18,00

Slice of fruit

- 692 Papaya 16,50

Fruit cream

- 697 Papaya Cream 19,90
698 Avocado Cream 19,90
699 Açai in the bowl 36,00

Extras

- 280 Granola or oatmeal . 7,50
281 Honey 3,50
1599 Milk Powder 3,50
1601 Condensed Milk 4,00
1600 Paçoca [Brazilian
peanut candy] 3,50
282 Yogurt 7,50

Service-charge Payment is optional



Juices

88	Fruit Juice 400ml (one fruit).....	18,90	3132	Dry the Belly 5 400ml.....	26,90
	(pineapple, acerola, orange, lemon, papaya, watermelon, passion fruit, strawberry)			(strawberry, lemon, green tea, and ginger)	
89	Fruit Juice (up to 3 fruits) 400ml.....	20,90	2618	Anti flu 1 400ml	23,00
				(orange, acerola, honey, ginger, mint, and lemon)	
91	Detox Juice 1 400ml		3109	Anti flu 2 400ml.....	26,90
	(watermelon, strawberry, mint, and ginger)	23,90		(pineapple, lemon, orange, and ginger)	
92	Detox Juice 2 400ml		3110	Anti flu 3 400ml	26,90
	(orange, carrot, beetroot, and ginger)	23,90		(orange, acerola, and ginger)	
2615	Detox Juice 3 400ml	23,00	3111	Anti flu 4 400ml	26,90
	(cabbage, orange, apple, parsley, mint, flaxseed, and arugula)			(orange, guava, lemon, and honey)	
2616	Detox Juice 4 400ml	23,00	2619	Anti Fatigue 1 400ml	21,00
	(cabbage, mint, apple, coconut water)			(orange, passion fruit, and honey)	
3118	Detox Juice 5 400ml	26,90	90	Green Juice 400ml.....	23,90
	(lemon, apple, pineapple, and cabbage)			(pineapple, mint, orange, cabbage, and ginger)	
3119	Detox Juice 6 400ml	26,90	2620	Green Juice 1/2 liter.....	25,90
	(watermelon, flaxseed, and ginger)			(pineapple, mint, orange, cabbage, and ginger)	
3120	Detox Juice 7 400ml	27,90	2621	Green Juice 1 liter	35,90
	(apple, lemon, flaxseed, ginger, cabbage, and coconut water)			(pineapple, mint, orange, cabbage, and ginger)	
3143	Special Homemade Juice 400ml	26,90	2622	Orange Juice 1/2 liter.....	19,90
	(orange, lemon, carrot, and acerola)		2623	Orange Juice 1 liter	33,90
3144	Special Homemade Juice 2 400ml	27,90	2624	Acai Juice 1/2 liter.....	34,90
	(pineapple, mint, cabbage, coconut water, ginger, and grapes)		2625	Acai Juice 1 liter	46,90
2617	Dry the Belly 1 400ml.....	24,00	2626	Juice with up to 3 fruits 1 liter	36,90
	(pineapple, mint, apple, and coconut water)		2627	Vita Juice 1/2 liter	25,90
3129	Dry the Belly 2 400ml.....	26,90	2628	Vita Juice 1 liter.....	37,00
	(lemon, pineapple, apple, and ginger)		2997	Anti-cholesterol 1 400ml (apple with cabbage)	26,90
3130	Dry the Belly 3 400ml.....	26,90	2998	Anti-cholesterol 2 400ml.....	26,90
	(pineapple, apple, mint, and green tea)			(passion fruit, orange, and carrot)	
3131	Dry the Belly 4 400ml.....	27,90			
	(strawberry, coconut water, flaxseed, and ginger)				

Service-charge Payment is optional

Sucos

- 2999 Anti-stress 1 400ml 26,90
(passion fruit, strawberry, ginger, and honey)
- 3108 Anti-stress 2 400ml 26,90
(strawberry, watermelon, and acerola)
- 3112 Antioxidant 1 400ml..... 32,90
(açai with strawberry)
- 3113 Antioxidant 2 400ml..... 27,90
(blueberry, strawberry, and coconut water)
- 3114 Antioxidant 3 400ml 26,60
(strawberry, beetroot, green tea, and mint)
- 3115 Moisturizer 1 400ml 27,90
(melon, pineapple, and coconut water)
- 3116 Soothing 1 400ml 26,90
(passion fruit with ginger)
- 3117 Soothing 2 400ml 26,90
(passion fruit, apple, and lemongrass)
- 3121 Good Mood 1 400ml 26,90
(banana, mango, and orange)
- 3122 Invigorating 1 400ml 32,90
(açai, strawberry, and orange)
- 3123 Energy 1 400ml 32,90
(açai with cupuaçu)
- 3124 Cardiovascular protector 1 400ml 33,50
(orange, blueberry, and strawberry)
- 3125 Cardiovascular protector 2 400ml..... 33,50
(strawberry, grape, and lemon)
- 3126 Post Hangover 400ml ... 33,50
(watermelon, lemon, and mint)
- 3127 Pro Suntan 1 400ml..... 33,50
(orange, papaya, and carrot)
- 3128 Pro Suntan 2 400ml
(orange, beetroot, and carrot) 26,50



Cold Drinks

- 351 Sparkling water 500ml 7,90
- 392 Still water 500ml 7,90
- 1167 Coke 350 ml *normal or zero sugar* 9,90
- 260 Iced coffee with ice cream..... 14,90
- 84 Iced chocolate *Priest's chocolate [Nestlé]* 15,90
- 85 Iced chocolate *Toddy or Nescau* 13,90
- 86 Ovaltine with milk 14,90
- 1115 Whipped yogurt with milk 16,50
- 1116 Whipped yogurt with milk
+ fruit or oatmeal 19,90
- Lion mate tea 7,50
300ml - lemon or traditional

Alcoholic drinks

- 1426 Heineken beer
long neck 330ml 15,90
- 9651 Spaten beer long
neck 330ml 13,90
- 3065 Stella Artois beer
long neck 330ml 13,90
- 9520 Corona Extra beer 330ml13,90
- 9058 Budweiser beer long
neck 330ml 13,90

Service-charge Payment is optional



SAMPA *padaria*

« Do jeitinho paulistano »»

📷 @sampapadaria

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Service-charge Payment is optional

DELIVERY: 11 5183-7493 | 11 93183-8000 📞

Rua Américo Brasiliense, 1800 - Chácara Santo Antônio - São Paulo

Aceitamos cartões



VISA



sodexo

Ticket



REDE
SHOP

All prices are in Reais (R\$)