

The Truth About “Amen”: Clearing Up a Common Misunderstanding

Shalom Family, let’s dive into this topic together and see what the Word of Yah reveals.

In recent years, a teaching has circulated claiming that believers should not say the word “Amen” because it is supposedly connected to an Egyptian deity. Because of this claim, some people have stopped using the word altogether in prayer and worship.

But whenever confusion arises, the best place to go is the Word of Yah itself. When we examine Scripture and the original Hebrew language, we see clearly what this word means and how it was used by the people of Elohim.

The Meaning of Amen in Hebrew

The word Amen comes from the Hebrew root aman, which means:

- firm
- faithful
- trustworthy
- confirmed
- true

When someone says Amen, they are essentially saying:

“It is true.”

“Let it be confirmed.”

“So be it.”

This word expresses agreement with something that has been spoken, especially in prayer, blessing, or proclamation.

Amen in the Hebrew Scriptures

The word Amen appears throughout the Hebrew Scriptures as part of Israel’s worship and covenant response.

For example:

Deuteronomy 27:15 (KJV)

“And all the people shall answer and say, Amen.”

In this passage, after each declaration of the covenant, the people of Israel responded Amen as a sign that they agreed and accepted the words being spoken.

Another example:

Nehemiah 8:6 (KJV)

“And Ezra blessed YHWH, the great Elohim. And all the people answered, Amen, Amen, with lifting up their hands.”

Here we see the people affirming the blessing of Yah with the word Amen, lifting their hands in reverence and agreement.

We also see it used in praise:

Psalms 106:48 (KJV)

“Blessed be YHWH Elohim of Israel from everlasting to everlasting: and let all the people say, Amen. Praise ye YH.”

These examples show that Amen was already part of the language of worship among the people of Yah long before the New Testament era.

Yahshua’s Unique Use of Amen

When we come to the teachings of Yahshua, we notice something very interesting.

Yahshua often began His statements with the word Amen.

John 3:3 (KJV)

“Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of Elohim.”

The phrase “verily, verily” in English is actually the Greek word amen repeated twice.

So Yahshua was literally saying:

“Amen, amen, I say unto you.”

This was significant because people normally said Amen after hearing something, but Yahshua said it before speaking. By doing this, He emphasized the certainty and authority of what He was about to declare.

It was a way of saying:

“What I am about to tell you is absolutely true.”

Where the Misunderstanding Comes From

The confusion usually comes from the similarity between the English spelling Amen and the name of an Egyptian deity sometimes spelled Amun or Amon.

However, similarity in spelling does not mean the words share the same origin.

The Hebrew word Amen already exists within the Hebrew language and is clearly explained by its own root aman, which means faithfulness and truth. The Scriptures themselves demonstrate its meaning and usage.

Because of this, there is no linguistic or scriptural evidence connecting the Hebrew word Amen with the Egyptian deity.

Let the Word Explain the Word

One of the most important principles when studying Scripture is allowing the Word of Yah to explain itself.

If a word appears repeatedly throughout the Torah, the Psalms, the Prophets, and even in the teachings of Yahshua, we can examine those passages to understand its meaning.

When we do this with Amen, we see that it is simply a declaration of agreement, truth, and confirmation before Yah.

Final Thoughts

The word Amen has been part of the worship language of the people of Elohim for generations. It expresses agreement with what has been spoken and acknowledges the truth of Yah's Word.

Rather than relying on modern claims or internet teachings, it is always wise to return to Scripture and examine what the Word actually reveals.

When believers say Amen, they are declaring:

“It is true.”

“Let it be established.”

“So be it.”

Until we meet again, may we continue to walk in the undeniable truth of Yah’s Word.

Shalom,

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