

Hey SOMEBODY!



Discussion & Action Guide

*A practical resource to help individuals and groups
move from inspiration to action through everyday outreach.*

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Hey Somebody!

Discussion & Action Guide

Introduction

Thank you for reading *Hey Somebody!*

This guide is designed for individuals, small groups, ministry teams, Sunday school classes, mission teams, and anyone who desires to live out their faith in practical ways. Sometimes being the hands and feet of Jesus can be overwhelming, but there are practical, attainable ways to be the Somebody in your day-to-day world.

The purpose of these conversations isn't just to get people doing something, but the goal is to begin seeing people connections more in our everyday lives, recognizing opportunities to serve, and taking small but meaningful steps toward loving our neighbors as ourselves.

Our prayer is that you would sit with these questions, prayerfully ask the Lord where you can be used more, and find yourself with more and more opportunities to put the love of Jesus to action in your daily comings and goings.

Thank you for having a heart to see others, to love Jesus, and to spread the gospel through caring for others. We are all in this together, and the work of the ministry falls to us all as we accept them.

So go on, find ways to be the somebody who does something. Then bring a friend along and tell them to bring one too! You aren't the only one. You can trust, we're over here doing it too!

Session 1: You Are the Somebody

Key Thought

We see examples throughout the Bible where ordinary people did extraordinary things because God often worked through them when they were willing to take ordinary steps of obedience.

Read

Introduction and Chapter 1

John 13:34-35

Discuss

1. What comes to mind when you hear the word "outreach"?
2. Have you ever assumed someone else was better equipped to help than you were?
3. Why do you think people often feel overwhelmed by the needs around them?
4. What stood out to you most from this chapter?

Reflection

Where might God already be inviting you to serve that you have overlooked?

Walk it out:

Do one intentional act of kindness this week for someone outside your immediate circle.

Session 2: Learning to See People

Key Thought

Outreach often begins with noticing.

Read

Chapters 2 and Chapters 5

Romans 10:9-21, Specifically paying attention to 9-11 and 21.

Discuss

1. Why is it difficult to slow down and truly notice people?
2. Where in this scripture can you see the application in your daily life?
3. What "holy interruptions" have you experienced in your own life?
4. How did Jesus respond to interruptions throughout the Gospels?
5. What prevents us from engaging with strangers?

Reflect

Who do you encounter regularly that you may have stopped seeing?

Walk it out:

Learn the name of one person you normally pass by without engaging.

Session 3: Small Acts Matter

Key Thought

Small acts of compassion can have a lasting impact.

Read

Chapters 3 and 4

Luke 7:36-50

Discuss

1. Why do we often underestimate small acts of generosity?
2. What examples from your own life demonstrate the impact of a simple gesture?
3. How do small acts build trust and relationships?
4. Where do we see Jesus showing us the motivation of our hearts is what shows our actions?

Reflect

What resources do you already possess that could bless someone else?

Walk it out:

Prepare a small care package, meal, or practical gift to share this week.

Session 4: Community Requires Sacrifice

Key Thought

Meaningful relationships require intentional investment.

Read

Chapters 7 and 9

Acts 2:42-47

Discuss

1. Why is loneliness such a growing issue in our culture?
2. What sacrifices are required to build genuine community?
3. How has community impacted your own spiritual journey?
4. Are there ways as Christians we can work to be more like this example of community in the faith?

Reflect

Where is God inviting you to make room for deeper relationships?

Activation Steps:

Invite someone to coffee, lunch, or a conversation this week.

Session 5: Serving Together

Key Thought

Kingdom impact multiplies when we invite others to join us.

Read

Chapters 6 and 8

Ecclesiastes 4:9

Galatians 6:1-3

Discuss

1. Who first modeled service for you?
2. Why is it easier to serve when others come alongside us?
3. How can we create opportunities for others to participate?
4. How can we pray the scriptures to help us be one who cares for others?

Reflect

Who could you invite into your next act of service?

Walk it out:

Bring a friend, spouse, child, coworker, or neighbor into an outreach opportunity.

Session 6: Giving Time, Talent, and Treasure

Key Thought

Every believer has something meaningful to contribute.

Read

Chapter 10

Colossians 3:14-17

Discuss

1. What gifts, talents, or experiences has God entrusted to you?
2. How can those gifts serve others?
3. What makes generosity difficult at times?

Reflect

What is one resource you could surrender more freely to God's purposes?

Walk it out:

Give intentionally this week through your time, skills, finances, or encouragement.

Session 7: Prayer as the Foundation

Key Thought

Our service is meant to flow from a relationship with God.

Read

Chapter 11 and So....what now?

Discuss

1. What is the difference between serving from obligation and serving from overflow?
2. Have you ever experienced burnout while trying to help others?
3. How does prayer shape the way we see people?

Reflect

What does abiding with Christ look like in your current season?

Walk it out:

Ask God each morning this week:

"Lord, who would You like me to notice today?"

Final Challenge

As you finish this book, consider:

What is one ongoing way God may be inviting you to live more intentionally on mission?

Remember, changing the world rarely begins with grand gestures. More often, it begins with noticing one person, taking one step, and trusting God with the outcome.

You do not have to do everything.

You simply have to be willing to do something.

You may be the somebody God is calling today.