

I Can Do All Things Through Messiah

Shalom Family, let's dive into this topic together and see what the Word of Yah reveals.

Many people quote Philippians 4:13: "I can do all things through Messiah which strengthens me." But what does this really mean? Paul was not saying we can fulfill every personal dream or selfish desire. He was reminding us that in Yahshua, we have strength to endure trials, resist sin, and carry out the will of Yah.

As followers of Yahshua, our focus should be on doing the things He did and the things He commanded us to do. In Him, we can walk in obedience, holiness, and love, even when the world around us pushes in the opposite direction.

What Did Yahshua Do?

To understand what "all things" means, we must look at Yahshua's life. He is our perfect example.

1. He Obeyed the Father's Will

- John 6:38 – "For I came down from heaven, not to do mine own will, but the will of Him that sent me."
- Yahshua's entire life was centered on obedience to Yah's commands.

2. He Kept the Commandments

- John 15:10 – "If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in His love."
- He showed us how to walk in Torah faithfully.

3. He Loved Others

- John 13:34 – "A new commandment I give unto you, That ye love one another; as I have loved you..."
- His love was selfless, sacrificial, and pure.

4. He Preached the Kingdom

- Matthew 4:17 – "Repent: for the kingdom of heaven is at hand."
- Yahshua called people to repentance and proclaimed Yah's coming kingdom.

5. He Served with Humility

- Mark 10:45 – "For even the Son of man came not to be ministered unto, but to minister, and to give His life a ransom for many."

What Did Yahshua Command Us to Do?

Through His teachings and example, Yahshua gave us clear instructions:

1. Love Yah and Love Others

- Matthew 22:37–39 – The two greatest commandments: love Yah with all your being and love your neighbor as yourself.

2. Keep His Commandments

- John 14:15 – “If ye love Me, keep My commandments.”

3. Preach the Gospel

- Matthew 28:19–20 – The Great Commission to teach all nations and make disciples.

4. Live Set-Apart (Holy)

- Matthew 5:14–16 – “Ye are the light of the world... let your light so shine before men.”

5. Endure in Faith

- Matthew 24:13 – “But he that shall endure unto the end, the same shall be saved.”

In Messiah, We Can Do These Things

When Paul said, “I can do all things through Messiah,” he was pointing to the strength Yahshua gives us to live faithfully:

- We can resist temptation (1 Corinthians 10:13).
- We can forgive others, even when it hurts (Matthew 6:14–15).
- We can serve humbly and not grow weary in doing good (Galatians 6:9).
- We can endure trials with joy, because our hope is in Him (James 1:2–3).
- We can walk in obedience to Yah’s Torah, not by our power, but by His Spirit (Ezekiel 36:27).

“I can do all things through Messiah” is not about chasing worldly success, it’s about having the strength to live as Yahshua lived. He obeyed the Father, loved others, preached truth, and endured even unto death.

As His followers, we are called to walk as He walked (1 John 2:6). And the good news is this: we don’t walk alone. In Yahshua, we have the strength to do everything He has asked of us.

Through Messiah, we can love, obey, endure, and shine as lights in a dark world.

Until we meet again, may we continue to walk in the undeniable truth of Yah’s Word.

Shalom,

*Simply
Latoria*

Building Vision. Teaching Truth. Restoring Community.

SimplyLatoria.com