

The Fruit of the Spirit: Evidence of a Spirit Filled Life

Shalom Family, let's dive into this topic together and see what the Word of Yah reveals.

While spiritual gifts empower believers for service and ministry, the fruit of the Spirit demonstrates Yah's work in our character and daily life. The fruit of the Spirit is about who we are becoming, not just what we can do.

1. What the Fruit of the Spirit Is

Galatians 5:22–23 – “But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law.”

- Unlike spiritual gifts, which are given to serve others, the fruit is produced in every believer as they walk in the Spirit.
- It reflects Yah's nature and is evidence that the Holy Spirit is working in our lives.

2. The Nine Characteristics of the Fruit

Fruit	Meaning	Practical Example
Love (Agape)	Selfless, sacrificial love for others	Helping without expecting anything in return
Joy	Inner gladness independent of circumstances	Rejoicing even in trials
Peace	Calmness and trust in Yah	Remaining steady during conflict
Longsuffering (Patience)	Perseverance and endurance with others	Being patient with slow progress or difficult people
Gentleness	Humble, considerate, kind behavior	Responding with care rather than harshness
Goodness	Moral excellence and generosity	Doing what is right, giving generously

Fruit	Meaning	Practical Example
Faith (Fidelity/Trustworthiness)	Dependable trust in Yah and commitment to His ways	Standing firm in belief despite doubt or difficulty
Meekness (Humility)	Strength under control, not seeking self-promotion	Listening and serving without pride
Temperance (Self-Control)	Ability to control desires, impulses, and reactions	Resisting temptation or harmful habits

3. Key Principles About the Fruit

1. Not Earned, But Produced by the Spirit
 - Walking in the Spirit produces fruit naturally (Galatians 5:16–18).
2. Evidence of a Spirit-Filled Life
 - While gifts are abilities, the fruit reveals our character and obedience (John 15:4–5).
3. Growth Takes Time
 - Like fruit on a tree, it grows gradually as we remain connected to Yah and His Word.
4. Essential for Edification
 - Gifts without fruit can lead to pride or misuse; the fruit ensures our service honors Yah.

4. Fruit vs. Gifts

Aspect	Spiritual Gifts	Fruit of the Spirit
Purpose	Build up the church and minister	Develop godly character in daily life
Given	By the Spirit according to His will	Produced as we walk in the Spirit
Evidence	Ability or manifestation	Character and behavior
Scripture Reference	1 Corinthians 12:7–11	Galatians 5:22–23

The fruit of the Spirit is the evidence that the Spirit is actively shaping our hearts and lives. A believer may have spiritual gifts, but without fruit, their gifts can become empty or misused. Love, joy, peace, patience, gentleness, goodness, faith, meekness, and self-control are the marks of a life walking in Yah’s Spirit, and they should be the ultimate goal of every believer.

Key Scriptures:

Galatians 5:16–26 | Galatians 5:22–23 | John 15:4–5 | Romans 8:9

Until we meet again, may we continue to walk in the undeniable truth of Yah's Word.

Shalom,

*Simply
Latoria*

Building Vision. Teaching Truth. Restoring Community.

SimplyLatoria.com